

Receive Updates



## The Link - September 2016



WEEK OF SEPT. 12, 2016



## NEWS & RESOURCES

The Iowa Department of Public Health recently released a new infographic detailing the Top 10 Health Issues in Iowa in 2016:

<http://idph.iowa.gov/Portals/1/userfiles/91/Healthy%20Iowans/Top%20Health%20Issues%20in%20Iowa%202016.pdf>



## DISEASE PREVENTION/ HEALTH PROMOTION

The Delta Dental of Iowa Foundation has committed more than \$1 million over the past three years to support the oral and overall health of aging Iowans. Learn more about the Lifelong Smiles Coalition:

<http://www.lifelongsmilescoalition.com/index.php>

Social isolation is linked to physical illness and to functional and cognitive decline. Programs to reach out to the elderly are growing, particularly in Britain: <http://www.nytimes.com/2016/09/06/health/loneliness-aging-health-effects.html?search-input=Researchers+Confront+an+Epidemic+of+Loneliness>

There is growing interest in the use of telehealth technologies, driven by increased recognition of its potential to improve access to health care and improve health outcomes. Teledentistry: Improving Oral Health Using Telehealth-Connected Teams provides a deeper understanding of the policy environment needed and methods for using telehealth to better meet the needs of underserved populations: <http://dental.pacific.edu/departments-and-groups/pacific-center-for-special-care/publications>



# FALLS PREVENTION

To celebrate National Falls Prevention Awareness Day on Thursday, Sept. 22, the Iowa Department on Aging, Iowa Department of Public Health, YMCA of Greater Des Moines and the Iowa Falls Prevention Coalition are partnering to host Iowa's Largest Tai Chi Class in the Iowa State Capitol Rotunda in Des Moines and in communities across Iowa: <https://www.iowaaging.gov/healthy-lifestyles/falls-prevention/falls-prevention-awareness-day>

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## UPCOMING EVENTS

### **Walk to End Alzheimer's**

Various Dates (September-October 2016)

Various Locations (throughout Iowa)

[More Information](#) | [Register](#)

### **11th Annual Out of the Darkness Community Walk**

Sept. 18, 2016

Des Moines Area Community College Campus (Ankeny, IA)

[More Information](#) | [Register](#)

### **NANASP Webinar: "Senior Volunteers - Brave New World"**

Sept. 20, 2016

Webinar Event (1 p.m. CT)

[More Information](#) | [Register](#)

### **Elevate Respite: National Lifespan Respite Conference**

Sept. 20-22, 2016

Sheraton Denver Downtown (Denver, CO)

[More Information](#) | [Register](#)

### **Older Iowans Legislature Annual Meeting**

Sept. 26 (noon); reconvening Sept. 27 (9 a.m.)

House Chambers, Iowa State Capitol (Des Moines)

[More Information](#) | [Register](#)

### **Community Corrections Supporting Reentry Training**

Various Dates (October 2016)

Various Locations (throughout Iowa)

[More Information](#) | [Register](#)

### **4th Annual GAIN Fall Conference: "Back to Basics: Ground-Floor Issues in Substitute Decision Making"**

Oct. 7, 2016

Kirkwood Training & Resource Center (Marion)

The Guardianship Association of Iowa Network (GAIN) is hosting its annual meeting in Marion on Oct. 7, 2016. Presentations will focus on guardianship basics, investigating financial exploitation, death investigations, the Iowa Guardianship & Conservatorship Reform Task Force, navigating Social Security benefits and Iowa's Managed Care Ombudsman Program. Registration is \$75 and includes lunch; Certificates of Attendance will be provided should attendees wish to apply for CEUs. Register by Oct. 1 by contacting Barb Keninger at (641) 648-6664.

### **Family Peer Support Specialist Training**

Oct. 25-27 & Nov. 15-17, 2016  
Gateway Hotel & Conference Center (Ames, IA)  
[More Information](#) | [Register](#)

**Care for Caregivers: 2016 Conference**  
Nov. 3, 2016  
Stoney Creek Hotel & Conference Center (Johnston, IA)  
[More Information](#) | [Register](#)



*The mission of the Iowa Department on Aging is to develop a comprehensive, coordinated and cost-effective system of long-term living and community support services that helps older Iowans maintain health and independence in their homes and communities.*

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