



# Vector-Borne Disease

## Weekly Surveillance Report

Center for Acute Disease Epidemiology | Acute Disease Prevention and Emergency Response & EH | [West Nile Virus Website](#)

All data presented in this report are provisional and may change as additional reports are received

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### West Nile Virus (WNV)

WNV is endemic in Iowa and activity usually peaks in late summer and early fall. IDPH works in collaboration with Local Public Health (LPH) and other appropriate partners to investigate all reported cases.

In 2018, Iowa experienced an increase in WNV activity and 104 human cases were identified. This is the highest number since 2003. Thus far in 2019, no WNV activity has been detected.

### Malaria

Malaria is a serious and sometimes fatal disease caused by a parasite that commonly infects *Anopheles* mosquitoes. Malaria is spread to humans by the bite of the infected female mosquito. Only *Anopheles* mosquitoes can transmit malaria and they must have been infected through a previous blood meal taken from an infected person.

Six cases of malaria have been reported in Iowa. Cases are in travelers and immigrants returning from parts of the world where malaria transmission occurs. In 2018, 22 cases of malaria were reported to IDPH.

### Rocky Mountain spotted fever (RMSF)

American dog ticks are carriers of *Rickettsia rickettsii*, the bacteria that causes RMSF. The American dog tick is the most common species of tick in Iowa and can be found in every county in the state. The tick is most active late March through August.

One case of RMSF has been reported in Iowa. In 2018, 22 cases of RMSF were reported to IDPH.

### Ehrlichiosis/Anaplasmosis

There are at least three species of bacteria responsible for ehrlichiosis/anaplasmosis in the United States: *Ehrlichia chaffeensis*, *Ehrlichia ewingii*, and *Anaplasma phagocytophilum*. Ehrlichiae are transmitted by the bite of an infected lone star tick (*Amblyomma americanum*) which is found in Iowa. *A. phagocytophilum* is transmitted by the bite of an infected blacklegged tick (or deer tick, *Ixodes scapularis*) in Iowa. The clinical signs and symptoms of these infections are similar.

One case of ehrlichiosis/anaplasmosis has been reported in Iowa. In 2018, 27 cases of ehrlichiosis/anaplasmosis were reported to IDPH.

### Lyme

Lyme disease is caused by *Borrelia burgdorferi* and in Iowa is transmitted to humans by the bite of an infected tick, the blacklegged tick (or deer tick, *Ixodes scapularis*). Ticks are most likely to spread the Lyme disease bacterium during their pre-adult stage (nymph). They are most common between May and July and found in tall grasses and brush of wooded areas.

As of May 17<sup>th</sup>, 19 confirmed and probable cases of Lyme disease have been reported in Iowa [Figure 1]. In 2018, 284 cases of Lyme disease were reported to IDPH.

Figure 1. 2019 Lyme disease case count and incidence rate by county of residence.

