



A MATTER OF SUBSTANCE: AT-A-GLANCE

MAY 2016

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DIVISION OF BEHAVIORAL HEALTH

DIVISION QUICK FACTS

Governor's Conference on Substance Abuse:

April's 39th Annual Governor's Conference on Substance Abuse featured national speakers on research and services that support recovery. Go to www.trainingresources.org for handouts, or google, for example, Christopher Jones/ASPE, for opioid overdose data, or Dr. Michael Miller/Herrington Recovery Center and Dr. Edwin Salsitz/Mount Sinai Beth Israel for information on medications that treat addiction (and a reminder that alcohol and tobacco are still the biggest threats to our clients' health.) And stay tuned for more from Scott Miller/International Center for Clinical Excellence, on Feedback Informed Treatment. He'll be back in Iowa in November for an IDPH-sponsored training event.

The conference was conducted in a new way this year. Instead of multiple small (and often poorly-attended) breakout sessions, the whole conference was structured around keynoters. Although evaluations have not been fully tabulated, initial responses were favorable about the format change.

National Rx Drug and Heroin Summit:



Last month, DeAnn Decker, Kevin Gabbert, and Monica Wilke-Brown (pictured here with U.S. Surgeon General Vivek Murthy) were invited to present at the National Rx Drug and Heroin Summit in Atlanta about Iowa's Medication Assisted Treatment project and how IDPH is leveraging other federal grants and aligning with existing state resources.

Notable keynote speakers at the Summit, in addition to Dr. Murthy, included:

- President Barack Obama
- Michael Botticelli, Director - Office of National Drug Control Policy
- Tom Vilsack, U.S. Secretary of Agriculture
- Dr. Nora Volkow, Director - National Institute on Drug Abuse

The goals of SAMHSA's Medication Assisted Treatment—Prescription Drug and Opioid Addiction (MAT) grant, are to: 1) increase admissions to MAT services;

2) increase the number of people receiving integrated care; 3) decrease illicit opioid drug use at 6-month follow-up; and 4) decrease non-prescribed use of prescription opioids at 6-month follow-up.

IDPH's goals include hosting an Iowa Opioid Summit, providing education to medical professionals on responsible prescribing practices, and working with providers to expand access to "medication in treatment" service options.

Suicide Bereavement Support Groups:

Individuals who have lost a loved one to suicide are at increased risk of suicide themselves, making "bereavement support" an important prevention and postvention effort.

IDPH posts a listing of suicide bereavement support groups in the "Related Links – State" section of its [Suicide Prevention page](#). Please share the list with those who might benefit; groups are open to those in need. If you have questions — or if you know of a suicide bereavement support group that isn't on the list — please contact Pat McGovern, IDPH Suicide Prevention Coordinator, at pat.mcgovern@idph.iowa.gov.

UPCOMING EVENTS

Motivational Interviewing

May 10
Webinar: 11:00 - 1:00pm
For more information, go to www.trainingresources.org.

Fantasy Sports: Fun, Gambling, Entertainment or Problem?

May 11
Webinar: 11:45 - 1:30pm
For more information, go to www.trainingresources.org.

Ethics for Social Workers

May 17
Holiday Inn Airport - Des Moines
For more information, go to www.trainingresources.org.

Feedback Informed Treatment (FIT) with Scott Miller

November 30
Hy-Vee Hall, Iowa Event Center
For more information, go to www.trainingresources.org.

For more information about the Division of Behavioral Health, visit <http://www.idph.iowa.gov/bh>

For questions related to "A Matter of Substance," contact the editors:
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