

**Opioid Update for Wednesday, May 3, 2017**  
**Division of Behavioral Health**  
**Iowa Department of Public Health (IDPH)**

**Items for this week's Opioid Update include:**

- Managing Medication-Seeking Patients: Screening and Brief Interventions
- STR Grant Award Update
- Linda Kalin Presentation - Pills & Thrills that Kill: What's Trending
- In the News

**Managing Medication-Seeking Patients: Using Screenings and Brief Interventions**

The Division of Behavioral Health (IDPH) Screening, Brief Intervention and Referral to Treatment (SBIRT) project is sponsoring a training on managing medication-seeking patients. The training is free and CEU/CMEs are being provided.

**When:** Tuesday, June 13, 2017

**Where:** Hilton Garden Inn in Johnston, Iowa

**Presenter:** James Paul Seale, MD - Professor and Director of Research in the Department of Family Medicine at Mercer University School of Medicine, as well as Adjunct faculty in the School of Nursing at Johns Hopkins University in Baltimore, MD.

**Objectives:** At the conclusion of this activity participants should be able to -

- Describe negative consequences that may occur in patients who receive prescriptions for opioid medication
- Construct an initial assessment and baseline measurement of a patient requesting opioid therapy
- Describe a monitoring framework to protect the safety of patients receiving ongoing opioid therapy
- Identify concerning behaviors of patients on chronic opioid therapy

For more information, go to the [Training Resources](#) website.

**STR Grant Award Update**

Last week Iowa was awarded the Opioid State Targeted Response (STR) Grant. The project will expand capacity of the current provider network with a focus on accessible opioid treatment. Key steps to expand capacity will include a thorough assessment and strategic action plan involving local stakeholders. Funding will support planning and implementation of evidence-based practices, including medication assisted treatment (MAT).

The focus of this project is to assist providers across the state to build community capacity for a successful community response to the opioid crisis. Plans will include prevention-focused media, promotion of the Iowa Prescription Monitoring Program (PMP), expanded treatment options, and naloxone distribution. The Iowa Opioid STR project will leverage the service improvements gained through other opioid-focused efforts, making evidence-based practices more accessible to Iowans affected by opioid use disorder across the state.

For more information on the Iowa STR project, please contact Monica Wilke-Brown at [monica.wilke-brown@idph.iowa.gov](mailto:monica.wilke-brown@idph.iowa.gov).

## **Linda B. Kalin Presentation - Pills & Thrills that Kill: What's Trending**

If you attended the 40th Annual Governor's Conference on Substance Abuse, then you heard Linda Kalin from the Iowa Statewide Poison Control Center talk about a variety of misused substances. Some statistics she shared specific to opioids were:

- Sales of Rx opioids nearly quadrupled from 1999-2014
- Opioid overdoses have quadrupled since 1999
- In 2015, opioids represented 73% of all overdose deaths
- Heroin overdose deaths rose 23%
- Synthetic opioid overdose deaths rose 73%

To see the handouts from the entire presentation, go to the [Training Resources](#) website.

### **In the News**

- [State of Addiction: Full KCCI Report](#)