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No. 7

SOLITUDE? TRY A FOREST AREA

Denny Rehder

Have you missed visiting an Iowa forest area in your travels about the state? We have so little forest land in the state that many people have overlooked the recreational potential of these public lands.

It has been said that trees, like water, offer a background for varied recreational activities. In Iowa this is true. Our state forests offer a wide variety of attractions for leisure use. There is fishing in some, camping in many, picnicking in all but one, hiking in all, and hunting in all.

Probably the big attraction for most of us is the relatively light use of these areas—peace and quiet prevails. This is an excellent backdrop for a family outing, especially if you have grown tired of the crowds of our more popular state park areas. Facilities may be fewer, but the solitude of these forests more than makes up for the shortcomings.

Where Are the Forests?

There are four primary state forests of interest to those of us seeking a place to enjoy the outdoors. White Pine Hollow, a 650-acre tract located three miles northwest of Luxemburg between Dubuque and Strawberry Point, is not developed. It will probably never be developed, and there is the finest stand of white pine in the state. The area can be hunted and hiked, but there are no other facilities planned. Some of the old white pines are taller than a ten-story building, and a hike from this area to Paint Hollow Creek is a memorable experience.

The other three primary state forests are developed to some extent, and a continuing program of development intended to bring to the fore the potential recreation such forests can provide.

In the northeast Iowa, the 5,566-acre Yellow River Forest is well-known to many Iowans. The 3,000-acre Paint Creek Unit of the Forest provides trout fishing, hunting, primitive camping, hiking, picnicking, and trail riding. The scenery from the bluffs and overlooks is spectacular. Although campers must get their water from the State Sawmill in the unit, they continue to flock to the area. Yellow River has shown a need for large tracts of land, relatively undeveloped, with public facilities on the perimeter of the semi-wilderness.

Under development for use such as Yellow River now receives are the Oak State Forest near Farmington west of Fort Madison, and the Stephens State Forest in the Chariton-Lucas area.

Shimek is the area adjoining the federal forest lands whose purchase was recently authorized by the General Assembly of Iowa. Shimek provides hunting, hiking, picnicking, fishing and primitive camping (water is available at the custodian's residence). The total land in the area, counting the federal lands will approach 10,000 acres. For Iowa, this is a potentially large recreation area.

Stephens State Forest covers 4,778 acres in three major locations—east of Chariton, immediately southwest of Lucas, then a few miles further southwest of Lucas. Stephens offers hunting, hiking, picnicking and primitive camping. You must bring your own water; there is none available in the forest area.

When planning a visit to any of these fine areas, you should always check locally about the best way to get to the spot you want. Signs are up on most of them, but they are in the process of being better marked for the visitor.

Remember, too, as you walk among the trees that these areas have value above recreation. Their stabilizing influence on the marginal lands in which they grow helps to control water erosion and provides economic returns in the form of timber products from otherwise unproductive land.



Jack Kirstein Photo.

Forest areas offer family recreation.

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COMMISSION MINUTES

June 2, Des Moines
FISH AND GAME

A construction permit was authorized for the county engineer for road construction adjacent to Meadow Lake in Adair County.

Pumping water to maintain the level in Forney's Lake was authorized.

An option to purchase 4,300 feet of railroad property for \$200 adjacent to the Mississippi River at Sabula was authorized for development of a fish management station.

Approval was given to an option for the purchase of fishing access on the Skunk River in Keokuk County near Rubio at a cost of \$65 per acre for 79 acres.

Approval was given for the expenditure of \$3,500 for the start of construction of a house on the Mt. Ayr Game Area.

The Commission asked that the field staff meet with Dr. Morris of the State Hygienic Laboratory at Iowa City for instruction in reporting pollution which might cause fish kills.

LANDS AND WATERS

A request by Ziegman for an access road at Black Hawk Lake was approved.

A request for permission to dig a canal adjacent to a state park on Black Hawk Lake was tabled for further study.

Permission was given to Harold Bierl and Russell and Bernus Wunschel for removal of stumps and shrubs on the lake shore at Black Hawk Lake.

Approval was given for the placement of a diving raft by Jensen on West Okoboji Lake providing it is not over 150 feet from shore, that it be 8 feet wide, has reflectors for safety and other safety precautions are observed.

A request to construct steps on the shore line by Flinders at Lake Okoboji was approved.

A request to construct a concrete boat ramp by Fuhrman at Minnewashta Lake in Dickinson County was refused.

Approval was given for a pipeline crossing of the Mississippi River at Buffalo by the Natural Gas Pipeline Company.

Approval was given for the construction of a cooling water outfall structure by the Thermice Company of Muscatine on the Mississippi River.

Approval was given to the appointment of three Water Safety Officers for temporary duty.

Approval was given to an option for a land exchange with Lewis at the Lake Anita site in Cass County for the purpose of straightening a fence line.

Approval was given to an option for a land purchase from Zanders at the Lake Anita site in Cass County, consisting of two acres at a cost of \$125 per acre.

Approval was given for the sale of two parcels of land of less than one acre each in the Muscatine Slough area at a cost to be figured at \$300 per acre.

Approval was given for the low bid on the purchase of copper sulphate at a cost of \$11,278.

COUNTY CONSERVATION ACTIVITIES

Audubon County received approval for the acquisition of 60 acres of land at a total cost of \$2,500 for use as a timber preserve.

Cerro Gordo County received approval to acquire 20 additional acres of land at a total cost of \$4,700 at their Mallard Marsh Area.

Clayton County received approval for the purchase of 12 town lots in the Town of Clayton on the Mississippi River at a total cost of \$3,000 for the purpose of creating a river access area.

Jones County received approval for the acquisition of 197 acres of land at a total cost of \$31,000 for use as an artificial lake site, which will include a 20 to 30 acre artificial lake and about 40 acres of hardwood timber.

Polk County received approval for the acquisition of 32 acres of land at a total cost of \$16,000 for an addition to the Yeader Creek artificial lake site.

Winneshiek County received approval for the acquisition of five acres of land under a sponsoring agreement with the Iowa State Highway Commission for use as a highway safety rest area on Highway No. 9, near Ridgeway.

Des Moines County received approval for a development plan for Chautauqua Park for use primarily as a picnicking, trailer camping, and tent camping area.

Humboldt County received approval for a development plan for the Lotts Creek Park consisting of 40 acres which would provide for camping, picnicking and fishing access to Lotts Creek.

Winneshiek County received approval for a development plan for the Ridgeway Highway Safety Rest Area, a 5-acre tract which

End Seen To Wisconsin Bounty System

A plan that would end Wisconsin's wild animal bounty system and channel funds into county conservation projects was endorsed recently by the Wisconsin State Conservation Congress.

The 30th annual congress voted 34-20 in support of the proposal which had been hailed by Governor John W. Reynolds in a keynote address as a good example of creative resource management. Delegates from 18 counties abstained.

Under the plan, the funds allotted to the wild animal bounty system would be made available to local fish and game habitat projects, with county boards in control of the financing.

The congress acts as an advisory group to the six-man Wisconsin State Conservation Commission which sets fish and game laws.—From Associated Press.

Editor's Note: This item from Wisconsin is of particular interest in Iowa since the last General Assembly revamped the bounty law allowing counties to choose whether or not they will pay bounties. Since that time many counties have abolished bounties—a trend recently hailed by officials of the Conservation Commission. Evidence seems to support the contention that bounties serve little purpose in the control of predator populations—alternatives have been proposed calling for an increase in game habitat programs that would help maintain a healthy balance between the game and predator population.

will be used primarily for picnicking.

Des Moines County received approval for a management agreement with the Conservation Commission for the Skunk River access area consisting of 63 acres near the town of Augusta to be used primarily for fishing access.

Des Moines County also received approval for a management agreement with the Conservation Commission for the management of two Mississippi River Access Areas called the Tama Beach Area and the Edgewater Beach Area, to be used primarily for fishing access.

Franklin County received approval for a management agreement with the Conservation Commission for the Management of the West Fork Fishing Access located on the West Fork of the Cedar River.

Carroll County received approval for the construction of a wildlife exhibit at Swan Lake State Park.

A request by Franklin County for approval of a development at the Hampton Fairgrounds which would include a baseball diamond was tabled for further investigation.

GENERAL

The Commission met with Senator Elvers of Elkader and discussed encroachment which has occurred on state-owned land near Harpers Ferry.

Aikman Receives Conservation Award

Dr. John M. Aikman, Professor of Botany at Iowa State University, has received the 1964 Iowa Conservation Award of Merit from the Iowa Chapter of the Wildlife Society.

The award was presented by the Society for Dr. Aikman's influence in the training of conservationists from 1927 to 1964 at Iowa State University and for his leadership in the preservation of virgin prairie areas in Iowa.

A delegation of scuba divers met with the Commission and was granted authorization to hold an underwater rough fish spearfishing exhibition at West Okoboji June 13 and 14 in a restricted area which the Director will specify.

A delegation from the Gund Cheese Factory at Elkader met with the Commission and discussed damages caused by the pollution of the Big Springs Fish Hatchery in December.

Travel was approved to the Association of Midwest Fish and Game Commissioners Meeting in Milwaukee, Wisconsin; the Regional Council of State Governmental Agencies at Minneapolis; the Missouri Basin Inter-Agency Committee Meeting at Billings, Montana; the South Dakota Conservation Commission Meeting at Custer State Park.

The Director of Planning gave a report on the status of planning for future programs of the Conservation Commission.

A report was given by the Superintendent of Engineering concerning the boundary survey of the Green Bay Bottom Lake.

State Archaeologist, Dr. M. Kusick, was given permission to investigate the Turkey River Mounds with the provision that any artifacts found will be the property of the state and will be displayed by the State of Iowa.

Approval was given for the pair of the sidewalk on the street pier at Arnolds Park.

Authorization was given for connecting to the sewer line at Green Point State Park.

Approval was given for the renewal of an agreement with the Hygienic Laboratory at Iowa City at a cost of \$10,000 a year.

A report was given on the construction of the Ventura Marsh control structure by the Chief of Fish and Game.

The Commission accepted a letter from Attorney Dave Butler of Mason City asking for withdrawal of an application for a ski run at Pilot Knob State Park.

Nature's Sun Dial—The Nighthawk

Carol Buckmann

Most birds sit on the nest to keep the eggs warm but the Nighthawk does the opposite.

During the heat of the day, she incubates the eggs to keep them cool. The reason for this phenomenon is that the predominantly nocturnal bird's nest on gravel, heat-absorbent roof tops where the temperature often scorches to 142 degrees F.

The gray-colored nighthawks keep their eggs from literally cooking by several cooling methods including panting, facing away from the sun and fluffing their feathers while they keep the eggs cool by shading.

Because heat is dissipated by panting, nighthawks will orient their bodies away from the sun to cool. On clear days, a careful observer can almost tell time by watching the position of the bird on the nest as she rotates to face the sun's rays, much like a sundial.

The bird orientates to face the sun in the morning and during the day reducing the shadow to a minimum and the effectiveness of the bird's camouflaging plumage is maintained. This aids protection from aerial enemies and causes heat distribution reducing the area exposed to the sun.

Milton Weller, Associate Professor of Zoology, Iowa State University, found that nighthawks do not orient when the sun is hidden by clouds. When cloudy, the bird does not orient but, if the sun appears, the bird will face it rather than turning away.

Shortly after sunset, the female returns to the nest for a short feeding stay no more than twenty minutes. She has been said to fly to the moon also, thereby creating conspicuous shadows.

According to Dr. Weller, when the female was in the open sun facing away from it, panting and when the roof temperature was 105 degrees F.

Another way to cool their eggs is by fluffing the back and head feathers creating shaded air spaces. Depending on the amount of breeze, this started in the open when the roof temperature was between 103 and 112 degrees. Another cooling mechanism is to spread their tails forming a shade canopy.

Porcupines, squirrels, rabbits and mice gnaw at deer antlers, after they are discarded, to satisfy their craving for calcium and other minerals.

A buffalo is a good swimmer and is sufficiently buoyant so that its head and the upper 10 or 12 inches of hump stay above water,

survive. The dark gravel roof tops absorb the intensive heat sending the thermometer even higher.

These slim-winged birds fly erratically over roofs of cities in active pursuit of insects as soon as the sun goes down. They utter a loud, harsh "peet" at frequent intervals immediately preceded by two or three hurried strokes of the wings. They are sometimes quite active during the day but are predominantly nocturnal.

According to Jack Musgrove, Curator of the State Historical Building, the crops or gullets of these birds are often found to contain balls of insects as large as hen's eggs.

They are common summer residents arriving in May and leaving in September. The majority breed in June and July when they lay two speckled or mottled, dull white eggs marked with pale brown-gray which blend well with the surroundings.

Nighthawks are well built for fast flying and are one of nature's most acrobatic birds. In courtship, the male folds his wings and drops earthward like a dive-bomber, zooming up sharply at the end of the drop with a sudden, deep whirl. The peculiar whirl or "boom" occurs at the break of the dive and is caused by the wing feathers.

Before the coming of man, nighthawks probably nested on gravel bars as do killdeers. In certain parts of the United States, killdeers also nest on rooftops.

Nighthawks are often confused with their cousins, the whip-poor-wills, who nest almost entirely in woodlands differing from nighthawks who nest almost 100 per cent around civilization.

Both have large eyes and large mouths. At rest, the wings of nighthawks are as long as their notched tails while whip-poor-wills have shorter wings that fall short of their rounded tails. The broad, white patch across the wings is the nighthawk's mark.

The snapping turtle can feed only under water and, unlike most other turtles, cannot draw its head or tail into its shell.

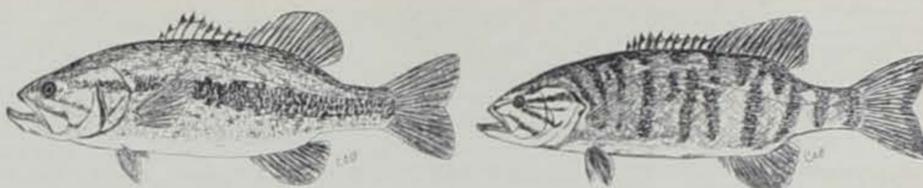
A firefly is not a fly but a beetle.

The porcupine's quill is actually a hollow hair, three inches in length or longer.

Porcupines, squirrels, rabbits and mice gnaw at deer antlers, after they are discarded, to satisfy their craving for calcium and other minerals.

A buffalo is a good swimmer and is sufficiently buoyant so that its head and the upper 10 or 12 inches of hump stay above water,

LARGEMOUTH — SMALLMOUTH



Carol Buckmann

The largemouth bass (*Micropterus salmoides*) and the smallmouth bass (*Micropterus dolomieu*) are commonly confused but their names hold the key to their difference. The largemouth simply has a larger mouth.

The upper jaw of the largemouth extends well beyond the rear of the eye socket when the mouth is closed. In smallmouth bass, the jaw is considerably smaller with the upper jaw extending about to the center of the eye never farther than the rear of the eye socket. This is true of the catchable, average adult smallmouth or largemouth but may not be evident in small specimens.

Although the second word of their names suggest both are members of the bass family, actually both are in the sunfish family (*Centrarchidae*) along with the warmouth bass, green sunfish, pumpkinseed, bluegill, orange-spotted sunfish, northern longear sunfish, northern rock bass, black and white crappies.

There are a number of differences between these two gamey fish other than the mouth. For one thing, the color of the largemouth is usually dark green on

the back becoming lighter on the sides mottled with darker blotches.

There are usually irregular patches less distinct in older fish along the side of the body resembling a dark band or streak. This characteristic gives the largemouth another common name "linesides." The dorsal fin of largemouth bass is practically divided with the front part dipping nearly to the backbone.

Smallmouth and largemouth bass are very similar in appearance but the smallmouth is golden-green on the sides and back with faint wavy olive blotches. This is especially pronounced in fish taken over light sandy bottoms subjected to sudden temperature or oxygen changes. This fades to gray or bluish-white on the stomach.

There are five olive-green bars extending from the eye backward in the smallmouth bass. One bar extends forward from the eye to the end of the snout.

The smallmouth is present in a few natural and artificial lakes, usually confined to the less turbid, flowing waters. They prefer the cool, clear waters of streams and deep lakes whereas largemouth bass are primarily fish of lakes and ponds where they vary in abundance from occasional to common.

A Cooler Should Stay Cool

Jack Kirstein

Perhaps the most important pieces of equipment in a camper's collection of camp gear during these hot summer months are his camp cooler and water jug.

Nothing can be more exasperating to the camper than to be forced to make a trip to the local ice house every day of his outing to replenish the ice supply. Actually this is not necessary with most of the present day coolers, but if



Jack Kirstein Photo.

The new insulated water jugs are an essential piece of equipment for most families.

you are the owner of one of the older models, say five or six years of age, then you might stop some of this harrassment by considering a change to one of the newer and better models available now.

The main reason that the newer coolers and jugs provide more efficient cooling and hold ice for a longer period of time is the inner construction materials used. Originally, coolers and jugs were made of metals and employed the principle of double-walled construction to provide a blank or "dead" air space for the insulation properties. After the discovery and common usage of fibre glass for insulation, many companies began to use this material for the inner insulating material in their jugs and coolers. This was a far more efficient way of retaining the coldness of the ice and did indeed stall-off those trips for ice. In the past few years, however, more changes have come about in the manufacture of these two important items.

New Insulating Materials

First, plastic foam, and later, compressed granular plastic were used with increasing success. Now, many coolers are made entirely of the compressed granular plastic which, when used in sufficient thickness, provides not only the

(Continued on page 54)

Anchor Throwers of the River Bottoms

Carol Buckmann

The humble little mussels remain firmly attached enduring even high gales when water is whipped into a raging turmoil and waves beat unmercifully against the shores.

The little anchor throwers, found in rivers, streams and lakes, fasten themselves so securely that when attached to a large rock, the whole thing can be lifted by grasping the mussel's shell. (Mussels and other clams belong to the Mollusk family also containing slugs, snails, oysters and others with soft, unsegmented bodies protected by a shell.)

Look closely at one, you'll find they are tied down and fastened firmly to rocks by numerous cords resembling a ravelled rope. These threads fasten like anchors deep in the sand, among pebbles or rocks.

Instead of being stout and muscular, designed for digging and moving about like other clams and bivalve shells, the mussel "foot" is soft, narrow and weak. The mussel spins threads with it for anchoring the shell.

In order to adhere to rocks, a liquid glue is produced from a narrow groove along the middle of its foot which hardens when exposed to air. When a mussel finds it necessary to throw out an anchor, it places the foot against an object and forces the sticky material along its groove. The glue immediately hardens and by slowly drawing in its foot, the mussel spins a cable called *byssus*.

Scores of these cables are formed until the shell is firmly anchored and, come what may, cannot be torn loose.

If a mussel decides to shift his anchorage, he slips his cables and moves on. He does this by reaching out his foot as far as possible in the direction he wishes to go and spins a new set of cables. Then, cutting his old anchor lines, draws in the new ones and hauls himself forward.

It may take a mussel a year to move an inch but to a mussel time is no problem.

These little anchor throwers can endure nature's worst, but man's impulses almost led it to extinction. Mussels thrived mightily until the 1890's when they nearly met disaster. That disaster sprung from the discovery that their pearly shells made excellent buttons.

The idea of real pearly buttons produced so cheaply anyone could use them came from a young German, J. F. Boepple, who saw amazing possibilities in mussels. This possibility led to the opening of a button factory in Muscatine in 1891.

The idea was so successful that soon the Mississippi River and its tributaries were dotted with "clambers" who furnished shells by the ton to button factories.

To place one button opposite each of the world's button holes took a prodigious number of mus-

sels. Within a few years, the feverish efforts of clambers began to show on the mussel population. The once seemingly unexhaustible supply was rapidly depleted—something had to be done to help nature produce more clams.

As a result, in 1908, the United States Bureau of Fisheries set up a laboratory on the Mississippi River at Fairport and set out to learn the secrets of the clam family.

Since larvae mussels attach to the gills of certain fish and here mature, clambers collected fish with gills swollen by mussel larvae ready to go out on their own and delivered them to the laboratory. Seining parties set out to collect thousands of fish left in shallow, land-locked backwaters resulting from the spring floods of the temperamental Mississippi River.

This served a dual purpose; millions of fish were saved and each became a potential distributor of young clams. Before releasing the fish, they were placed in tanks containing larval clam each begging for a ride.

It was soon discovered certain species of larvae would only hitch a ride with certain species of fish. The warty-backs preferred catfish, the yellow backs liked garpike, mucklets liked only game fish and niggerheads preferred river herring.

One out of every 1,000 larvae gets a ride on the fish of its choice. The larvae lie in the stream or river bed and wait to be touched by a fish. At the first touch, it attaches itself to the fish's gills or goes through the mouth to the gills where it attaches itself. The fish's flesh grows over it making a cyst which in turn goes through the process of becoming a clam. It takes two to five years to be ready for the reproductive cycle so propagation is a slow process.

Although man was the ultimate culprit, mussels have many natural enemies. Catfish and sheephead make clam larvae a regular diet. "Kitchen middens" or piles of empty mussel shells left by hungry muskrats are often seen along streams and rivers.

Man's ravages and feverish lust for wealth at the expense of the future almost led to the extinction of mussels. In turn, his thoughtful realization and careful planning has aided a comeback for nature's little anchor throwers of the river-bottoms.

A tiny bat will eat a quarter of its weight at one meal and more than half its weight every night.

The polar bear's sight is much better than any of the other bears and it has an extraordinary sense of smell.

Nearly 100 arctic foxes have been counted at one time feeding on the mountainous hulk of a grounded whale.



Jim Sherman

Big Camping Year Developing

Campers have been out in force over Iowa so far this year, according to reports from park officers. Typical of Iowa's camping facilities is the relatively new campground shown here at Viking Lake State Park near Stanton. At Viking, the camper can pitch his tent right on the shores of Viking Lake and be fishing after a few steps.

The camp area has the modern shower and toilet building, electric hook-ups, and a sewage dump for trailers. Other facilities at the park include picnicking, swimming, boating, hiking and fishing. There is also a boat-and-bait concession available to park visitors.

ASCS Supports Wildlife Programs on Diverted Acres

The ASCS, through its local offices, is encouraging landowners to consider the wildlife benefits to be gained from the 1964 Feed Grain Program.

This program, administered by the ASCS has the potential for providing substantial benefits to game birds and animals—particularly pheasants. One of the approved conservation uses for diverted cropland is clearly stated in the ASCS Handbook as: "for wildlife food plots or habitat."

The Conservation Commission recommends the following practices to gain the most benefit from the diverted acres program:

1) Cover on diverted acres need not be mowed or clipped if noxious weeds are not a problem. In addition to providing safe nesting cover, this could have time and expense for farmers.

2) If noxious weed control is necessary, spot spray or clip only that part of the field needing attention.

3) If much clipping is necessary, clip at least 6-8 inches high to insure safety of nesting hens and newly hatched chicks.

4) Delay clipping of entire field if such is necessary, until no time for oat harvest, or whenever possible, so few hen chicks will be killed.

Many larger animals become uneasy at the sight of a wire cage. Cottontails in cages sometimes have died of fright.

The water rat lives only on the Florida peninsula and the Florida panhandle and the Florida panhandle and the Florida panhandle.

Whalebone whales feed entirely on small animal life in the upper levels of the sea.

Usually cottontail rabbits do not care for the deep forest. They are typically inhabitants of border areas and woodland borders.

Although black-tailed jackrabbits seldom jump more than 10 feet high, they have been known to clear a five and one-half foot fence.

There are two main groups of porcupines—the Canada porcupine and the yellow-haired porcupine.

LITTLE SIOUX FISHERIES STUDY UNDERWAY

Photo Feature by Jim Sherman

Denny Rehder

Netting operations on the Little Sioux River near Washta recently netted up channel catfish and lots of them. Approximately 700 channel cat were taken in a demonstration operation held for the benefit of the press and other interested parties. The netting was part of a major study of the Little Sioux River now being conducted by the Iowa Conservation Commission Biologists.

According to Harry Harrison, superintendent of Biology for the Commission, the purpose for study of the Little Sioux is two-fold. First, there is a need for concrete information on the effect of stream straightening on a fish population. Past studies have shown that fishing suffers when a stream is straightened, but the extent of the damage and the reason for such damage needs intensive investigation.

Also, the construction of a low head dam in the Little Sioux about 10 miles from its mouth called for study of the impact such a barrier would have on fish movements.

"The Little Sioux River in its natural state is probably the finest fish stream in the world," says Harrison. "This river has a long history of wonderful catfishing."

The low head dam offers another field of study for the biologists. Do fish move over this barrier to the water above, or do they remain below the barrier?

"The dam is a barrier to fish movements and will have a detrimental effect on fish populations on the dam to Smithland, and the Maple River, from its confluence with the Little Sioux at Smithland to Mapleton," Harrison states.

These studies will run concurrently over a period of years to build a supply of information dealing with fish populations and movements in these waters.

The field work will involve collecting fish from a variety of study areas distributed along the river. These fish will be tagged and returned to the water. So far, about 3,000 fish have been marked. Over a period of years, these tagged fish will tell biologists a great deal about fish movement in the river. Such questions about where fish go, do they move up or down stream, where are the heavy populations, and what causes their movement can offer concrete information on the problems encountered by fish where the river has been straightened.

Both natural and straightened stretches of the Little Sioux are being studied, offering an opportunity to evaluate the differences between the two types of water.

The answers to these and other questions will help biologists make recommendations concerning the role of the Commission in the removal of stream straightening and fish barriers.



This is the Little Sioux in the area being studied. It is probably one of the finest catfish streams in the world.



Large hoop nets are used to take fish for tagging and study.



The fish are put into washtubs and taken to shore where . . .



. . . the biologist in charge of the study, Bill Welker, measures the fish, sexes them, and inserts a tag into the body cavity.



The fish are released to be taken at a later date and provide valuable information about their movements.

COOLERS—

(Continued from page 51)

insulation, but also the shape and form of the items themselves. This fine new insulating material has another benefit—it is extremely light in weight. For this reason, many cooler and jug manufacturers can honestly boast of products more than 50 per cent lighter than earlier models. It isn't necessary to spell out what this means to the already loaded camper!

It is not uncommon to find that with the new coolers and jugs ice can be held for two, three, or possibly more days; depending upon the local temperatures encountered each day. Planned use of the cooler also helps to prolong the use of ice. By this method of limiting the number of times the cooler is opened each day, and placing only items that have already been cooled into the cooler or jug, additional time is gained.

Another advance in the use of coolers is a practice originated by the campers themselves and now aided by several alert manufacturers. This is the use of frozen refrigerants in their own containers. At first, some ingenious camper found that he could eliminate the bother and mess of the melted water in his cooler by freezing water in a container such as a milk carton and sealing it with a plastic tape. He derived the same cooling effect as chunk or cracked ice, but did away with the troublesome chore of emptying the cooler each day. As a side benefit, the water in his frozen container also provided cold water for drinking after it melted.

When this practice became more common among campers, some manufacturers began to study it and found other materials that could be contained and frozen to provide longer periods of cooling than that afforded by water. Now these items are available through stores in both cans of refrigerant for you to freeze in your own refrigerator at home in sealed plastic bags for the same purpose.

If you've been having troubles with your jug or cooler, perhaps you should plan to go on a shopping spree and discover for yourself the changes that have been made. Maybe you will want to make the switch to a new cooler or jug.

Don't forget, if you keep the old cooler and jug they can be handy for an extra water jug to hold a supply for dish-washing and killing campfires, while that old ice-chest makes a perfect container to hold all those fish you plan to catch on your next camping trip.

America was invaded by the brown rat in 1775. It first came to this country aboard ships from other nations.

The whale probably is unable to smell and some scientists think it doesn't sleep since it will follow a ship for days at a time.

THE VANISHING WOODLAND

Bruce Plum

District Forester

If one were to ask, "What is the most destructive force attacking our Iowa woodlands?" he might expect an answer such as: "insects," "disease," "fire," or "man, through indiscriminate cutting." He probably would be somewhat surprised to hear the answer is "livestock."

Generally woodlands occupy the rougher land in Iowa. Timberland suitable for cultivation has mostly been cleared by now. Many owners of woodland feel this is a wasteland and they must make some immediate income from it to at least pay the taxes. Taking the short range view they turn livestock into their timber in the hopes some forage can be utilized. Grazing timber has been taken as a matter of fact, and down through the years our timber land has deteriorated from productive woodland to wasteland in many cases.

Poor Grazing Land

Our native timbers are incapable of providing adequate forage for livestock. In search of sparse forage, livestock destroy the water holding capacity of the forest soil, eat young seedlings and damage large trees.

Over countless years organic matter has built up on the forest floor in the form of decomposed leaves, twigs and branches. Beneath this a highly porous soil has developed which soaks up rain water as it filters through the organic layer. This huge sponge can be destroyed in a few short years through trampling by livestock. This results in greatly increased runoff after heavy rains. The water can no longer entirely soak into the soil to be used by trees and replenish underground water supplies. Instead it is turned into a destructive force. This force carries topsoil which has taken centuries to develop. This precious soil is deposited into our silt clogged streams. The water and soil nutrients which could be used by trees to make rapid growth are lost, resulting in less vigorous trees. Trees which lose their vigor are targets for the onslaught of tree disease and insect pests.

Livestock feed upon young tree seedlings, thereby destroying tomorrow's timber. As a timber is grazed over the years and the older trees pass out of the picture a beautiful forest will turn into an economic desert of brush, thorn bushes, snags and weeds.

Large trees are damaged by livestock. When the hoof of an animal knocks a piece of bark off a tree root an entry is made for infection. This infection is in the form of wood rotting fungi which destroys the tree from within.

Livestock compete intensely with wildlife. They destroy the watershed qualities, ruin the



Woodland such as this is obviously ungrazed. In future years, it will look much as does today through wise management.

aesthetic value and lay waste to the productive capacity of the forest. By destroying the productivity of the forest the timber products are destroyed along with the many jobs they would create.

There Is a Tax Break

As an incentive to prevent this form of destruction Iowa's Timber Reserve Law provides a tax reduction for those owners who exclude livestock from their woodland. Entirely too few take advantage of this method to improve their timber.

Next time you are driving through the country, take notice of the timber pastures with large trees dotted about. Under these large trees will be gooseberry, crab, prickly ash and buckbrush. You will be viewing the remains of a native forest. Livestock grazed off the tree seedlings over the years. Only seedlings undesirable to the livestock were left. The large trees have been disappearing through attrition. Ask yourself, "What will be left when the few large remaining trees die or are cut?" There are no young trees to take their place—only brush.

Did You Know?

The snail makes its own road way. A glandular secretion flows out in front of its body and allows it to go uphill or downhill with ease. Because of this mucus snail can crawl over the sharp edge of a razor without being cut.

Fishes do not see very well partly because of their eye structure and partly because, as they go deeper in water, the light grows dimmer.

To the casual observer, a snail seems to travel at a terrific speed but in reality seldom goes more than five miles an hour.

Because of its poorly developed nervous system, a fish probably experiences discomfort rather than actual pain when hooked.

Bats are the only truly flying mammals.

The turkey vulture attains a wingspread of up to six feet.

WEST SWAN MARSHES— WEST SWAN LAKE

Carol Buckmann

Along the Jack Creek Drainage, Gruver in Emmet County, is a series of shallow potholes and sloughs comprising some of the county's most productive land. West Swan Lake, one of the finest water marshes in Iowa, is a part of this drainage and an excellent example of these unique features.

Ingham and High lakes, Cunningham Slough, East Swan, West Swan and a number of privately owned areas comprise the Jack Creek Drainage System. West Swan lies to the east of a drained area known as East Swan, three miles south and one mile east of Gruver.

Before East Swan was drained in 1915, the area was considered a body of water known as Swan Lake. At the time of drainage, a dam was constructed at the county crossing the east end of West Swan, preserving it as a lake.

In the fall of 1953, West Swan was drained, the fish removed, then a control structure built at the site of the original dam. The area has since been managed as a marsh ever

Early History

Now an abandoned town named Gruver, one-half mile from the north shore, was once the Emmet County seat. As Estherville grew to the west, its population far exceeded that of Swan and citizens felt Estherville should duly become the county seat.

When the action grew; Estherville raided Gruver and, in the shuffle, the records including property rights disappeared from the court house. Without the records, Estherville, the largest town in Emmet County, declared the new county seat. That remains of the little town called Swan is an old cemetery on the north shore of West Swan Lake.

West Swan Lake has been a favorite hunting ground since the settlers came to the Ingham, High and West Swan Lake area. A man and his gun, the Indian and his bow and arrow used this area as a wildlife community as a source of subsistence.

Before the disappearance of the swamps, West Swan Lake was nationally known as one of the best hunting areas for these prized waterfowl.

Hunting is still the major recreational activity on this 1,050-acre lake. The majority of this acreage is water. The remaining consists of three miles of shoreline where upland game thrive. Waterfowl and aquatic furbearers are the main inhabitants but rabbits and squirrels provide good fall hunting.

At West Swan, blue-winged teal, mallards, redheads and ruddy



West Swan—a fine Iowa marsh.

Jack Kirstein Photo.

ducks nest in abundance along with some pintails and shovellers. Coots, grebes and other marsh-loving birds are always abundant during the nesting season, both in the marsh and along the island in the middle. Wood ducks nest in the timber surrounding most of the area.

West Swan is accessible by county roads on the south and east sides. The state has developed access roads on the north side, the south side and by the control structure in the northeast corner.

Marsh Management

This and other marshes are most productive between two extremes of dense and sparse vegetation when marshes provide the best waterfowl hunting and muskrat trapping. The Unit Game Manager who cares for the marsh speeds the natural "drain and fill" process by manipulating the water level to prevent vegetative extremes.

In wet years, under natural conditions, the water often becomes too high for sunlight and air to reach plant seeds and they do not germinate, resulting in sparse vegetation so important to waterfowl. Whereas in dry years, mudflats develop for cattail and other marsh plant growth resulting in an over-abundance of vegetation. They may last for years even after the water level returns to normal. Although ideal for vegetation, this condition is not conducive to encourage animal life.

The water level is usually lowered in the spring and summer to permit plant life to thrive, then in the fall, stop-logs are put in to raise the level, attracting migratory ducks for good hunting.

Not only does the control structure aid vegetative growth but also aids in muskrat control. Muskrats play an important role in marsh management but an over-abundance may result in an "eat out"

with muskrats using every particle of vegetation, stripping the marsh of its plant community.

This is one of the few Iowa marshes acquired by sovereign rights. The only land bought by the state was the 50 acres along the shoreline. West Swan has never been drained for agriculture and remains as a natural marsh improved only by a control structure.

At one time the entire region was a series of lakes and marshes such as West Swan Lake. Now, less than 30,000 acres of small, "pothole" marshes and shallow lakes remain of the million acres of marshland once covering Iowa.

Regeneration

For ages, mankind has been fascinated with the idea that lost parts of animals can be regrown. According to Greek legend, one of the twelve "labors" of Hercules was the destruction of the Hydra, a gigantic monster with nine serpents' heads. Finding that as soon as one head was cut off two new ones grew in its place, at last he burned out their roots with firebrands.

All animals have the power of regeneration to a greater or lesser degree. In man and higher animals it is quite limited. We see it most often in the healing of wounds and the mending of bones. A lost fingernail can be replaced but not a lost finger. Lower animals have a much greater ability to replace parts. For instance, the little half-inch flatworm, Planaria, that lives under rocks in clean creeks can be cut into as many as 32 pieces and each fragment is able to rebuild a miniature flatworm complete with head, tail, eyes, mouth and internal organs.

One of the most striking examples of regeneration is found

among the common crayfishes of our streams and lakes. An individual with unequal claws or pincers, or with one of the eight walking legs smaller than its mate, means that one has been lost and is being replaced.

The entire process of regeneration can be watched in the schoolroom or laboratory. Select a very small crayfish because young ones grow rapidly and molt their shells often. Remove a leg or a pincer. Keep in a gallon jar with a half-inch of clean water and feed small bits of raw meat. With each molt the lost part grows larger and soon reaches normal size.

The crayfish has an unusual "breaking joint" near the base of each claw and leg which is a safety device. When grabbed by a fish, snapping turtle, bird or other enemy, it merely twitches a special muscle, the joint breaks and the crayfish escapes. Some lizards (including the famous "glass snake" which is really a legless lizard) also have a breaking joint which allows the tail to drop off when it is seized. A new tail is regenerated but it lacks the backbone of the original tail.

A fish has a sort of autobiography recorded in its scales. Each scale lies in a pocket in the skin and grows as the fish grows. From the markings on the scale's surface fish biologists are able to read its age, seasons of good growth or of famine, and other items of its life history. However, it is often necessary to examine several scales in order to find one with a complete record. This is because scales are frequently lost and regenerated leaving a blank page in its history.

Theories explaining regeneration have been a battleground among zoologists and physiologists for more than a century.—Cook County Forest Preserve.

Dredge Bank Plantings

Jack Kirstein

The Conservation Commission Game Section has planted a half mile of honeysuckle and ninebark on a dredge bank in Hancock County on an experimental basis.

The plantings, consisting of three rows, are ten feet apart and follow the course of the dredge ditch on top of its east bank. The planting is on the Jay Johnson farm, two miles south and a mile west of Kanawha, and is planted as a part of the continuing Farm-Game Habitat program for the Conservation Commission.

Cooperating with the Hancock County Conservation Board, the planting was approved by the Coordinator of County Conservation Activities of the State Conservation Commission. Permission was received from the Hancock County Board of Supervisors to plant on the ditch. The plants were purchased from a private nursery by the County Conservation Board, and planted by the District No. 1 Crew of the Conservation Commission's Game Section. A total of five thousand two-year-old honeysuckle and ninebark were planted in April of this year.

The choice of this dredge bank as the initial planting was determined by locating a ditch where the banks were previously flattened and were wide enough to support the three rows planted ten feet apart.

The plantings will help control wind erosion on the farm while providing additional winter game cover and spring nesting cover for pheasants in an area that has a need for more suitable habitat.

This is one of two plantings tried this year. The other is on the Robert Brown farm east of Britt. It, too, is approximately a half mile in length, however the planting there consists of four rows of honeysuckle and dogwood instead of three.

These plantings are preliminary to next year's expanded use of dredge ditches for game cover and erosion control. In 1965 it is planned to plant ten miles of three-row cover for a total of thirty miles of plantings.

Besides providing pheasant cover, other small game and wild birds will benefit from the plantings; and the full-grown hedges will improve the appearance of and beautify the countryside.

Such plantings as these could be beneficial in all Iowa counties. Iowa has many miles of such dredge banks which makes them a logical choice for additional cover plantings. If your county is interested in help with such a project, you may contact any Conservation Officer, Game Unit Manager, or write or call the Conservation Commission offices in Des Moines. These plantings are made on a 10 year agreement.



Dredge banks such as these offer new opportunities for habitat plantings.

Waterdogs, Hellbenders, Sirens and Congo Eels

David H. Thompson

Occasionally a perch fisherman on Chicago's lake front lets out a startled gasp as he pulls in an ugly, squirming creature that looks like something out of a bad dream. It is a foot-long, chunky animal with a flat head, small eyes, a collar of red, bushy gills, four weak legs, and a broad tail. The skin—sickly gray with dark blotches—is disgustingly slimy.

The Waterdog or Mud Puppy is the most numerous of four species of large salamanders that live in the streams and lakes of the Middle West. Unlike our smaller salamanders which change into an adult form that lives on land, these four remain in a juvenile stage and spend their entire lives in water. As a rule they are active only at night and so secretive in their habits that they are seldom seen except when one swallows a baited hook. Contrary to popular superstitions they are entirely harmless to man. Skinned and fried they are said to have the flavor of frog legs.

In late spring pairs of waterdogs perform a courtship dance and the female sticks about 100 quarter-inch, yellow eggs on the underside of a rock or sunken log. The female guards the nest until the inch-long young hatch some two months later. They grow slowly, finally becoming sexually mature at 7 or 8 years. They have been known to live 23 years in captivity. The diet is mainly crayfish, aquatic insects, worms and fish.

In school and college laboratories generations of zoology students have dissected preserved waterdogs in their anatomy classes. They are particularly well suited

for the study of the circulatory system after the arteries have been injected with red and the veins with blue latex.

The Hellbender, so natives along the Ohio and Wabash rivers say, is "a creature from hell—bent on returning." Reaching two feet or more in length, it has a stout flattened body, a husky tail, four short thick legs and tiny eyes. It is as wrinkled as a dried prune with loose folds of skin along the sides. Although it may rise to the surface to gulp air into its lungs, it absorbs most of its oxygen through the skin. In September the female lays strings of eggs in a nest scooped in the gravel behind a rock in a fairly fast stream. Here they are guarded and fanned by the male until they hatch in November.

The Giant Salamander of the mountain streams in Japan and China is a near relative of our hellbender. The world's largest living amphibian, it reaches a length of five feet and a weight of 100 pounds. It is known to have survived 55 years in captivity. Now it is raised commercially in Japan as a table delicacy.

The Congo Eel that lives in pools and quiet waters of our southern states is a freak among the salamanders. With a cylindrical, serpentine, muscular body up to thirty inches in length it resembles an eel or a snake but is neither. The oddity about this animal is the ridiculous size of its legs. They are so tiny and weak that they are of no possible use either in walking or swimming. One has to look sharp to see them.

The Siren is another large, eel-like salamander. However, it has

Litter Bags Now Being Distributed

Many Iowa campers and boat will be receiving a plastic litter bag as they visit parks, forests and other recreation areas around the state.

The purpose of this new program is to provide campers and boaters with a large bag that will hold an accumulation of trash during their stay in a recreation area. At present the program is experimental with just 50,000 bags available for distribution. If public reaction to these bags is favorable, it is planned to use them in large quantities.

The bags will be distributed by Commission personnel only in state park and forest areas, by lake patrolmen when checking boaters. They will not be distributed by mail or other means.

The large size—12 x 18 inches—is combined with a drawing on the bag of Smokey the Bear reminding visitors to help keep our "parks clean, waters clear, and forests green." To avoid any possible damage through use of the litter bag around children, holes have been punched in the bags. Plastic was chosen because of its durability over the paper bags used by many

44 Pound Flathead Topped 1964 List

A lunker flathead catfish weighing 44 pounds has topped the 1964 Big Fish Records Listing maintained by the State Conservation Commission.

William Marsh of Farmington took the big flathead in the Moines River at Bonaparte July 12. It measured 44 inches in length. This fish is the largest of any species taken this year and ranks second in the all-time records for flathead catfish.

The moose is the largest antlered mammal that has ever lived on earth and might weigh as much as 1,800 pounds.

The female caribou is the largest female of all the American antlered mammals that wears antlers.

Both the carp and the goldfish belong to the minnow family.

The alligator snapping turtle is the world's largest fresh water turtle.

The alligator snapping turtle is useful front legs but no hind legs at all. Like the waterdog it has its external gills throughout its life. Its favorite habitat is a pond or slough in a river floodplain. As those of downstate Illinois know, early spring the female lays her eggs in hollows in the mud bottom. When the ponds dry up, they bury themselves in the muck or retreat into crayfish holes and wait for rain.—Cook County Forest Service.