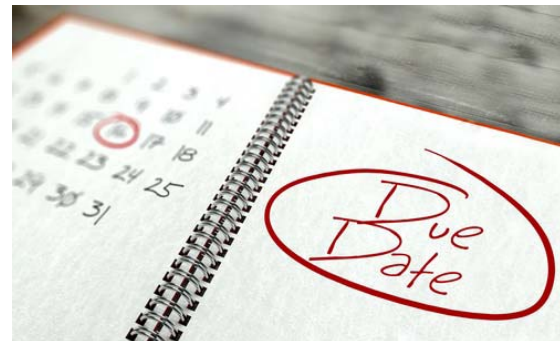


December 2015



Welcome Our Newest Volunteer Ombudsmen

- Gabriele Auerbach, Iowa Masonic (Bettendorf)
- Anna O'Flaherty, Riverview Manor (Pleasant Valley)
- Tobey Slagenweit, Willow Gardens (Marion)
- Janice Townsend, Good Samaritan Society (Davenport)
- Becky Delzell, Sunrise Terrace (Winfield)



Monthly Reports Due

This is a friendly reminder that monthly reports for November should be submitted if you have not already done so. Online reports must be completed by **Dec. 5**.

Please contact your VOP Coordinator for any assistance.



One-Year Anniversaries

The following volunteers are celebrating their one-year anniversary in December:

- Lois Bartelme
- Kot Flora
- MJ Klouda
- Doug Sutter
- Jason Westholm
- Jerry Hampton
- Al Hart
- Merron Hart
- Jo Ann Prince
- Maria Montoya
- Joan Fix

The Advocate E-Newsletter

The Advocate is published monthly and distributed to administrators and directors of Iowa's long-term care facilities, as well as to long-term care professionals, advocates of long-term care residents/tenants and others.

> [Sign up](#)



VOP Trivia!

Are you a trivia buff? Try answering our monthly trivia



Continuing Education: Offerings & Opportunities

STATEWIDE VOP CONFERENCE CALLS:

The November Statewide VOP Conference Call reported the successes and challenges of experienced volunteers who were selected to have a VOP Coordinator shadow them in the summer of 2015. If you missed the call, be sure to read the minutes to learn some great information.

Our next VOP Statewide Conference Call will be held on Jan. 20, 2016, at 2 p.m. Additional details will be provided in next month's newsletter.

> [November Conference Call](#)

LECTURES:

University of Iowa 2015 Geriatric Lecture Series (offered online each month)

The University of Iowa Geriatric Lecture Series is presented online in a series of monthly lectures. The 2015 series, which is sponsored by the Iowa Geriatric Education Center and the University of Iowa Roy J. and Lucille A. Carver College of Medicine, is free and will focus on dementia. Each lecture can be viewed for one month and is accessible exclusively during the month it is scheduled beginning the first business day of each month.

To register for the series, email the Iowa Geriatric Education Center at geriatric-education@uiowa.edu with your name, discipline (e.g., nursing, medicine, social work), organization or facility name and your contact information, including your email address. Please allow at least one week to receive a response.

Upcoming topics:

- **December:** Care Transitions: Best Practices for Transfer Among Levels of Care with a Focus on Cognitive Function

question for a chance to win some great prizes!

Volunteers can submit answers via email to volunteerVOP@iowa.gov or by calling their VOP coordinator (one submission per volunteer, please). Volunteers who submit the correct answer to this month's question by Monday, Dec. 28, will be entered into a prize drawing for either one free hour of continuing education or a VOP swag bag.

This month's trivia question is...

How often is an older adult treated in the emergency room for a fall (according to the National Council on Aging)?

- A. Every 15 seconds
- B. Every 30 seconds
- C. Every 60 seconds
- D. Every 90 seconds

Last month's trivia question:

In 2013, what was the national average cost for one year in a private room in a nursing facility (according to AARP)?

- A. \$50,400
- B. \$72,300
- C. **\$87,600**

We did not have a winner for last month; all entrants thought the average cost of LTC was cheaper!

> [View the full schedule](#)

MAY ALL YOUR HOLIDAYS BE MERRY AND BRIGHT!

