

Quick Reads



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Medical cannabidiol expansion

Work continues at IDPH on the implementation of the expanded Cannabidiol Act. The 2017 law allows use of medical cannabidiol delivered in a form recommended by the Medical Cannabidiol Advisory Board, approved by the Iowa Board of Medicine and adopted by rule.

IDPH is required to select and license up to two medical cannabidiol manufacturers to manufacture, possess, cultivate, harvest, transport, package, process or supply medical cannabidiol in Iowa. These manufacturers must agree to begin supplying medical cannabidiol to up to five licensed dispensaries in Iowa no later than December 1, 2018

Reviewed earlier this month by the State Board of Health, the proposed [Administrative Rules](#) to govern the manufacture and dispensing of medical cannabidiol are open for comments. A public hearing on the Rules is scheduled for December 8, 2017.



The Iowa State Board of Health pictured at its September 2017 meeting.

Local public health success story

According to information gathered during the [CHNA-HIP](#) process, community focus groups and surveys, 61 percent of Wright County women age 40 and over have never had a mammogram – even though residents rank cancer as one of their top three health concerns.

Working with [Iowa Specialty Hospital](#) to develop a process to identify targeted Latino and underinsured populations for funding mammograms, [Wright County Public Health](#) focused on increasing breast cancer screenings. Partnerships are essential to accomplishing this goal – collaborative relationships include those with the hospital, [Proteus](#), the community and private businesses.

A local business' fundraiser raised over \$10,000 for cancer education and treatment.

The county continues to address health disparities and access to breast cancer screening. Future steps include expansion of the existing program and the development of a community focus group to guide ongoing efforts.



IDPH spotlight: Professional Licensure



Mike Marshall

Mike Marshall is enjoying his second tenure with IDPH. After initially working in the department from 1994 to 1998, Mike returned in January of this year to serve as bureau

chief for Professional Licensure. The years between his times at IDPH were spent as the Secretary of the Iowa Senate.

With 15 staff, the bureau strengthens Iowa's health infrastructure by ensuring health care licensees are knowledgeable, competent and ethical. This is accomplished by upholding licensure standards and facilitating licensee discipline, when warranted.

Mike is looking forward to a new quality improvement project later this month that will review the process used to license independent social workers. Similar past projects streamlined staff processes and identified ways to better use a tight budget.

As seen in the picture above, Mike is an ardent Boston Red Sox fan and says he enjoys golfing at a "distressingly inconsistent skill level."

Opioid awareness

IDPH is proud to support Governor Reynolds in a week dedicated to opioid awareness, October 23 through 27. The week's itinerary includes a special roundtable discussion, "Identify, Prevent, Recovery: Combatting Opioids in Iowa," October 26. The [Governor's office](#) will announce details.



Thousands of Iowans, including dozens of IDPH staff participated in the annual [Healthiest State Walk](#) October 4.

Congrats and kudos

Congratulations to Doris Montgomery of the IDPH [Bureau of Nutrition and Physical Activity](#). The Iowa Academy of Nutrition and Dietetics honored her with their [Gem](#) Award to recognize her significant contributions to dietetics and her innovative efforts to develop and implement [Fresh Conversations](#).

Congrats to Peoples Community Health Clinic in Waterloo, which received the American Cancer Society's first-ever national [community health center award](#) for colorectal cancer screening! IDPH works closely with the clinic as part of the [Iowa Get Screened](#) program.

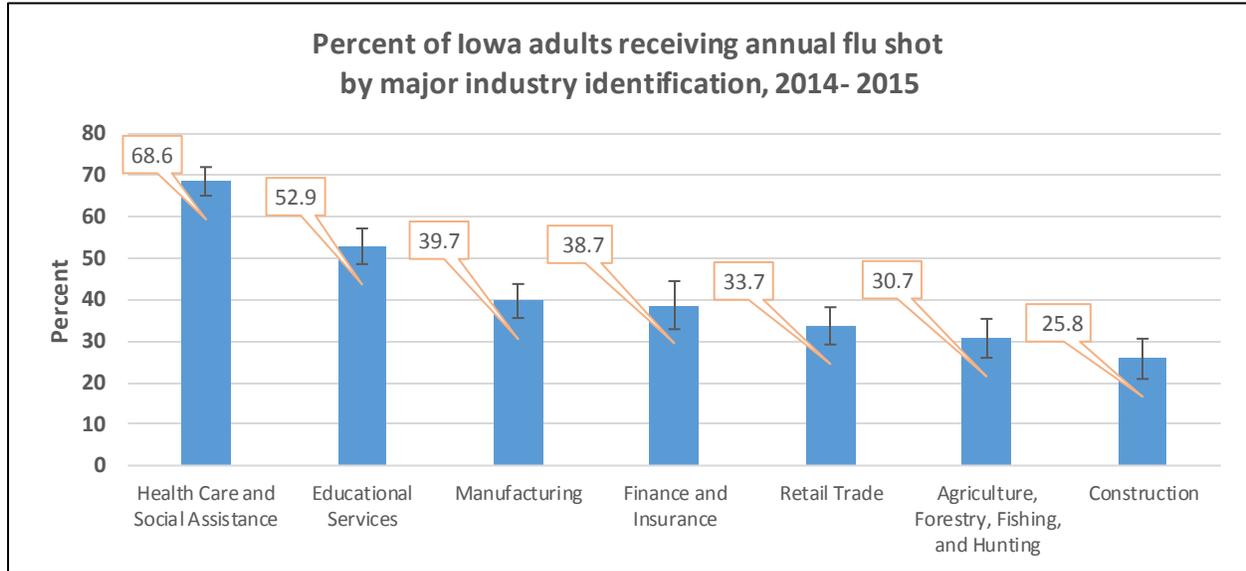
A recent CDC [Vital Signs](#) report showed stroke death rate declines have stalled in three out of four states. Only 13 states, including [Iowa](#), showed rates continued to decline steadily from 2000-2015. Iowa's [stroke](#) death rate fell by 33 percent from 2005-2015.

The [Bureau of Local Public Health Services](#) won its division's September Vegetable Challenge. Staff ate over 2,100 servings of vegetables – a daily average of 4.7 servings. Overall division staff averaged 4.1 veggie servings each day.

Monthly data snapshot

Data are essential to the practice of public health. Each month, Quick Reads highlights selected tidbits to help create awareness of IDPH data and epidemiology. Explore more data with the [IDPH Public Health Tracking Portal](#).

Annual Flu Vaccination by Industry



Receiving an annual flu shot varies greatly depending on industry and occupation. An annual flu shot is the best protection against [influenza](#), and not only protects an individual, but those they interact with as well.

These data come from the 2014 and 2015 [Behavioral Risk Factor Surveillance System](#) (BRFSS), a population-based survey about health-related behaviors and outcomes. The graphs show the top industries, and are not comprehensive of every type of work Iowans do. Industries and occupations based on coded self-reports. Error bars represent 95 percent confidence limits. Only these industries and occupations had sufficient numbers for reliable data from two years of data.



IDPH's Doris Montgomery (above) receives the Gem Award from Becky Prostine, 2017/2018 President of the Iowa Academy of Nutrition and Dietetics.

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