

# The Link - June 2018



Week of June 4, 2018



## NEWS & RESOURCES

- HCBS Conference registration for the National Home and Community Based Services (HCBS) Conference is now officially open! The conference will be held in Baltimore, MD from August 27-30, 2018. Register before July 1 to receive early bird price: [https://www.hcbsconference.org/register\\_now.cfm](https://www.hcbsconference.org/register_now.cfm)



## NUTRITION SERVICES

- The State of Senior Hunger in America in 2016. This new report published by the National Foundation to End Senior Hunger (NFESH) and Feeding America analyzes data on food insecurity among older adults ages 60 and over. This data, pulled from the most recent year available, 2016, illustrates that while the food-insecurity rate for this population has recently declined, it is still significantly higher than rates from the Great Recession a decade ago: <http://nasuad.org/hcbs/article/state-senior-hunger-america-2016>



## FAMILY CAREGIVER

- The National Aging and Disability Transportation Center, co-administered by n4a and Easterseals, has released Dementia, Caregiving and Transportation Toolkit: <http://www.nadtc.org/resources-publications/dementia-caregiving-and-transportation-toolkit/>
- Women are caregivers more often than men - although in the millennial cohort, men and women are equally as likely to be caregivers. From the Women's Brain Health Initiative, "Balancing Act -- When Work and Caregiving Collide": <https://womensbrainhealth.org/helpful-thinking/balancing-act-when-work-and->

[caregiving-collide](#)

- Finding respite options is just part of the challenge. Tired caregivers sometimes refuse to allow themselves a break: <https://www.kiplinger.com/article/retirement/T013-C000-S004-caregivers-need-to-take-a-break.html>
- There are 44 million caregivers providing unpaid care for loved ones in the United States, and a significant portion of them are millennials. This generation is stepping up: <https://www.nbcnews.com/leftfield/leftfield/millennials-stepping-how-will-we-take-care-our-parents-ncna872311>



## DISEASE PREVENTION/ HEALTH PROMOTION

- Telehealth is a potentially highly useful piece of the community-based care puzzle. This paper from AARP's Public Policy Institute discusses the potential implications of the expanded use of telehealth from the lens of older adults and family caregivers: <http://nasuad.org/hcbs/article/using-telehealth-improve-home-based-care-older-adults-and-family-caregivers>
- What are Iowa's top health issues? Compare Iowa's performance nationally. <https://idph.iowa.gov/healthy-iowans>
- The Iowa Department of Public Health and the Bureau of Chronic Disease Prevention and Management have introduced a new Diabetes Prevention and Management website: <https://idph.iowa.gov/Diabetes>



## ELDER ABUSE PREVENTION

- World Elder Abuse Day is June 15th! Connections Area Agency on Aging has a T-shirt fundraiser to increase awareness: <https://www.customink.com/fundraising/caaa-eapa-fundraiser>
- Advanced directives can prevent abuse, stop theft, and keep families from breaking apart over tough decisions. Face your fears and plan ahead: <https://www.iowalegalaid.org/resource/are-your-legal-affairs-in-order?ref=ZzsE4>
- If you think elder abuse isn't happening in Iowa, think again: <http://whotv.com/2018/01/18/police-woman-jailed-for-stealing-almost-350k-from-sister-with-alzheimers/>



## UPCOMING EVENTS

Iowa CareGivers Annual Conference "Cultivating Caregivers"

June 4 - 5, 2018

More

information: [http://iowacaregivers.org/education/2018\\_conference\\_reg.php#.Wv3muqTRVaR](http://iowacaregivers.org/education/2018_conference_reg.php#.Wv3muqTRVaR)

### **Alzheimer's Association AIM Advocacy Forum**

June 17-19, 2018

Washington DC

More Information: <https://registration.experientevent.com/ShowAFX181>

### **Healthy Aging Summit**

July 15-17, 2018

Washington DC

More Information: <https://www.eventscribe.com/2018/ACPM-HAC/index.asp?launcher=1>

### **n4a Annual Conference and Trade Show**

July 28 - August 1 ,2018

Chicago, Illinois

More information: <http://www.n4aconference.org/>

### **Webinars from the American Society on Aging:**

- Tuesday, June 5, 2018  
[Living Alone: Home Safety and Management in PD](#)
- Tuesday, June 6, 2018  
[Understanding the Aging Brain](#)
- Thursday, June 14, 2018  
[Coordinated Community Responses and Beyond: Collaborations to Address Crimes Against Older Adults](#)
- Tuesday, June 26, 2018  
[Finding the Balance: Enhancing Self-Efficacy in Persons Living with Dementia](#)

### **Webinar from the Administration for Community Living:**

- June 7, 2018  
[No Wrong Door Medicaid Administrative Claiming Workbook and Toolkit](#)
- June 7, 2018  
[Early Use of Community Long-Term Services and Supports, Lessons from Money Follows the Person](#)

### **Webinars from the National Center on Law and Elder Rights:**

- June 19, 2018  
The Skills-Based training series is designed for non-attorney advocates, new attorneys, attorneys who are new to working with older adults, and their supervisors.  
[Legal Skills: Legal Issue Spotting, Referrals and Intake](#)
- June 20, 2018  
[Assisting Older Homeowners After a Natural Disaster](#)

### **Webinar from the The National I&R Support Center**

- June 12, 2018  
[VA Caregiver Support](#)



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