



HREXPRESS

February 2018

Risk & Benefits Management

Organizational Performance

Employment Services

Welcome to “HRExpress”

Welcome to the first issue of “HRExpress,” a newsletter for State of Iowa employees from the Department of Administrative Services - Human Resources Enterprise. This bi-monthly newsletter replaces “Benefit News,” and will include human resources news, training/educational opportunities, general topics of interest, and important information about your benefits.

“HRExpress” will be delivered to you by email every other month. It will include short introductions with links to each article. At the end of the email message, a link will take you to a full copy of the newsletter. This allows you to scroll through the entire newsletter issue at one time, print it out to read later, or share with your co-workers who may not have easy access to email or a State computer.

We hope you enjoy “HRExpress” and encourage you to provide story ideas for future issues using the contact information included at the end of the email message.

In this issue:

- **No more waiting in line at the pharmacy counter or drive-through!** Take advantage of the State of Iowa mail order prescription benefit. [Learn just how easy it is to start saving time and money today.](#)
- **Your “one stop shop” for information about your State of Iowa health coverage.** Make informed health care choices. Get cost and quality of care information in addition to patient reviews and suggestions from Wellmark regarding seeking care, based on your individual health situation. [Read more about Wellmark’s Care Finder to learn more.](#)
- **Get fast care from your favorite chair with Doctor on Demand.** Going to the doctor has never been easier - [you don’t even need to leave the comfort of home.](#) Get registered on [myWellmark](#) today to get started.
- **Advance your career knowledge and skills with one or more of these four certificate programs** offered through Performance & Development Solutions (PDS). [Read more about these career enhancing programs today.](#)
- **PDS Training Schedule: March - April 2018** Performance & Development Solutions (PDS) offers educational programs to help State of Iowa employees enhance their knowledge and skills. [View class listings and registration instructions to learn more.](#)

- **Benefit Education Offerings: February - April 2018** Take advantage of these [educational opportunities](#) to help make the most of your State of Iowa Benefits. Learn about the RIC deferred comp benefit, options for retirement, topics of interest from the Employee Assistance Program, and useful information at the IPERS “Ready, Set, Retire” program.

Please feel free to print a copy of this month's newsletter to share with co-workers.

"HRExpress" is a bi-monthly publication for State of Iowa employees.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov