



# A MATTER OF SUBSTANCE: AT-A-GLANCE

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DIVISION OF BEHAVIORAL HEALTH

## DIVISION QUICK FACTS

### National Drug & Alcohol Facts Week:

The National Institute on Drug Abuse (NIDA) and the National Institute of Alcohol Abuse and Alcoholism (NIAAA) invite you to participate in the annual observance of [National Drug & Alcohol Facts Week](#) (NDAFW), January 25-31, 2016. NDAFW links students with scientists and other experts to counteract the myths and misinformation about drugs and alcohol that teens may receive from the internet, TV, movies, music, or friends. IDPH encourages you to work with local youth, schools, prevention agencies, and coalitions to organize an educational event or activity for teens that delivers factual information about alcohol and drug use. For more information, contact Julie Hibben at [julie.hibben@idph.iowa.gov](mailto:julie.hibben@idph.iowa.gov).

### More about the UNITE to Face Addiction Recovery Rally:

Last month we told you about the UNITE to Face Addiction Recovery Rally held in Washington, DC. When we awarded stipends for providers to attend, we asked them to send us a summary of their participation in the big event. As expected, all of the summaries were great! One, in particular, told a story we thought you'd like to hear. With permission, here's the [summary](#) from **Jessica Leonard from Employee and Family Resources**. *Thanks Jessica!*

By the way, we still want to hear your ideas on how IDPH can help you support recovery in Iowa! If you get a chance, please send your comments and suggestions to Kevin Gabbert at [kevin.gabbert@idph.iowa.gov](mailto:kevin.gabbert@idph.iowa.gov).

### Gambling in the Workforce Toolkit:

It seems like almost every day we see coverage in the media of fantasy sport betting scandals or insurance fraud committed to fund someone's gambling. Legal and not-so-legal gambling opportunities are everywhere, including in the workplace. **Katie Bee from Employee and Family Resources** in Des Moines and **Keellia Guevara from Heartland Family Services** in Council Bluffs, supported by funding from the IDPH Problem Gambling Program, created a Gambling in the Workplace Toolkit. The toolkit contains posters, info sheets that can be emailed or used in company newsletters, a comprehensive policy template, and a staff training template. For more information, contact Eric Preuss at [eric.preuss@idph.iowa.gov](mailto:eric.preuss@idph.iowa.gov).

### IDPH Staff Participates in International Conference:

**Michele Tilotta**, Substance Abuse Prevention and Treatment Block Grant Manager and former SBIRT Director, was invited by SAMHSA to speak at the 2015 International Network on Brief Interventions on Alcohol and Other Drugs Conference held in Atlanta in September. Michele's presentation focused on SBIRT and special populations; specifically implementation of screening, brief intervention, and referral to treatment in a National Guard setting. This year's conference represented over 15 countries. *Way to go Michele!*

### Division of Behavioral Health Welcomes New Staff:

- **Lori Hancock-Muck** - Lori joined IDPH as the Health Facilities Officer leading substance use disorder and problem gambling program licensure. Lori came to IDPH from Employee and Family Resources. Prior to that, she worked as a Magellan QI clinical reviewer for 11 years and as a clinician for six years.
- **Janet Nelson** - Janet is the Coordinator for the Division's Partnerships for Success (IPFS) grant. Previously, Janet served as Audubon County's IPFS and Strategic Prevention Framework State Incentive Grant (SPFSIG) Coordinator with New Opportunities in Carroll.
- **Cara Weis** - Cara is the Project Director for the State Youth Treatment - Implementation (SYT-I) grant. Most recently, Cara worked as a family service coordinator for the City of Des Moines - Housing Services. Prior experience includes nine years in the behavioral health field.

Please join us in welcoming **Cara, Janet, and Lori** to the Division of Behavioral Health!

For more information about the Division of Behavioral Health, visit [www.idph.state.ia.us/bh](http://www.idph.state.ia.us/bh)

For questions related to "A Matter of Substance," contact the editors:  
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