



## Early Childhood Iowa Monday Musings May 15, 2017 Vol. 4, No. 15

Welcome to the ECI **Monday Musings**. It is a compilation of information, practical advice, training announcements, and/or success stories. **Monday Musings** is intended to disseminate information to Early Childhood Iowa Stakeholders in a timely fashion. (We may on occasion send out a separate email with information if it needs immediate attention or if for a specific audience.)

Please let us know if you have something you would like to contribute or have suggestions or comments at [jeffrey.anderson@iowa.gov](mailto:jeffrey.anderson@iowa.gov)

Back Issues of Monday Musing are available [here](#).

***“Raise your sail one foot and you get ten feet of wind.”***

**-Chinese Proverb**

### **State Information**

#### **ISU Extension and Outreach Offers FREE Wellness Program**

ISU Extension and Outreach is excited about offering [What About Me? My Wellbeing](#) as our outreach wellness program, a four-week educational workshop series available at **no cost** to agencies, businesses, and other interested groups. Each workshop is 45 minutes making it possible that the information could be shared during staff lunch breaks. During each session, important information about the topic is shared and participants engage in hands-on learning and discussion. Each session closes with participants developing personal plans for their own wellbeing. The introductory, research-based program covers taking time for oneself, relationships, finances and physical health. We recommend between 6 to 25 participants at each session. If you would like to assist your employees or group with starting a journey toward improved wellbeing, contact Malisa Rader at [mrader@iastate.edu](mailto:mrader@iastate.edu) or your local ISU Extension and Outreach human sciences specialist.

### **Federal Information:**

#### **Technology Privacy and Security Considerations**

The federal Office of Planning, Research and Evaluation (OPRE) at the U.S. Department of Health and Human Services recently released a [brief](#) that discusses privacy and security considerations related to the use of technology in early childhood settings. The brief is entitled *The Use of Technology to Support Early Childhood Practice: Protecting Child, Parent, and Practitioner Privacy*. It provides best practices to guide early childhood programs in strengthening the safeguards to protect child, parent, and practitioner information as programs increasingly incorporate technology to improve practice. It draws on guidance developed by ED's [Privacy Technical Assistance Center](#).

## **Message from U.S. Department of Education Acting Assistant Secretaries Monique M. Chism, Ph.D. and Ruth Ryder**

This month we are delighted to discuss the importance of not only increasing opportunities for early learning, but also of expanding quality in early learning programs and services. In this edition of the *Early Learning* newsletter, we have highlighted resources that focus on high-quality early learning.

We also are pleased to spotlight a recent interview with the secretary of Alabama's Department of Early Childhood Education, Jeana Ross, who has led her state in expanding its voluntary pre-K program to all of Alabama's counties, as well as increasing funding to home visiting and family support services. Ross expounds on strategies used in Alabama for maintaining high quality in early learning programs while expanding opportunities.

In addition to our focus on high-quality early learning, this month's newsletter touches on the importance of **building the birth-to-third-grade continuum** and supporting local efforts to do so. The Department's [early learning work](#) has long emphasized the need to align education across the pre-K and school-age "divide."

## **Other Information:**



### **Child Care Grant and Proposal Writing**

#### ***A First Children's Finance Child Care Business Management Workshop***

Child care center directors, owners, and board members! Join us for a hands-on day with First Children's Finance, learning new ways to reach out and touch your partners, stakeholders and funders through excellent grant applications and funding proposals.

This 6-hour workshop is designed for all levels, from beginners to those who would like to take a fresh look. Come with ideas of what your child care program needs and let First Children's Finance's experienced staff assist you in developing your ideas and proposal. Plan to leave this seminar equipped with ideas, tools and a great start to succeed in your next funding opportunity.

Child care center directors, owners, and board members! Join us for a hands-on day with First Children's Finance, learning new ways to reach out and touch your partners, stakeholders and funders through excellent grant applications and funding proposals.

This 6-hour workshop is designed for all levels, from beginners to those who would like to take a fresh look. Come with ideas of what your child care program needs and let First Children's Finance's experienced staff assist you in developing your ideas and proposal. Plan to leave this seminar equipped with ideas, tools and a great start to succeed in your next funding opportunity.

## About this Training

### Credit Hours

Provides 6 hours of Iowa DHS training credit and NAC renewal hours.

### Target Audience

Directors, owners or board members of child care centers or preschools.

### Training Level

Level 1 (Beginner), Level 2 (Skilled) and Level 3 (Mastery)

### Content Area

5- Strategies to manage an effective program operation.

### Registration

\$45 per person (lunch included). You will receive an email confirmation within one week of registering that will include payment information.

*Additional funding support is provided by Northwest Area Foundation and Iowa Department of Human Services.*

## Dates and Locations

Iowa City- **May 18, 9:00 a.m.-4:00 p.m.**

Sioux City- **June 16, 9:00 a.m.-4:00 p.m.**

Council Bluffs- **June 17, 9:00 a.m.-4:00 p.m.**

## MORE INFORMATION/REGISTER

### Or Contact:

Angie Rae Duncan, Senior Business Development Specialist

[Angie@FirstChildrensFinance.org](mailto:Angie@FirstChildrensFinance.org) or (515) 229-5064

## Join Regional Educational Laboratory for a webinar on equipping parents to support kindergarten readiness!

Wednesday, May 17, 2017

12:00 p.m.–1:00 p.m. Central Time

Register Online: <https://zoom.us/webinar/register/212f109066511786dc2040ba88984b7b>

How can child care providers help parents prepare their children for kindergarten? Join Regional Educational Laboratory (REL) Midwest and its Early Childhood Education Research Alliance for a webinar on May 17 to learn more.

To succeed in school, children need to develop several skills, including language, motor skills, social and emotional awareness, self-control, self-motivation, and critical thinking. Parents play a large role in developing these skills in the years before kindergarten. Child care providers can help parents by sharing strategies to encourage deeper thinking and turn everyday moments into learning opportunities.

The webinar will feature **Dr. Spring Dawson-McClure**, assistant professor in the Center of Early Childhood Health and Development at New York University School of Medicine, who will share research on parental involvement and the resulting outcomes for children entering kindergarten. **Dr. Kimberly Mann**, project director of the Illinois Birth-Three Initiative at the Illinois Department of

Children and Family Services, will discuss trauma-informed care, which encourages healthy social and emotional development in children who have been affected by traumatic circumstances. **Valerie Young**, a parent ambassador from the Illinois Head Start Association, will talk about parent engagement strategies.

### Topical Objectives

- Participants will better understand the various nonacademic components of kindergarten readiness.
- Participants will be more familiar with best practices for trauma-informed care, which promotes social and emotional development.
- Participants will learn strategies that parents and early childhood practitioners can use to increase kindergarten readiness.

This webinar relates to the journal article *Parental notions of school readiness: How have they changed and has preschool made a difference?* (Belfield & Garcia, 2014). To read this article, visit <https://eric.ed.gov/?id=EJ1028441>.

For questions or additional information, please contact Cora Goldston by telephone (312-690-7391) or e-mail ([cgoldston@air.org](mailto:cgoldston@air.org)).

**Register Online:** <https://zoom.us/webinar/register/212f109066511786dc2040ba88984b7b>



Center for the Study of  
Child Care Employment  
CSCCE University of California, Berkeley

### Advocacy, Policy, & Action: Using the Early Childhood Workforce Index in Your State

Join us on Wednesday May 24th at 11am PT/2pm ET for a webinar on **CSCCE's Early Childhood Workforce Index**. In addition to CSCCE staff hear from state policy experts how the Index can be used to assist efforts related to advancing the status of the early childhood workforce.

Click '[Here](#)' to register for the webinar on Wednesday May 24th at 11m PT/2pm ET.

The inaugural edition of the Early Childhood Workforce Index, released in July 2016, established a baseline description of early childhood employment conditions and policies on a state-by-state basis. Learn about new and existing resources CSCCE has developed to accompany the Index, including talking points, state profiles, infographics, and an interactive cross-state mapping tool.

### Presenters

**Lea J. E. Austin & Caitlin McLean**

Center for the Study of Child Care Employment, UC Berkeley

**Rozalyn Zuest**

Early Childhood Workforce Development Specialist, Minnesota Department of Human Services

**Harriet Dichter**

Consultant to the Center for the Study of Child Care Employment

## Trauma-Informed Care Conference

The TIC Conference registration is now open. The conference is on **June 6 & 7, 2017** at the Airport Holiday Inn (Des Moines). The link to register is <http://tinyurl.com/TIC2017hm>

The conference *Trauma-Informed Care: The Impact of Trauma on Brain Development and What To Do About It* is scheduled for two days with Day 2 building on the content of Day 1.

Over the course of this two day training experts Dr. Bruce D. Perry from The Child Trauma Academy and Dr. J. Stuart Ablon from Think:Kids at Massachusetts General Hospital will come together to make complicated neurodevelopmental concepts accessible and provide a practical evidence-based process for trauma-informed intervention that all adults can follow in any setting.

Dr. Perry and Dr. Ablon will integrate The Neurosequential Model of Therapeutics (NMT) and Collaborative Problem Solving (CPS). You will learn an overview of both of these approaches and practical examples of strategies for their integrated implementation. It will build on two years of collaboration between Dr. Perry and Dr. Ablon to combine the models in practical clinical application. The conference is intended both for those new to NMT and/or CPS or those skilled in their application.

Also, the documentary “*Resilience*” will be shown on Wed, June 7<sup>th</sup> from 7:30-8:30am and is open to the public. You do not have to register for the conference to view the documentary.

## Five Numbers to Remember About Early Childhood Development

1. More than 1 Million New Neural Connections Per Second
2. 18 Months: Age At Which Disparities in Vocabulary Begin to Appear
3. 90 – 100% Chance of Developmental Delays When Children Experience 6 – 7 Risk Factors
4. 3:1 Odds of Adult Heart Disease After 7 – 8 Adverse Childhood Experiences
5. \$4 - \$9 in Returns For Every Dollar Invested in Early Childhood Programs

To Learn More: [Five Numbers to Remember](#)

## Developing Culturally Responsive Approaches to Serving Diverse Populations: A Resource Guide for Community-Based Organizations

As the U.S. grows more diverse, community based organizations (CBOs) are serving an increasingly diverse group of children and families. In this changing environment, developing cultural competence— behaviors, attitudes, and policies that enable organizations to work effectively in cross-cultural situations—is critical.

A [new resource guide](#) from the [National Research Center on Hispanic Children & Families](#) helps community-based organizations find relevant resources for choosing, adapting, or developing interventions; ensuring workforce diversity; budgeting for culturally competent programs, and more.

**For more information about Early Childhood Iowa, visit our website:**

<http://www.earlychildhoodiowa.org/>

**To join the ECI Stakeholders, please complete the commitment survey at:**

<https://www.surveymonkey.com/s/FSXR5F2>

**2017 ECI Meeting Calendar:**

**ECI State Board**

10:00 – 1:00

June 2

September 8

November 3

**ECI Stakeholders Alliance**

3 – 4 Hour meetings

September 12 (AM)

December 12 (PM)

**ECI Area Directors**

(June will be regional meetings)

September 12 (afternoon)

December 6 All day

**ECI Steering Committee**

Time Varies

June 1 (9:00 AM – Noon)

August 3 (9:00 AM – 4:00 PM)

October 5 (9:00 AM – Noon)

November 2 (9:00 AM – Noon)