

January 2016



Spotlight: Meet Seygbai Kai

Seygbai Kai is the newest member of the team at the Office of the State Long-Term Care Ombudsman. She has been an AmeriCorps volunteer since 2012 and will be with the Volunteer Ombudsman Program through mid-April, working with volunteers serving in central and south-central Iowa... > [Learn More](#)



Continuing Education:

Welcome Our Newest Volunteer Ombudsman

- Linda Dutchess, Eagle Point (Clinton)



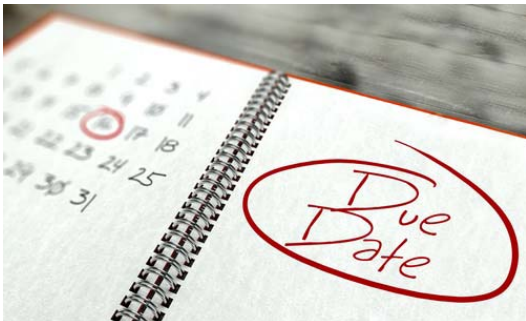
Volunteer Anniversaries

The following volunteers are celebrating their one-year anniversary in January:

- Doug Nelson
- Kris Conroy
- Diane Setka

The following volunteers have served with us for two years or more:

- Jeri Bailey
- Bob Dreyer
- Fredda Cockin
- Bill Oviatt
- Thomas Formaro
- Judy Avritt
- Nancy Hodson
- Pat Cushing
- Janice Frey
- Lester Tharp
- Joan Milburn
- Bonnie Draman
- Linda Clark



Offerings & Opportunities

STATEWIDE VOP CONFERENCE CALLS

Join VOP Coordinator Sarah Hinzman, Local Long-Term Care Ombudsman for North Central Iowa Stacia Timmer, and your fellow Volunteer Ombudsman in our VOP Statewide Conference Call on Wednesday, Jan. 20, at 2 p.m.

During this call/webinar (you can choose to join via phone only or with your computer) Stacia and Sarah will discuss common concerns and potential solutions regarding residents' rights and engage all in discussion of your experiences.

To join the meeting via your computer, follow the link below Jan. 20 at 2 p.m.

You can also dial in using only your phone:

Call-in Number: 1-646-749-3122
Access Code: 161-641-533

This webinar will be recorded so those who cannot attend live can watch playback at a later time. If anyone would like to come into the Des Moines office to participate in person, please RSVP to Sarah.Hinzman2@iowa.gov or 515.657.1479.

[> Join](#)

ADDITIONAL RESOURCES:

Medicare's Role in End-of-Life Care

According to the Kaiser Family Foundation, Medicare is the largest insurer of health care provided during the last year of life. The article "10 FAQ's: Medicare's Role in End-of-Life Care" provides information regarding the complexity of Medicare and its role in covering expenses for long-term care.

[> Article](#)

Medicaid and Therapeutic Leave

The National Long-Term Care Ombudsman Resource Center provides answers to common questions involving overnight out-of-facility visits and bed-hold policies.

[> Resource Center](#)

AmeriCorps VISTA Openings at the Iowa Department on Aging and AAAs

Do you know someone interested in serving a year with AmeriCorps VISTA while improving the lives of older Iowans and Iowans with disabilities? The Iowa Department on Aging is seeking candidates to serve as AmeriCorps VISTA (Volunteers in Service

Monthly Reports Due

This is a friendly reminder that monthly reports for December should be submitted if you have not already done so. Online reports must be completed by Jan. 5, 2016.

Please contact your VOP Coordinator for any assistance.



VOP Trivia!

Are you a trivia buff? Try answering our monthly trivia question for a chance to win some great prizes!

Volunteers can submit answers via email to volunteerVOP@iowa.gov or by calling their VOP coordinator (one submission per volunteer, please). Volunteers who submit the correct answer to this month's question by Wednesday, Jan. 20, will be entered into a prize drawing for either one free hour of continuing education or a VOP swag bag.

This month's trivia question is...

The number of older adults with substance abuse problems is expected to double to __ by 2020 (National Council on Aging, 2014).

- A. 3 million
- B. 5 million
- C. 6 million
- D. 10 million

Last month's trivia question:

Every __ seconds, an older adult is treated in the emergency room for a fall (National Council on Aging, 2014).

- A. 15
- B. 30
- C. 60
- D. 90

Congratulations to Anna O'Flaherty (Riverview Manor, Pleasant Valley) for answering December's trivia question correctly!

to America) members. Members will be selected in the month of February and will begin serving in April.

Positions available include:

- Community Outreach Specialist (1), placed at Aging Resources of Central Iowa – Des Moines
- Volunteer Coordinator (2), placed at the Office of the State Long-Term Care Ombudsman—Des Moines
- Community Outreach Specialist (1), placed at Heritage Area Agency on Aging – Cedar Rapids
- Community Outreach Specialist (1), placed at Northeast Iowa Area Agency on Aging – Waterloo
- Community Outreach Specialist (1), placed at Elderbridge Area Agency on Aging – Mason City

A term in AmeriCorps VISTA is considered a commitment to country through national and community service. The term of service for an AmeriCorps VISTA position is a minimum of one year with the potential of renewal. Members will serve in a full-time capacity with their service site.

For more information about eligibility requirements and benefits, or to apply, click the link below and search for Elder Care positions in Iowa under "Join AmeriCorps."

Questions may be directed to Kris Roberts at the Iowa Department on Aging at (866) 236-1430.

> [Apply](#)

Happy New Year!





510 E 12th Street, Ste. 2 | Des Moines, IA 50319 | (866) 236-1430 | www.iowaaging.gov/VOP