



IVH Insights

Happy 4th of July!!

A Message From the Commandant

The VA survey team was here June 16-19 for our Recognition Survey (required because of the Malloy renovation). This also serves as our annual VA survey. The IVH team successfully completed this survey with flying colors! Congratulations to all areas for the great results!

The long legislative session finally ended after many days of overtime. This year, we did not request any policy changes for IVH. Our budget request for the state appropriation was the same as last year at \$7.59 million. The state funds are only about 10% of our entire annual budget. This funding is found in Senate File 505, the Health and Human Services Appropriations bill.

We made a request for infrastructure and capitals

improvement funding that is found in House File 650, a bill that appropriates funds from the Rebuild Iowa Infrastructure Fund. The total request was \$13.3 million for funding over the next two fiscal years, and the funds will be used to replace fuel tanks, buy laundry equipment, and replace air handlers. We're also looking at how to fix the Loftus ramp.

The "Dog Days of Summer" are upon us! We've had a few days with high humidity and temperature, so please be careful when you're out in the heat!

Jodi



Commandant Tymeson



Insights — July 1, 2015

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A Message from the Administrator

As we come into spring and summer we welcome the change of seasons and the enjoyment of being out of doors.

Many residents are, as we speak, moving into their newly remodeled rooms on Malloy South. This completes the phase 2 of 3 and leaves the Dack building which will begin demolition of interior spaces so that it too, can be remodeled. Anticipation for completion will be about this time next year.

The building resident

living areas look wonderful and our partner contractors along with maintenance and technical trade staff have done a great job working together to meet completion deadlines.

Often overlooked but non-the-less just as important is all the planning and coordination needed for the physical moving of residents on moving day. This involves months of preparation, determining room assignments, special needs, staff and supervisory changes and meetings, meetings and meetings to make sure it all comes together. Each successive moves things just to seem



Mike Jarrell

to be more like clock-work as details are determined and changes put in place. There is not a department or staff person that is not somehow impacted by these type projects. I would just like to tell everyone how much we appreciate your caring dedication not just now, but throughout your daily routines and work schedules. It is special as you all come together to do whatever is needed to get th job done.

Mike

Welcome New Employees by Wayne Pierson IVH Education

The Iowa Veterans Home Insights is a quarterly published document. The data that goes into the editions are contributions from staff here at IVH. If there are articles or topics that you wish to contribute, or think that our readers may have interest in, feel free to e-mail to me. We try to capture everyone's thoughts and comments for the Insights. We thank you for your contribution!



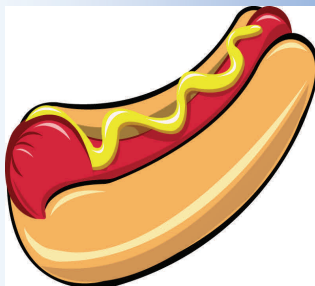
Michael Hines—Staff Assistant. To submit news or questions, please email:

Michael.hines@ivh.state.ia.us (641) 753-4309

Canteen Hours

The canteen is available for your needs.

The hours of operations are as follows: M-F 8:30 a.m. - 3:00 p.m. & Sat-Sun 9:00 a.m. - 3:00 p.m. (Except holidays; close at 2:00 on holidays)



April NEO

Front (L-R) Michelle Meyer, Jackie Wilkening, Melissa DeWitt, Tina Bingham, Lindsey Huxham, Tammy Bingham, Kerri Schuur, Jeremy Roberts

Back (L-R) Missy Lang, Brenda Johnson, April Sharp, Sierra Betz, Rhonda Sargent, Phillip Pickett, Kimberlee Oates



May NEO

Front (L-R) Danielle Zeman, Christina Alcantar, Bailey Niedermann, Niki Monk, Andrea Walker, Elizabeth Steinmeyer

Back (L-R) Vivette Stiles, Doris Scott, Leeann Cronbaugh, Dylan Kensler, Chris Mason



June NEO

Front (L-R) Blanca Chavez-Castaneda, Tabitha Arnold, Felicia Hoerner, Karina Torres, Ana Ibarra Saldana



World War II Memorial Monument Update by Michael Hines, Staff Assistant

I can't think of a better time to submit an update on the ongoing World War II Memorial Monument project here at the Iowa Veterans Home. As 6 June 1945 still remains as one of the most important days in our military history, we must continue to remember all the veterans and allies that were called upon to fight a war that shaped the world. This day not only shaped the war but led to the liberation of France from Nazi control, and contributed to an Allied victory in the war. We must continue to remember and acknowledge these men and women as they are still today considered as "The Greatest Generation" that ever lived.

Our donation goal of \$20,000 to build a WWII monument has been quickly surpassed as we near the \$30,000 mark. We continue to receive funds and will keep accepting funds for the project.

Our Veterans had the opportunity to meet and express their opinions with McCall's Monument Works and the artist who drew the below. The granite of choice will be Select Mesabi and will come from Minnesota. By purchasing this locally we are confident that it will speed of the structure process but will not downgrade the quality or the intent of the project at all.

Previously our IVH WWII Veterans had the opportunity to discuss and see a 12" x 12" slab of the Mesabi Black granite. The monument will have a polished front and back sides with a rough edge (non-polished) on both sides and top. The base will also be of granite. The slab is still in the Commandants office for viewing. Feel free to stop by and view it.

The drawings were approved from photos that were approved by our facilities WWII veterans and were sent to the artist to ensure that they had the capability to be drawn and etched into the granite.

These drawings will represent significant battles and events back on the

home front. The residents approved a sketch of Pearl Harbor, Iwo Jima, Battle of Midway and D-Day. Two other significant events that will be carved into the granite will be a female welder welding on a ship back in the states along with a crowd waving good-bye to troops that are heading overseas.

A life size paper monument was presented to all of the veterans and key players on Wednesday, June 10th. On top of the monument will be inscribed the words "In Memory Of The World War II Men & Women Who Protected Our Freedom" and below are parts of Gen. Dwight D. Eisenhower's address speech to the troops prior to the D-Day invasion "You are about to embark upon the great crusade toward which we have striven these many months. The eyes of the world are upon you....I have full confidence in your courage, devotion to duty and skill in battle" – *General Dwight D. Eisenhower, D-Day Message, 1944*

We are estimating a 60-90 day processing time from when it is ordered. This would include the installation.



Site Location—South of Korean Monument



Drawings for World War II Memorial Monument

Jowa Veterans Home Upcoming Event 2015

Month	Date	Time	Event	Location
July	4	10am-1pm	Picnic	MLRC
July	4	1:30pm	Dave's Country Tradition	Atha Dining Room
July	4	7:30pm	Fireworks	Marshalltown
July	13	2:00pm	ALA Summer Fling Dance	Atha Dining Room
July	17	3:00pm	Vietnam Vets Welcome Home Parade	Waterloo
July	25	10:00am	Parkettes Line Dancers	MLRC
July	25	2:00pm	Benton County Ice Cream Social	Atha Dining Room
July	26	1:00pm	Iowa Heartland Trikers	TBA
August	7	5:00pm	Races at Marshalltown Speedway	Marshalltown
August	13-20th	TBA	Iowa State Fair	Des Moines
August	29	TBA	Abate Motorcycle	Sheeler Parking Lot
September	26	TBA	Oktemberfest Parade	Marshalltown

Coming SoonWeiner Dog Races!!

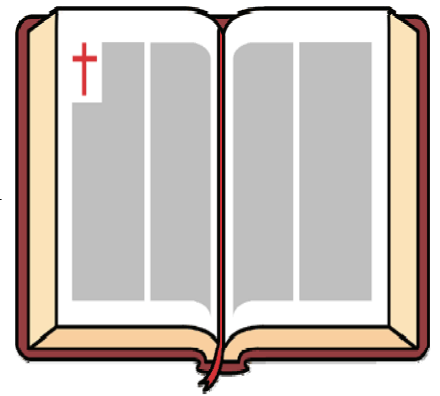


Chaplains Corner *by Craig Nelson*

With the coming of summer the church calendar enters into one of its quiet periods. Easter is past and Advent and Christmas are still a long way down the road, but the chaplain's office is still busy. Both Chaplain Doty and I are leading unit devotions each week on many floors as well as Sunday and Thursday services.

Our ministry at IVH, though, is not limited to simply leading services. Both of us are ordained and endorsed by Christian denominations but our ministry is not limited to Christians. We are dedicated to meeting the needs of residents of any spiritual background. This month sees Muslims celebrating Ramadan. In the past we have sought to aid Muslim residents in this important celebration of their faith. Soon we will see the celebrating of Jewish Holy Days, another area where we have helped residents find the support they need in their faith.

Chaplain Doty and I seek to provide every resident at IVH with access to the spiritual needs they require in their faith walk and that includes those who have no specific spiritual belief. Come see us, our goal is to help you follow whatever path on which you journey through life.



Are you planning on doing some traveling by car this summer? Is your brain bored while you are walking on the treadmill? Stop in at the IVH library and check out an audio book! You may find it is enjoyable to listen to a book for a change. Nothing makes the miles fly by faster than a great story to listen to.

The Iowa Veterans Home library is open 7 days a week.
 Monday through Friday 9:00 – 4:00
 Saturday 10:00 – 2:00
 Sunday 12:00 – 2:00



Quality and Compliance by Lana Comstock, Bureau Chief, Quality & Assurance

Resident Satisfaction (Quality of Life) Survey

This year the annual quality of life survey administered to residents included questions residents identified that they wanted us to know most. Surveys are administered by Social Workers between January 1st and March 31st. Results are then entered into a database by Secretary Emily Lopez; once this is completed results are analyzed by Statistical Research Analyst Terry Hols. Results are shared at the Quality Assurance Performance Improvement Committee, Leadership Forum and then placed on SharePoint for all employees to view. This year's survey added specific exclusion criteria based on research strategies and consultation with the Agency on Healthcare Research and Quality. Exclusion criteria were based on cognitive scoring using the Brief Interview for Mental Status (BIMS). Residents with severe cognitive impairment (a BIMS score of 7 or less) were excluded from this formal survey. Overall resident satisfaction average score for 2015 was 90%, a minimal reduction from the 2014 survey score of 91.8%. Survey results are now posted on the bulletin board on Malloy main floor, across from the canteen.

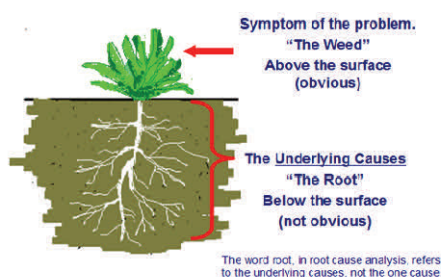


Performance Improvement Project (PIP): Resident Falls

The plan, do, study act (PDSA) model for improvement is used to guide our agency PIP initiatives. The multidisciplinary PIP Falls team has been busy working with additional internal stakeholders as we study and act on areas for further improvement. Once all processes are proven fully effective during this trial, a plan for implementing throughout the facility will be developed.

Focus this past quarter has been on reducing redundancy in registered nurse documentation and there have been refinements to the post-fall huddle document making it more user friendly with checkboxes to reduce narrative documentation and to meet data collection needs for agency analysis. Members of the team are working on a video presentation that will depict the

Root Cause Analysis Basics



main focus of the fall project: Root Cause Analysis (RCA) during the post fall huddle. The huddle begins immediately with the staff in the immediate area (any staff person starts the process) and incorporates root cause analysis. The goal of this RCA is to find out **what** happened with the fall, **why** did the fall happen and **how** can we prevent falling from happening again?

VOLUNTEERING *Red* White & Blue

WE APPRECIATE YOU! 2015 VOLUNTEER AWARDS



Tom Renze
2015 Individual Governor's Award Winner
2014 Commandants Award Winner



Duane Noelck
2015
Commandants
Award Winner

25 Years
DORIS LEMKER
25,000
+hours Volunteering



VOLUNTEER AWARDS



Volunteers
Deloris Clayton
& Howard
Braden
received the
Governor's
Volunteer Award
for 20 Years
volunteering



Grinnell
Mutual
Reinsurance
Emerging
Leaders Club
Group
Volunteering
Award



In April, volunteers and staff celebrated with a fantastic meal made by IVH Dietary and served by Activities and Recreation. Volunteers were entertained by M'Tunes.

Call Aimee to Volunteer Today—753-4406. We need YOU!

Facilities Management by Karen Connell, Facilities Bureau Chief

On May 26, a public ceremony was held in the Malloy LRC to inaugurate the opening of the Malloy Hall south tower and the completion of renovations to the Malloy Building. The event was well attended by numerous stakeholders, including Local, State, and Federal officials, representatives from the participating construction trades, and the general public. Residents, staff, volunteers, and visitors have watched the progress of this project with excited anticipation for the past year. The Malloy Hall was originally constructed in 1978. In 1998, the Atha Dining Hall and commercial kitchen were added, followed by four-story day room additions to both the North and South Towers. The remodeled North Tower of the Malloy Building was opened during the spring of 2014. The South Tower opening completes renovation of the 265,000 square-foot building and represents Phase II of a three-phase \$36 million renovation of the Malloy and Dack Buildings. The Federal VA provides

65% funding for these renovations, with the State of Iowa providing the additional 35%. Planning for all three phases began in 2012 and involved the collaboration of multiple teams. The main focus of the design configuration was to convert double-occupancy resident rooms into single-occupancy resident rooms, while improving the efficiency of the resident and staff support areas. We are committed as an organization to providing our residents with a clean, safe and comfortable environment that optimizes resident independence, privacy, and dignity and are looking forward to starting Phase III, renovation of the Dack Building, in June 2015.



Malloy 2 South Resident Room



Day Room for Residents



Malloy 3 Elevator Lobby Art

In loving Memory of our Veterans and Spouses

The Iowa Veterans Home extends its deepest condolences to the loved ones of the following residents who recently passed away. We are grateful for the time that they spent with the IVH family. Their presence will be greatly missed.



If you have questions about the Iowa Veterans Home Cemetery and the regulations and procedure for interment please contact Donnelle Berndt at (641) 753-4218 or email at Donnelle.Berndt@ivh.state.ia.us. You may also view our web page at <http://ivh.iowa.gov> to find information about the Iowa Veterans Home cemetery.

Veterans

Albert Umphers U.S. Navy
 Howard Thompson U.S. Air Force
 Gerald Mason U.S. Army
 Robert Boothroyd U.S. Army
 Ernest Jergens U.S. Army
 David Hurst U.S. Army
 Max Canfield U.S. Army
 Willard Adair U.S. Air Force
 William Parry U.S. Navy
 George Elliot U.S. Army
 Roger Novak U.S. Navy
 Melvin Bruce U.S. Navy
 Burton Steiner U.S. Coast Guard
 Robert Brown U.S. Navy
 James Lauer U.S. Army
 George Hess U.S. Navy
 Richard Moyer U.S. Navy
 Vincent Chavez U. S. Army
 Lyle Lobberecht U.S. Army
 Robert Young U.S. Air Force
 Harold Martin U.S. Navy
 Leroy Bauman U.S. Air Force
 Joe Harrelson U.S. Army
 Kenton Green U.S. Navy
 Ronald Heying U.S. Army
 Paul Erickson U.S. Air Force
 Robert Minson U.S. Navy

Spouses

Doris Simpson U.S. Navy
 Audrey Johnson U.S. Navy
 Blanche McKinstry U.S. Army

Taps (April-June)

And I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" Then I said, "Here I am! Send me." Isaiah 6:8

Iowa Veterans Home Memorial Fund

The Iowa Veterans Home gladly accepts memorial funds from individuals, organizations and businesses that can be used for our residents and facility. If you are interested in making a donation in memory of a loved one please contact Mike Hines at (641) 753-4309 or e-mail @

michael.hines@ivh.state.ia.us.

IVH WELLNESS CORNER

CHOLESTEROL SCREENING

Cholesterol is a soft, waxy substance found in the bloodstream and your body's cells. The body needs cholesterol to form cell membranes, hormones, and even vitamin D. However, when cholesterol levels are elevated, there is increased risk for heart attack and stroke.

- **HDL** (HIGH Density Lipoprotein) carries approximately 1/3 of blood cholesterol. It is called "Good Cholesterol" because it transports cholesterol from the body's tissues back to the liver for excretion or reuse.
- **LDL** (Low Density Lipoprotein) is the primary cholesterol carrier in the blood. It is called "Bad Cholesterol" because it transports cholesterol to arteries where it can be deposited on artery walls in the form of plaque

TC/HDL Ratio is the relationship between Total Cholesterol and HDL cholesterol. The TC/HDL Ratio is important in determining a person's risk for heart disease. The lower the ratio, the lower the risk. **Triglycerides** are a type of fat that provides cells with energy to function. However, elevated levels may increase the risk of atherosclerosis (hardening of the arteries), heart disease, and stroke.

Blood Lipids	Desirable	High Risk
Total Cholesterol (mg/dl)	<u><200</u>	<u>>240</u>
HDL-Cholesterol (mg/dl)	<u>>60</u>	<u><40M* <50F*</u>
LDL-Cholesterol (mg/dl)	<u><130</u>	<u>>160</u>
TC/HDL Ratio	<u><3.5</u>	<u>>5.0</u>
Triglycerides	<u><150</u>	<u>>200</u>

M=Male F=Female Source: National Cholesterol Education Program

You are at risk if you:

Have a family history of early heart disease, smoke, are overweight or obese, have high blood pressure or consume a diet high in saturated fat and don't engage in cardiovascular exercise at least 30 minutes most days of the week.

You can reduce your risk if you:

Quit smoking, reduce your weight if you are overweight, and consume a diet rich in fruits, vegetables and whole grains, and low in saturated fats. Keep your daily dietary cholesterol intake below 300 mg.



Simple Tips for Workplace Wellness

Choose snacks wisely. Prepare your own in advance- from fresh fruit to mixed nuts.

Add fitness to your routine. Two minutes of chair yoga- stretching and breathing can increase your fitness and focus.

Pack your own lunch. Eat lunch out less frequently and lose weight.

Trade your smoke break for fresh air. Walk around the IVH campus at break time.

Source: Cleveland clinic.org



10 HEALTHY LIFESTYLE TIPS

1. Daily exercise- this is one of the most important lifestyle tips. You should exercise on a daily basis for at least 30 minutes per day. Brisk walking, aerobics or any type of bodily movement can do wonders for your health.
2. You should try to get 6 to 8 hours of sleep per day. Lack of sleep can actually affect your eating habits. Adequate sleep is essential for your overall health and well-being.
3. Eat a well balanced diet. Increase your intake of fruits and vegetables. Avoid processed foods and reduce your intake of foods that are high in fat, sodium and sugar.
4. Have a positive outlook! People who are positive tend to have better health and success in life than those who are negative thinkers.
5. Maintain a balanced lifestyle. There should be a balance between your work and leisure time.
6. If you smoke, stop! It is harmful to your health and can cause heart disease, lung cancer, and premature aging.
7. If you want to wear a size smaller, gain weight- muscle weight. Even though a pound of fat weighs the same as a pound of muscle, muscle takes up less space. So in addition to cutting back on calories, add weights to your workouts to lose inches.
8. If you have dry skin, eat avocados. They are rich in monounsaturated fats and vitamin E which promote healthy skin. You can eat them on sandwiches, salads, and even in smoothies.
9. Find things to laugh about on a daily basis. Laughter releases endorphins, boosts your immune system, increases blood flow and relaxes your body.
10. Spend time outside in the open air daily if possible. Exposure to fresh air and sunshine on a daily basis can be beneficial to your health!

Source: healthylifestyletruth.com

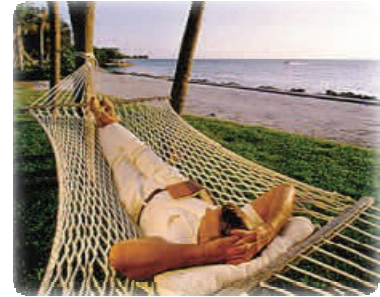


Visit our web site page at www.iowaveteranshome.org

Iowa Veterans Home Retirements

Retirements are a time in our lives that we may decide to spend time with our family, volunteer in the community or have the opportunity to do activities that we may not have had the time to do before. Retirements should be celebrated and not mourned, as retirements are a happy period to be enjoyed to its utmost. We are grateful for your dedication of hard work here at the Iowa Veterans Home! We wish everyone an enjoyable future ahead after your retirement! May all your coming days be filled with many more rewards of joy and fulfillment. The retirees listed below had a total of **40 years** of services to the State of Iowa and the Iowa Veterans Home!!

<u>Name</u>	<u>Position</u>	<u>Years</u>
James Utterbeck	Registered Nurse	14 years
Stephen McCann	PSS3	10 years
Jolene Fredregill	Nurse Clinician	12 years
David Drury	RTW	4 years



Additional Photos of Malloy Hall Ribbon Cutting Ceremony



DCI President Kevin Kain speaks to the audience during the Malloy Hall Building Ribbon Cutting Ceremony.

“As you can imagine, the magnitude of a project like this is big. The amount of planning that goes into the design, the demolition, the renovation, to include all the details of finishes, lights, and paint colors takes a great deal of expertise to coordinate and complete. I want to thank our construction management team from DCI and all the contractors that had a hand in this project.” - Commandant Tymeson



Denny Grabenbauer presents remarks to the audience. Mr. Grabenbauer is currently with the Marshall County Board of Supervisors.



Private Bathroom & Shower



Couples Suites



Single Room/Bed Occupancy

Iowa Veterans Home Longevity Awards (April-June)

5 Years

Melissa Westcott
 Maria Teresa Ramirez Garcia

10 Years

Roberta Paige
 Stacy Reisinger-Thron
 Jody Carmer
 Jodi Cobb
 Lisa Blocker

15 Years

Karen Penrod
 Debbra Stamp

20 Years

Michelle Baccam
 Nicole Betz
 Theresa Jamell
 Mary Ann Billman
 Ricky Snider
 Linda Frazier

25 Years

Shelley Gilgen
 Kristy Kelley



CONGRATULATIONS TO ALL OF THESE EMPLOYEES FOR THEIR YEARS OF SERVICE! A total of 260 years of dedicated service to the State of Iowa!!

Heldenbrand Streamlines IVH Pharmacy Billing



Susan Heldenbrand joined our team less than two years ago but she has become the one we go to for information. Due to her past experience she quickly grasped our new computer system, Framework, and has become a Super User. Last year she helped enter our resident's medication profiles into the new system from the old QSI system. She finished the day before delivering her baby boy.

Recently Susan has helped streamline the pharmacy billing. We are now getting insurance reimbursements for medications that were unbilled previously. With her help IVH has saved a vast amount of resources without affecting resident care.

Susan is very patient and even tempered. She is a great trainer and will continue to work with her coworkers until the concept is grasped. She is a tremendous problem solver and resource for our department.

Susan is definitely an asset to the pharmacy and the entire Iowa Veterans Home. No matter how stressful the day is, she always has a smile on her face.

Wheelchair Shop Rolling Right Along!

Most of us would never think about maneuvering around in a motorized wheelchair or some sort of manual wheelchair that might seem awkward and extremely large. As our lifestyles have become quite fast paced it is a wonder how we at the Iowa Veterans Home keep up. A century ago, wheelchairs were made out of wood and some with the ability to change positions. Basically none were able to meet the true versatility that is exhibited in our society today.

Today there are a large volume of different wheelchairs that are available for different needs. These needs range from several different impairments, cerebral palsy and complete loss of movement. Our wheelchair office is managed by IVH employee Mark McNeece. Mark, who is a 7 year veteran of the U.S. Air Force, has worked for the State of Iowa for 6 years, and brings a wealth of knowledge and background to our wheelchair operations. Right now our facility is responsible for the maintenance of 380 assigned wheelchairs. The 380 wheelchairs that the facility accounts for and maintain are either a donation, personally owned, or issued from the Department of Veterans Affairs. In addition to the 380 assigned wheelchairs, there are 104 unit chairs and 132 overflow manual wheelchairs that are maintained as well. They are not included in the count of 380.

As with anything that comes with wheels, batteries, arm rests, parts need to be available in order to support such a inventory. There are several parts that keep this operation at a high standard. The upkeep and the serviceability

of a operation of this magnitude requires accountability, planning and communication with units and departments. One of the most common parts that exceeds its shelf life is the battery. They need to be replaced quite frequently. So who is responsible for all of the financial cost of these parts? If an resident brings a already personally fitted wheelchair into the facility, the resident is responsible for the financial purchase of any needed parts. The Iowa Veterans Home absorbs the cost for the parts for a donated chair. VA pays for VA chairs.

The need to have spare parts on hand is imperative. By doing so we hope to reduce costs for the residents and manage our operational budget. Mark, who is responsible for servicing PMDs (Power Mobile Device) and manual wheelchairs, maintains a "spare parts" inventory of used parts for other needs to support the facility wheelchair operations. Our spare parts are normally salvaged parts from a similar wheelchair in order to maintain a workable wheelchair and bring it back to a serviceable condition.

There are approximately 25 clinical, initial, and adjustment (must fit residents needs) requests that come through the wheelchair office per month. Annual reviews are conducted on each wheelchair to ensure safety is being met as well as proper fittings for the residents. Several operational safety precautions are reviewed.

The Iowa Veterans Home does ask that if any Veterans Service Organization or outside organization who want to donate a wheelchair for salvage or possible resident use please contact the facility to ensure that the equipment can be used within the Wheelchair Shop. Please contact the Wheelchair Shop and speak with Mark McNeece at (641) 753-4409 or email him at the following address: Mark.McNeece@ivh.state.ia.us

Wheelchairs hours

Open: Monday thru Friday
6:30 AM to 12 Noon
12:30 PM to 3PM



Thursdays Wheelchair Clinic is NOW in OT!!

IVH Wheelchair Policy No. 222



Statistics

- *Wheelchair shop does 155 washings per month*
- *Additional duties include the making of all IVH resident name tags (to include changes), Door Tags, No Smoking Signs, Memorial Signs, etc.*
- *489 signs were made in the month of May !!*

IVH Incentive Therapy Program *by Brad Shipley*

So you may ask yourself, what is incentive therapy? The Resident Incentive Therapy Program or (ITP) is part of the overall therapeutic programming available to meet identified needs of IVH residents. It is a program that provides approved job assignments to residents at various IVH locations. Initially, a Social Worker meets with the resident to discuss the ITP and determine possible interest, always keeping in mind that the job assignment should be therapeutic to the resident. The Social Worker then brings a referral to the IRCC team, who will review the possible job placement. Once the IRCC team approves the resident's involvement in the program, the Social Worker contacts the ITP Coordinator to discuss available job assignments. There are a wide variety of job assignments including Laundry helpers, messengers, delivery helpers, desk clerks, unit helpers, Chapel, Arts & Crafts, Ceramics, Library, Dietary and Housekeeping just to name a few. The ITP Coordinator meets with the resident to discuss the job assignment, complete paperwork to enroll the resident into the program, and to determine a start date.

Depending on the job assignment, additional training will be provided by the resident's Social Worker, work area supervisor, or the ITP Coordinator. Participants in the ITP receive minimum wage for their hours worked. Per the Iowa Administrative Code, rule 801, Chapter 10, the first \$150 received in a month for participating in the ITP by a resident residing in the domiciliary level of care is exempt from computation of resident support. For residents residing in the nursing level of care, the first \$75 received in a month while participating in the ITP is exempt from computation of resident support. Currently, there are over 125 residents participating in the Incentive Therapy Program here at IVH. Resident participants in the ITP carry out daily job assignments which assist with the overall operation of the Iowa Veterans Home. Thank you resident workers for all you do!

Above and Beyond by IVH Employees

We recently celebrated the opening of the Malloy South Tower. This is the second phase of a \$36.8 million project. I would like to recognize the work of Renee Vogt and Diana Steiner in the financial management of this project. Thanks Renee and Diana! - *Commandant Tymeson*

I would like to thank all the employees who have in the past and most recently organized bake sales for our IVH employees who are in need of support. It is very gratifying to know that our staff here at IVH care about each other and continue to step up when unplanned events happen in our lives. Keep up the great work and thank you for what you do **everyday** in support of our veterans and spouses! – *Michael Hines*

As a general comment, I would like to commend all staff who went above and beyond in assisting with the complex task of relocating all the residents who moved in order to vacate Dack for it's upcoming total internal overhaul of resident living spaces.—*Mike Jarrell, IVH Administrator*

I would like to recognize my Administrative Assistant, Mike Hines, for going Above & Beyond in his efforts to make a World War II Memorial on the IVH grounds a reality. On behalf of the residents who are so eager to see this project completed – THANK YOU, MIKE! - *Jodi*



The Ulery supervisors would like to recognize Mike Groh for providing a stimulating music session for each household weekly. The residents and staff alike look forward to Mike coming to play his guitar, sing songs and accompany the residents as they sing for each other. There has even been some spontaneous dancing reported! It is amazing to watch the residents light up as they engage in the activity. We all appreciate Mike's dedication to the residents at IVH as we are aware that he spends his own time finding "sheet" music and practicing songs that the residents have requested so that he is able to further their enjoyment.—*Ulery Staff*



The Boys of Fall

Country music singer Kenny Chesney produced a single award winning song called “The Boys of Fall” which illustrates high school football players along with their coaches expressing the emotions that are involved in the game of football at every level. We are a little early to begin conversations about football, but we wanted to mention what a couple of IVH employees family members will be doing the next few months. Also with the next edition not scheduled until October (1/2 way into the season) we wanted to get this news out. Today we recognize two individuals who have come from small town Iowa roots and are part of two major college football programs this fall, former Marshalltown High School football star De’Quan McDowell and South Hardin football star, Dayton Balvanz. Both are headed **out of state** to showcase their talents to their respective universities, McDowell with the Oregon Ducks and Balvanz with the Missouri Tigers. We wish De’Quan and Dayton all the best during their upcoming summer workouts and the start of the 2015 season!!



Former MHS football star, De’Quan McDowell# 54, positions himself for a tackle during the University of Oregon Ducks 2015 spring scrimmage. McDowell is a linebacker with the national ranked Oregon Ducks. He is the grandson of IVH employee Sheryl Trumbo who is a switchboard operator.

Photo courtesy of Oregonduck.com



Dayton Balvanz stands in the end zone of the Mizzou Tiger stadium. Dayton will be joining the Tigers this summer for workouts and will begin the season as a punter for the Missouri Tigers who participate in the Eastern Division of the SEC. Dayton is the son of IT Specialist Renee Balvanz.

Photo Courtesy of Renee Balvanz

Chuck Hisler Is Our Resident Spotlight for the Quarter



Chuck Hisler hails from the small community of Duncombe, Iowa is a nestled town with a little mining history behind its name. Duncombe is nested in a small rural farming community and is located just a few miles north of Highway 20 East and just West of Webster City. Duncombe has a 2010 census population of approximately 410 residents.

The town of Duncombe is actually named after the Hon. J.F. Duncombe. This is where Duncombe and others opened the first shipping mine in the county. Chuck grew up on a small farm about 3 miles from Duncombe until his enlistment into the U.S. Air Force, about 1 1/2 years after his high school graduation. In 1964, he was drafted shortly after enlisting. So, off Chuck went to basic training to the state of Texas where he completed his Air Force Basic Training and had hopes to see the world. He then proceeded to Travis AFB in California to get further advanced training in the field of Security Air Police. After spending approximately 2 1/2 years at Travis AFB, California, Chuck was sent to Vietnam for a 1 year and then spent the last 6 months of his commitment at K.I. Sawyer Air Force Base in Michigan. Chuck's military obligation was finished.



Once Chuck's 4 year commitment to his country was over, Chuck headed back to Duncombe in 1968 and became involved with a new developing farmland business operation called Farmland Anhydrous Ammonia. With this new business Chuck quickly learned the operations of a new chemical that farmers were beginning to use for their farmland. This business was located rather close to Duncombe. Chuck worked in the facility for 15 years.



Chuck Hisler has lived at the Iowa Veterans Home for almost 15 years now. For 6 hours a week this former Air Force veteran works in the Quartermaster Office as part of the Iowa Veterans Home Incentive Therapy (IT) program. Chuck has worked the same IT job now for 5 years. Hisler, who spent 4 years in the military, is truly dedicated to his IT job at IVH. Chuck stated that his frequent trips back to the Duncombe area on holidays, weekend visits, sporting events and especially his grandchildren's sporting events are highlights for him. Most of these trips are located around the Duncombe area where his wife Joan currently resides along with other family members as well. Thank you for your service!!



U.S. AIR FORCE

State Property Deals On The Web!

Government Deals for serviceable excess state property

How many of you are aware or have knowledge of the web site www.govdeals.com? This site is a National Auction site for excess government property. On this site you may pick any one of the 50 states to bid on excess government property. **The equipment is sold “AS IS” by the contracted auction company.** This is the site that a majority of IVH excess property goes to be auctioned off. Equipment that this auctioned on the Iowa site is from state facilities, schools and colleges. There is no Department of Transportation (DOT) property available for auction as the DOT maintains their own site for their excess property.

The bidding starts out with at reasonable cost and normally with a minimum bid of \$6.00. There could be individual pieces, sets of two and larger bundle packages for sale. The ad has to run 3 times, and if no buyers it is dispensed to non-profit organizations. Domestic Services and other Departments are cleaning out several buildings that contain old furniture and equipment. The items that are useable will be saved back for auction. These items will be coming up for auction in July. This list includes but is not limited to the following; file cabinets, desk (great condition), hospital beds, office chairs, wooden chairs, saws, a piano and miscellaneous office supplies. For more information about gov.deals.com please contact Eldon Schneider at **(641) 753-4560** or email him at **Eldon.Schneider@ivh.state.ia.us**

All Proceeds From Biddings Are Sent Back Into The State of Iowa’s General Fund Account!

Don't Miss Out!

Employees who want to purchase a 5 gallon bucket may do so at .50 cents per bucket. Please contact Dietary Department at (641) 753- 4318 to coordinate.



Training pays off! A certificate was presented to Joyce Myers on Thursday, June 18, 2015 for her actions that she performed while a resident was choking in the Atha Dining Facility during a morning meal time.

L-R: Commandant Tymeson, Susan Wilkinson and Melissa Sienknecht present IVH employee Joyce Myers (with certificate) with a certificate for applying the Heimlich Maneuver on a resident in the Atha Dining Facility. Joyce is a 38 year employee here are IVH. Way to go!!

