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ALL-AMERICAN TRADITION
IOWA TRACK AND CROSS-COUNTRY 1984-85



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UI Track Coach Jerry Hassard would like to extend a special thank you to the following individuals for the photographs they have supplied: Laura Friedlander, Bill Paxson, the members of the *Daily Iowan* photography staff, the members of the *Iowa City Press-Citizen* photography staff, and the members of the Office of Public Information photography staff.

TRACK AND FIELD

All-American Tradition

"We're establishing a tradition. Our objective over the next three to five years is to demonstrate to the running world that The University of Iowa is a developing track center in the United States."

—Head Coach Jerry Hassard



TRACK AND FIELD

Jerry Hassard

Head Coach

Since coming to Iowa nine years ago, Jerry Hassard has developed women's track and field and cross-country into teams which compete for Big Ten Conference and NCAA honors annually.

Hassard has directed the Hawkeyes to two tenth-place finishes in national championships and several upper-division finishes in Big Ten indoor and outdoor track meets. En route he's coached several all-Americans and Big Ten champions, including Olympic-caliber sprinters Kay Stormo, Elaine Jones, Vivien McKenzie, Davera Taylor, and highly regarded distance specialists Nan Doak and Jenny Spangler.

The Hawkeye cross-country team has flourished under Hassard's leadership also. In 1980, Iowa placed tenth at the AIAW National Championship. Two years later the team captured the Big Ten Conference title and placed fifth at the prestigious TAC National Cross-Country Championship. Doak gained individual notoriety when she participated in the 1983 World Cross-Country Championship in Gateshead, England, as a member of the first-place United States squad. She also participated in the 1984 world meet.

Hassard also has extensive TAC experience and success, including a New England Championship title with the Rhode Island Women's Track Club.

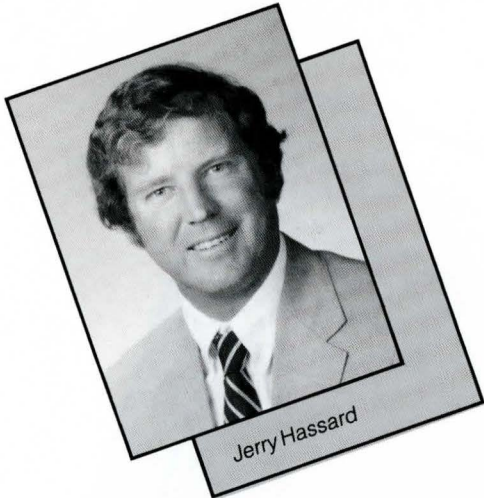
Hassard received numerous honors and awards as a standout member of the Rhode Island track and cross-country squads, including an IC4A title in the 600-yard run. As a high school coach, he guided St. Xavier Academy to an undefeated season and later led East Greenwich High School to two Rhode Island state championships.

Hassard has been a guest speaker at such events as the Grandma's Marathon, MS Marathon Sports Symposium, and U.S. Olympic Development Clinics as well as track and cross-country camps at various Big Ten institutions. He was appointed director of the 1984 TAC Development Camp for middle distance and distance running. That camp was held on the Iowa campus.

Hassard earned bachelor's and master's degrees from the University of Rhode Island.

"We are very fortunate to have one of the largest women's track staffs in the country. Rapid learning and technical development take place when each of five highly qualified specialists works closely with very small groups of athletes in specific event or training activities."

—Head Coach Jerry Hassard



"The atmosphere at the University was very interesting and coach Hassard spoke well of college life at the UI."
—Nan Doak

TRACK AND FIELD

Bill Knoedel —

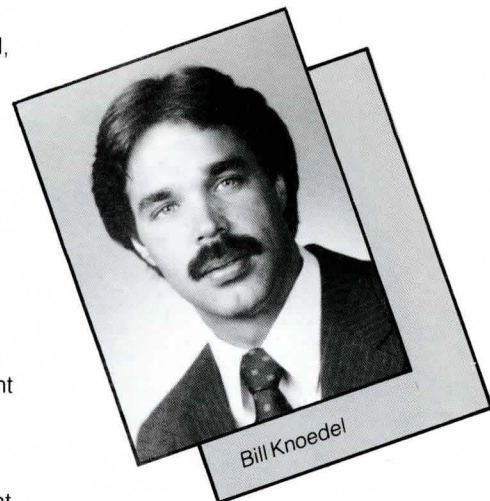
Assistant Coach

Beginning his second year as assistant coach is Bill Knoedel, a former all-American high jumper for Iowa. His areas of responsibility at the UI are sprints, hurdles, field events, and the multi-events.

Knoedel earned all-American honors four times during his track career at the UI. In 1975 he finished second in the NCAA National Track Championships. During the '76 season he won titles at TAC, Big Tens, Drake Relays, and Kansas Relays.

Knoedel's career includes international level success as an athlete as well as publication of articles on biomechanics of field events as an educator. He received national recognition when appointed coordinator of a recent Olympic development high jump camp.

Knoedel received his bachelor's degree from the UI in 1977 and his master's degree in 1981. Knoedel returned to his alma mater in the summer of 1983 after having been assistant men's track coach at Illinois State University.



Bill Knoedel

Graduate Assistant Coaches

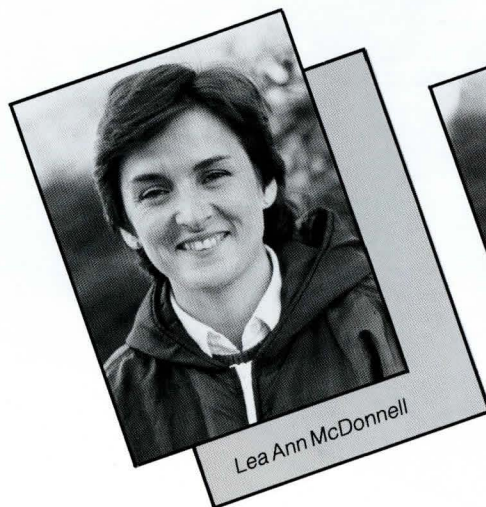
The efforts of the Head Coach Jerry Hassard and Assistant Coach Bill Knoedel are bolstered by the work of three very qualified graduate assistant coaches.

Former all-American Brenda Calhoun shares her expertise with Iowa's hurdlers and sprinters while Terri Soldan, a former throwing events standout for the Hawkeyes, assists the UI's throwers. Both Calhoun and Soldan are in their second year with the program.

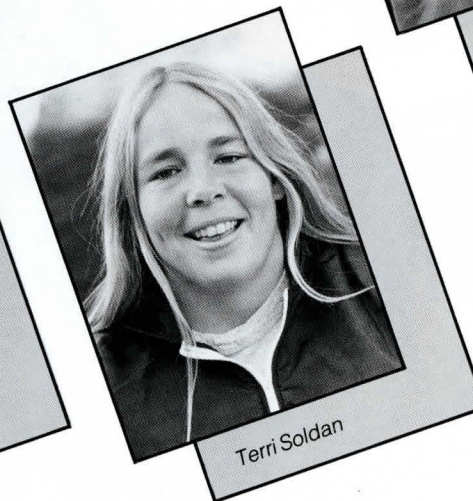
New to the UI coaching squad is Lea Ann McDonnell. An eight-year veteran high school track and cross-country coach, Lea Ann assists Iowa's middle distance and distance runners.



Brenda Calhoun



Lea Ann McDonnell



Terri Soldan

Building the Tradition

1980 Cross-Country

October 3 at Ames, Iowa—The Hawkeyes stun the field at the AIAW REGION 6 CHAMPIONSHIP, upsetting three-time and defending champion Iowa State, 48-77, to take the team title and qualify for the first time for the national cross-country championship.

November 15 at Seattle, Washington—Three freshmen and 2 juniors lead the Hawkeyes to a tenth-place finish at the AIAW NATIONAL CROSS-COUNTRY CHAMPIONSHIP. Nan Doak receives all-American honors for her tenth-place finish.

November 28—Iowa moves to No. 10 in national AIAW Coaches Poll.

1981 Track

February 20-21 at Champaign, Illinois—Nan Doak wins the three-mile run in conference record time of 16:14.78 as the Hawkeyes take third place at the BIG TEN INDOOR TRACK CHAMPIONSHIPS.

March 13-14 at Pocatello, Idaho—A record contingent of 12 Hawkeye runners travel to the AIAW NATIONAL INDOOR TRACK CHAMPIONSHIPS.

May 1-2 at East Lansing, Michigan—The Hawkeyes duplicate their efforts of the indoor season, notching a third-place team finish at the BIG TEN OUTDOOR TRACK CHAMPIONSHIPS.

1982 Track

February 26-27 at Bloomington, Indiana—A record-breaking performance is turned in by Iowa's Nan Doak at the BIG TEN INDOOR TRACK CHAMPIONSHIP. The Hedrick, Iowa, native shatters her own Big Ten record in the three-mile run, coming home in American record time of 15:27.53.

"I was impressed with the coaching staff's genuine concern for the athlete's athletic and academic performance." — Elaine Jones

*"The University of Iowa offered me more of the things I was looking for in a college."
— Davera Taylor*



"I liked the athletic and academic programs. I also enjoyed the atmosphere of the campus and the friendliness of the people." — Jenny Spangler

*"I already knew Iowa was a great school because several friends also attended the University."
— Roxanne Reynolds*

*"I couldn't turn down the offer to attend the University of Iowa. It was evident to me that the program was up and coming and that every effort was going to be made to meet my academic interests."
— Vivien McKenzie*

March 11-13 at Cedar Falls, Iowa—Iowa has four individuals crowned all-American en route to a tenth-place tie with Penn State at the AIAW NATIONAL INDOOR TRACK CHAMPIONSHIPS. Nan Doak earns all-American honors in three events and Kay Stormo in two while Jenny Hayden and Chris Davenport each are named all-American in one event.

May 27-29 at College Station, Texas—Iowa has five athletes crowned all-American en route to a tenth-place finish at the AIAW NATIONAL OUTDOOR TRACK CHAMPIONSHIP. Iowa's all-Americans are Kay Stormo (second in the 800-meter run), Nan Doak, Kathy Gillespie, Jodi Hershberger, and Jenny Spangler.

1982 Cross-Country

September 11—Iowa is ranked sixth in the nation in a national NCAA Coaches Poll.

November 6 at Iowa City, Iowa—Iowa captures its first BIG TEN CROSS-COUNTRY CHAMPIONSHIP title, defeating Wisconsin, 70-76. The Hawkeyes are paced by Nan Doak, who leads the 5,000-meter race up until the final 200 yards before finishing third.

November 22 at Bloomington, Indiana—Nan Doak, Iowa's representative at the NCAA NATIONAL CROSS-COUNTRY CHAMPIONSHIPS, places tenth overall to earn her second all-American award in cross-country.

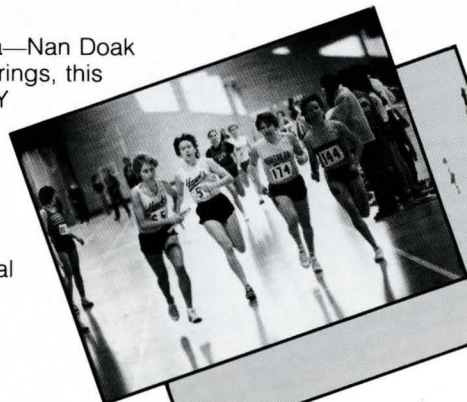
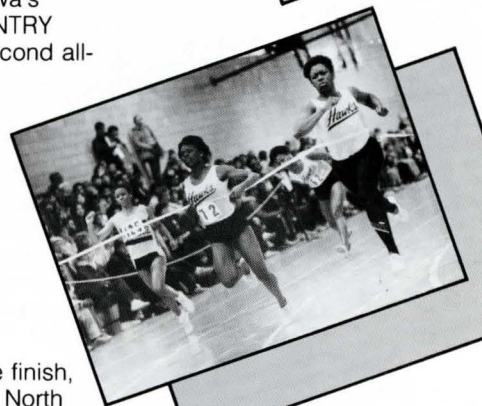
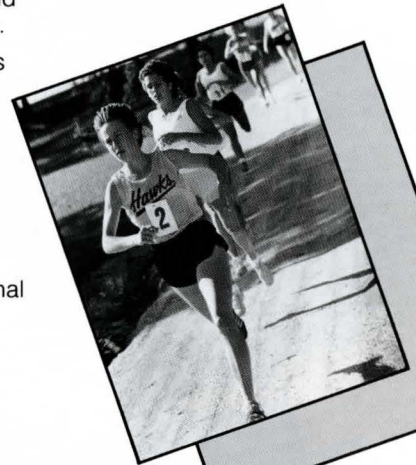
November 29 at East Rutherford, New Jersey—Iowa takes fifth place at the highly competitive TAC NATIONAL CROSS-COUNTRY CHAMPIONSHIP. The Hawkeyes again are led by Nan Doak, who finishes tenth overall to earn a berth on the U.S. team which will compete at the World Cross-Country Championship in England in March 1983.

1983 Cross-Country

November 21 at Bethlehem, Pennsylvania—In a close finish, Nan Doak takes runner-up honors to Betty Springs of North Carolina State and Jenny Spangler finishes twentieth at the NCAA NATIONAL CROSS-COUNTRY CHAMPIONSHIP. Both Iowa runners receive all-American honors.

November 25 at University Park, Pennsylvania—Nan Doak again captures runner-up position to Betty Springs, this time at the TAC NATIONAL CROSS-COUNTRY CHAMPIONSHIP. Jenny Spangler finishes thirtieth. By virtue of her second-place finish, Doak again qualifies for the six-member U.S. team which will compete at the World Cross-Country Championships in March 1984.

December 4—Iowa is ranked No. 11 in national NCAA Coaches Poll.



TRACK AND FIELD

1983 Track

January 29 at Louisville, Kentucky—Hawkeye sophomore Elaine Jones claims first place in the 60-meter dash competition of the prestigious MASON-DIXON GAMES.

February 12 at Toronto, Canada—Kathy Gillespie, representing the U.S., places ninth overall and fourth among the American entries in a combined U.S.A. vs. CANADA meet and the TAC/USA NATIONAL PENTATHLON CHAMPIONSHIPS. Her participation marks the first time in Iowa history a track athlete competes internationally.

March 4-5 at Madison, Wisconsin—Kathy Gillespie establishes a new Big Ten record in the pentathlon and Elaine Jones wins the 60-yard dash competition at the BIG TEN INDOOR TRACK CHAMPIONSHIPS. Gillespie's winning total is 4,079 points.

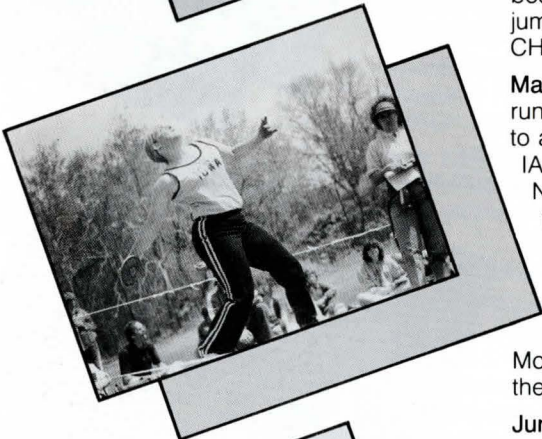
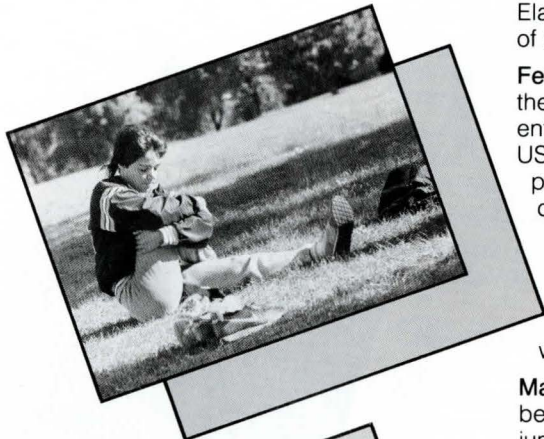
March 12 at Pontiac, Michigan—Mary Mol clears a personal best and school record 6'0" to take second place in the high jump competition at the NCAA NATIONAL INDOOR TRACK CHAMPIONSHIPS.

March 20 at Gateshead, England—A squad of American runners led by Joan Benoit and Betty Springs takes the U.S. to a 31-41 edge over a U.S.S.R. team and first place in the IAAF WORLD CROSS-COUNTRY CHAMPIONSHIP. Iowa's Nan Doak, running in her first international competition, finishes fifth for the Americans, completing the course in 14:36.

May 21-22 at West Lafayette, Indiana—Iowa scores a school record 82 points to claim third place at the BIG TEN OUTDOOR TRACK CHAMPIONSHIPS. Vivien McKenzie is the Hawkeyes' lone event winner, taking first in the 100-meter dash competition.

June 2 at Houston, Texas—Iowa distance specialists Nan Doak and Jenny Spangler each earn all-American honors with top finishes in the 5,000-meter and 10,000-meter races, respectively, at the NCAA NATIONAL OUTDOOR TRACK CHAMPIONSHIPS.

June 11 at Duluth, Minnesota—Running in the first marathon of her career, Jenny Spangler outmaneuvers 5,500 runners, including 1,000 women competitors, to claim first place at the GRANDMA'S MARATHON and establish a new world record for 19 year olds. Spangler's winning time of 2:33.51 qualifies her for the U.S. Women's Olympic Marathon Trials to be held in May 1984 at Olympia, Washington.



TRACK AND FIELD

1984 Track

January 14 at Houston, Texas—Jenny Spangler runs 2:37 to finish second to world-ranked Ingrid Kristensen of Norway in a field of 1,000 women at the HOUSTON-TENNECO MARATHON.

January 27 at New York, New York—Elaine Jones is the first Hawkeye to compete in the prestigious WANNAMAHER-MILLROSE GAMES. She finishes fifth in the final of the 60-yard dash.

February 3-4 at Louisville, Kentucky—Iowa's Mary Mol wins the invitational high jump competition at the MASON-DIXON GAMES.

March 2-3 at Champaign, Illinois—Elaine Jones becomes Iowa's first-ever double event winner in conference competition by winning the 60- and 300-yard dash events at the BIG TEN INDOOR TRACK CHAMPIONSHIPS.

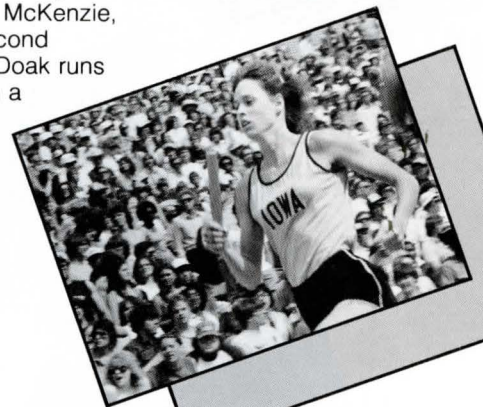
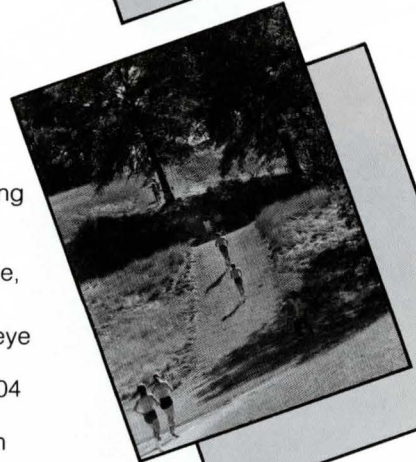
March 24 at Rutherford, New Jersey—The U.S. team wins the World Cross-Country Championship behind the running of Betty Springs, who finishes ninth. Nan Doak of Iowa runs 16:48 for thirty-second place in a field of 200 world-class athletes.

April 17-21 at Lawrence, Kansas—Nan Doak wins the KANSAS RELAYS' 5,000-meter run with a time of 16:19.76.

May 12 at Olympia, Washington—Jenny Spangler, competing in the 200-runner field of the U.S. WOMEN'S OLYMPIC MARATHON TRIALS, moves to fifth position at the 18-mile mark before suffering a broken foot. She completes the race, finishing thirty-third with a 2:40.18 clocking.

June 7-9 at San Jose, California—Competing for the Hawkeye Track Club, the 400-meter relay team of Vivien McKenzie, Elaine Jones, Brenda Calhoun, and Davera Taylor runs 45.04 to edge runners-up Atoms Track Club for first at the 1984 TAC NATIONAL OUTDOOR TRACK CHAMPIONSHIPS. Nan Doak finishes second in the 5,000-meter run.

June 16-24 at Los Angeles, California—Four Iowa Hawkeyes compete in the U.S. OLYMPIC TRACK TRIALS. Vivien McKenzie, Davera Taylor, and Elaine Jones advance to the second round of competition before being eliminated. Nan Doak runs a personal best of 15:47 in the 5,000-meter to finish a close eighth.



*"The staff and students at Iowa were so helpful and friendly during my visit it was difficult not to choose to attend The University."
—Kristi Dinkla*

*"The biggest reason for my selecting The University of Iowa was the friendly atmosphere. People here treat you with respect."
—Gail Smith*

TRACK AND FIELD

The Hawkeyes



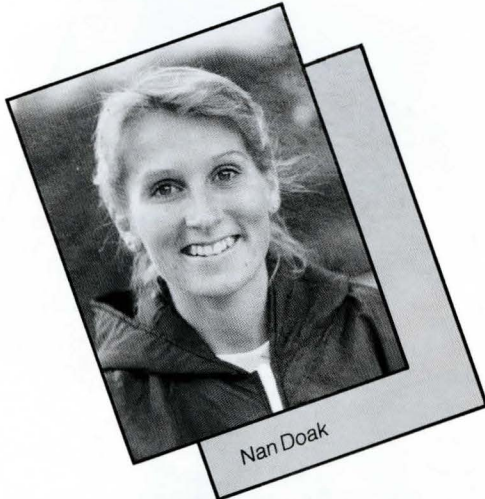
Kristi Dinkla

KRISTI DINKLA, Massena, IA

One of several newcomers to the Hawkeye lineup, Kristi will join forces with upperclassman Mary Mol as Iowa's high jumpers . . . a four-year member of the Cumberland Massena High School track squad, she won indoor and outdoor state high jump titles her senior year.

NAN DOAK, Hedrick, IA

Iowa's much-heralded distance runner returns to the Hawkeye lineup after sitting out the 1984 track seasons in preparation for the Olympic trials . . . an eight-time all-American, Doak holds eight school records including those for the 3,000- and 5,000-meter runs . . . set the American record in the three-mile run in 1981 . . . also a standout during her four years on the UI cross-country team, she earned all-American status three times, including the 1983 season when she finished second in the NCAA meet . . . placed second in the TAC meet that 1983 season . . . participated in two World Cross-Country Championships as a member of the United States squad . . . nominated for the cross-country Broderick Award her senior year . . . received the prestigious Southland Corp. Olympia Award for her outstanding athletic and academic activities.



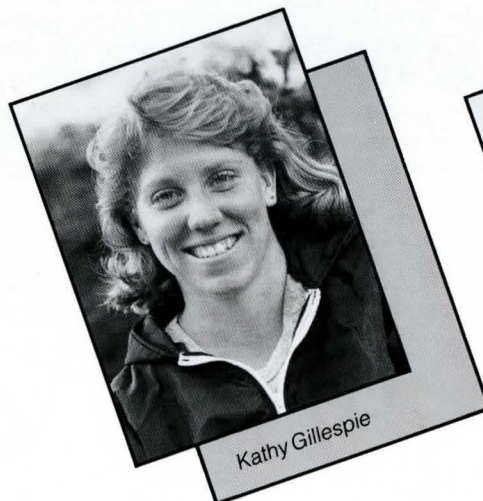
Nan Doak

KATHY GILLESPIE, Lamoni, IA

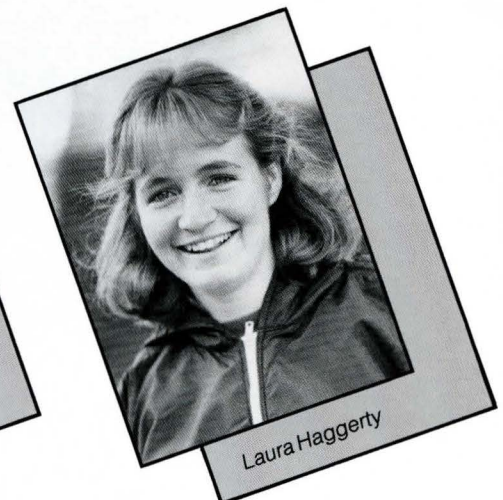
Record-setting multi-event athlete returns to the Hawkeyes for her fourth season . . . established the school record in the pentathlon when she scored 4,079 points to win the 1983 Big Ten Indoor Championships . . . placed second in the 1980 AIAW national meet and fourth in the '83 TAC Championships . . . also placed ninth in a field of 24 participants in a dual meet with Canada . . . her appearance in Canada marked the first international competition for a Hawkeye track athlete . . . established the heptathlon school record when she scored 5,448 points at the 1983 Southern California Invitational . . . a two-time Iowa AAU Track Woman Athlete of the Year.

LAURA HAGGERTY, Evergreen Park, IL

Laura is a former Illinois state high school cross-country champion who will add depth to what already is a formidable middle distance group . . . took second place in the mile at the 1984 Illinois State High School Track Championships and was Prairie State Games champion in the 3,000-meter race . . . enters college sporting a personal best of 9:48 and 4:29.8 in the 3,000- and 1,500-meter events . . . captained her high school track and cross-country teams her senior year.



Kathy Gillespie



Laura Haggerty

TRACK AND FIELD

SENTA HAWKINS, Des Moines, IA

An outstanding three-sport athlete while attending Des Moines Hoover High School, Senta will become a full-time sprinter for the Hawkeyes . . . earned all-city, all-Metro Conference and fourth-team all-state honors as a guard on the Hoover basketball squad . . . participated in the Junior Nationals in track last summer in Los Angeles . . . brings personal bests of 12.00 in the 100-meter dash and 23.9 in the 200 and lots of top meet relay experience to Iowa . . . captained the 1984 Hoover cross-country team.

ELAINE JONES, Detroit, MI

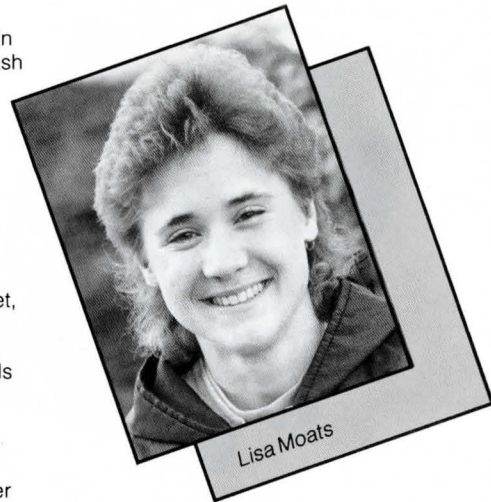
Record-setting sprinter begins her third season with the Hawkeyes after a busy junior year . . . participated in the National Sports Festival, Mason-Dixon Games, Wannamaker-Millrose Games, TAC Indoor and Outdoor championships, Drake Relays, and Olympic Trials last year in addition to the Hawkeyes' full slate of collegiate competition . . . became Iowa's first double-winner at a Big Ten meet, taking firsts in last year's Big Ten Indoor 60- and 300-yard dash events . . . set a school mark and defended her 1983 title in the 60 . . . holds Iowa's indoor 300-meter and outdoor 400-meter records while sharing several relay marks with teammates . . . ran with teammate Vivien McKenzie on Detroit's Motor City Track Club.

VIVIEN MCKENZIE, Southfield, MI

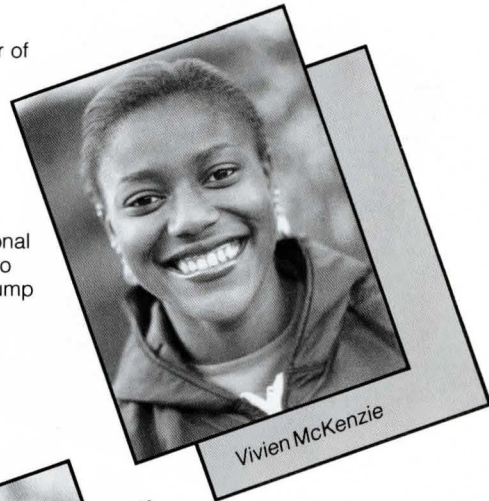
One of Iowa's track tri-captains, Vivien returns to run the sprints after capturing her second straight Big Ten 100-meter title last spring . . . established the UI's 100-meter record when she was clocked at 11.50 during her sophomore season . . . also a member of Iowa's record-holding 4 x 100-meter quartet and the 800-meter medley relay team . . . participated in the TAC Outdoor National Championship, NCAA Indoor and Outdoor meets, the Olympic Trials last year, and the last two Drake Relays.

LISA MOATS, Knoxville, IA

A recent transfer to Iowa, Lisa was a standout jumping-events specialist at Northeast Missouri State University . . . boasts a personal best of 19'3" in the long jump . . . should add strength and depth to that event as well as lending her talents to help bolster the triple jump for Iowa . . . may also participate in sprints and short relay events.



Lisa Moats



Vivien McKenzie



Senta Hawkins



Elaine Jones

TRACK AND FIELD

MARY MOL, Jenks, OK

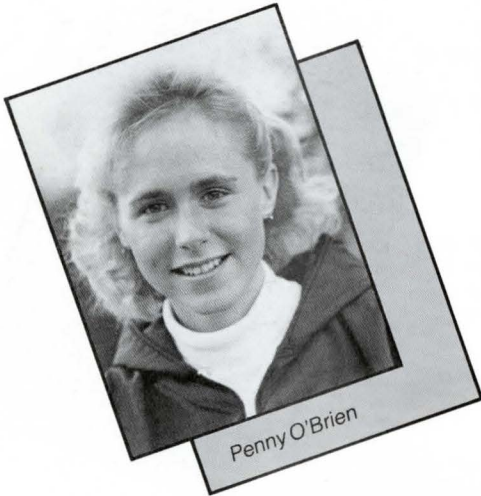
A three-time Iowa prep champion and former state record holder while competing for Sioux Center High School, Iowa's record-holder in the high jump earned all-American honors in her specialty by finishing second with a leap of 6'0" at the 1983 NCAA Indoor Track Championships . . . won the invitational high jump competition at last year's Mason-Dixon Games in Louisville, Kentucky . . . also competed in both NCAA meets and the TAC Indoor Track Championship in 1984 . . . was the Big Ten indoor runner-up the past two seasons and took second place at the 1983 conference outdoor meet . . . earned runner-up honors at the 1984 Kansas Relays and Drake Relays as a collegian.



Mary Mol

PENNY O'BRIEN, Fairport, NY

Now participating in her final seasons of track, Penny has been one of Iowa's mainstays in the middle distance races . . . a steady scorer in Big Ten competition and regular participant in national championship and big meet events, her top performances include a Kansas Relays' crown in the 1,500-meter run . . . should help the 4 x 800-meter relay squad in 1985 . . . captained the Iowa squad a year ago.



Penny O'Brien

CECILIA RAMON, Buenos Aires, Argentina

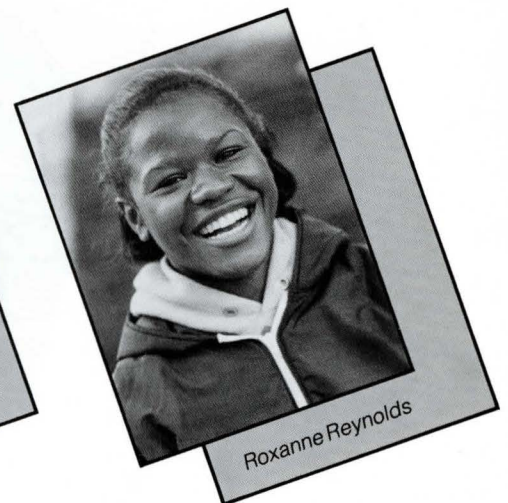
Argentinian middle distance standout has competed in track and cross-country in her home country for several years and is considered one of its top junior runners . . . has participated in the Pan American Junior Games in the 3,000-meters . . . with personal bests of 4:38 in the 1,500 and 9:54 in the 3,000, she should compete well at the big meets and also help provide the Hawkeyes with big points in Big Ten competition.

ROXANNE REYNOLDS, Omaha, NE

Very promising two-event champion at last year's Nebraska state high school championships . . . will run the sprint events for the Hawkeyes . . . won titles in the 100- and 200-meter events at the state meet en route to her third straight year on Nebraska's all-state track squad . . . captained Bryan High School's cross-country and track squads as a senior.



Cecilia Ramon



Roxanne Reynolds

TRACK AND FIELD

GAIL SMITH, Shirley, IL

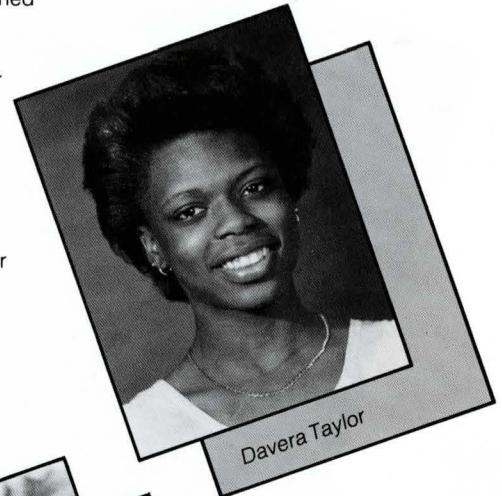
Iowa's top thrower returns as a tri-captain for 1985 Hawkeye track team . . . has represented Iowa at several top meets including Drake and Kansas relays, NCAA and TAC national competitions . . . was runner-up in Big Ten shot put competition in 1983 . . . is coming on strong in discus competition as an upperclassman . . . holds Iowa indoor and outdoor shot put records with throws of 48'9½" and 48'2", respectively . . . her school-record mark in the discus is 158'2".

JENNY SPANGLER, Rockford, IL

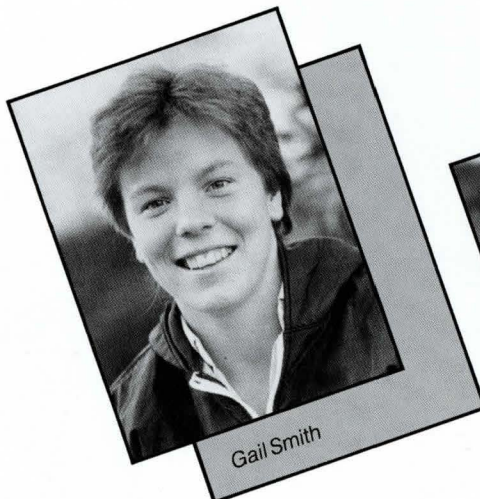
Iowa's much-traveled and highly touted distance standout returns to the Hawkeye track squad after redshirting the 1984 season in preparation for the U.S. Women's Olympic Marathon Trials . . . she fell short in her bid to make the American squad, finishing thirty-third with a 2:40.18 time . . . was running fifth at the eighteenth mile before injuring foot . . . claimed top honors in her very first marathon, Grandma's Marathon in Duluth, Minnesota, two years ago, coming home in a world age-group record time of 2:33.51 . . . earned cross-country all-American honors for the first time in her career when she placed twentieth in the 1983 NCAA meet . . . also ran in the TAC Championship, finishing thirtieth overall . . . has twice earned all-American status in the 10,000-meter run with a personal best of 33:39. . . holds Iowa's school record in that event as well as the marathon . . . turned down \$10,000 prize money for her second place finish in the Houston-Tenneco Marathon last January . . . she finished runner-up to world-ranked Ingrid Kristiansen of Norway . . . was cocaptain of the 1984 UI cross-country team and will also share leadership responsibilities as tri-captain for the 1985 track squad.

DAVERA TAYLOR, Harvey, IL

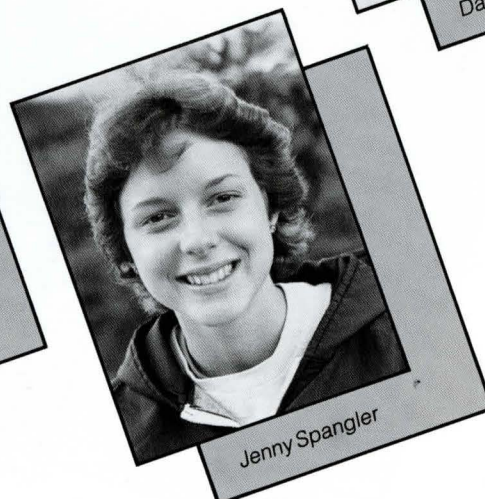
Sophomore burst onto the scene last year, qualifying for NCAA, TAC, and Olympic Trials competition while setting Iowa records in the long jump and 200-meter dash . . . her long jump mark of 19'1½" was registered in just her second collegiate attempt . . . scored big points for Iowa at the Big Ten indoor and outdoor meets, placing second in the 60-meter, 100-meter, and 200-meter dash events . . . should again be a strong member of Iowa's sprint relay teams.



Davera Taylor



Gail Smith



Jenny Spangler

The UI and Hawkeye Athletics

Whether you aspire to a career in dentistry or business, nursing or communications, law or music, the opportunity to reach and exceed your academic potential is of the highest priority to the administrators and faculty of The University of Iowa.

Academics is a very serious consideration for the student and one which is taken just as seriously by the entire athletics staff.

Few universities can match The University of Iowa's academic resources. In all, the UI is comprised of ten colleges—Liberal Arts, Graduate, Business Administration, Medicine, Engineering, Law, Nursing, Pharmacy, Dentistry, and Education—and seven schools—Art and Art History, Journalism and Mass Communication, Letters, Library Science, Music, Religion, and Social Work.

The UI has long been recognized as an innovator in speech pathology, creative writing, science, and medicine. Iowa also is famous for having the largest university-owned teaching hospital in the nation and for playing a major role in this country's exploration of space.

Few universities can boast of a more successful athletic program than what has developed over the years at The University of Iowa. The simple truth is that winners are in abundance in Iowa City:



TRACK AND FIELD

—Under the direction of Hayden Fry, the UI football team has played in four consecutive bowl games and was ranked as high as third in the nation in polls prior to the 1984 season.

—The Hawkeye women's basketball team ranked second in the nation in attendance in 1983-84, the first season under highly successful coach C. Vivian Stringer.

—Iowa's two swimming teams battle for the Big Ten title year in and out, and also represent the University well at NCAA competition.

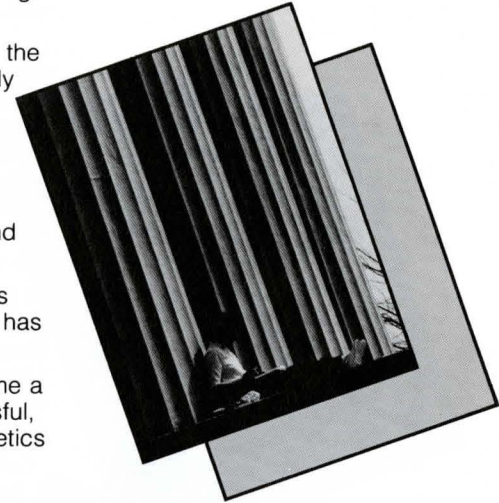
—The Iowa field hockey team has won four Big Ten titles and placed second nationally in 1984.

—Wrestling at Iowa is legendary for two reasons: the team is coached by internationally known Olympian Dan Gable and has won seven consecutive NCAA championships.

The list goes on and on. Suffice to say that when you become a Hawkeye, you've joined forces with one of the most successful, most progressive athletic departments in intercollegiate athletics today.

"I have traveled to virtually all 50 states and visited several major cities, and Iowa City is still my favorite. It's the perfect environment for the development of women's track. The immediate area offers a very uplifting, fresh athletic spirit that welcomes the serious runner. The atmosphere here must be experienced before one can fully understand Iowa City's unique motivating qualities."

—Head Coach Jerry Hassard



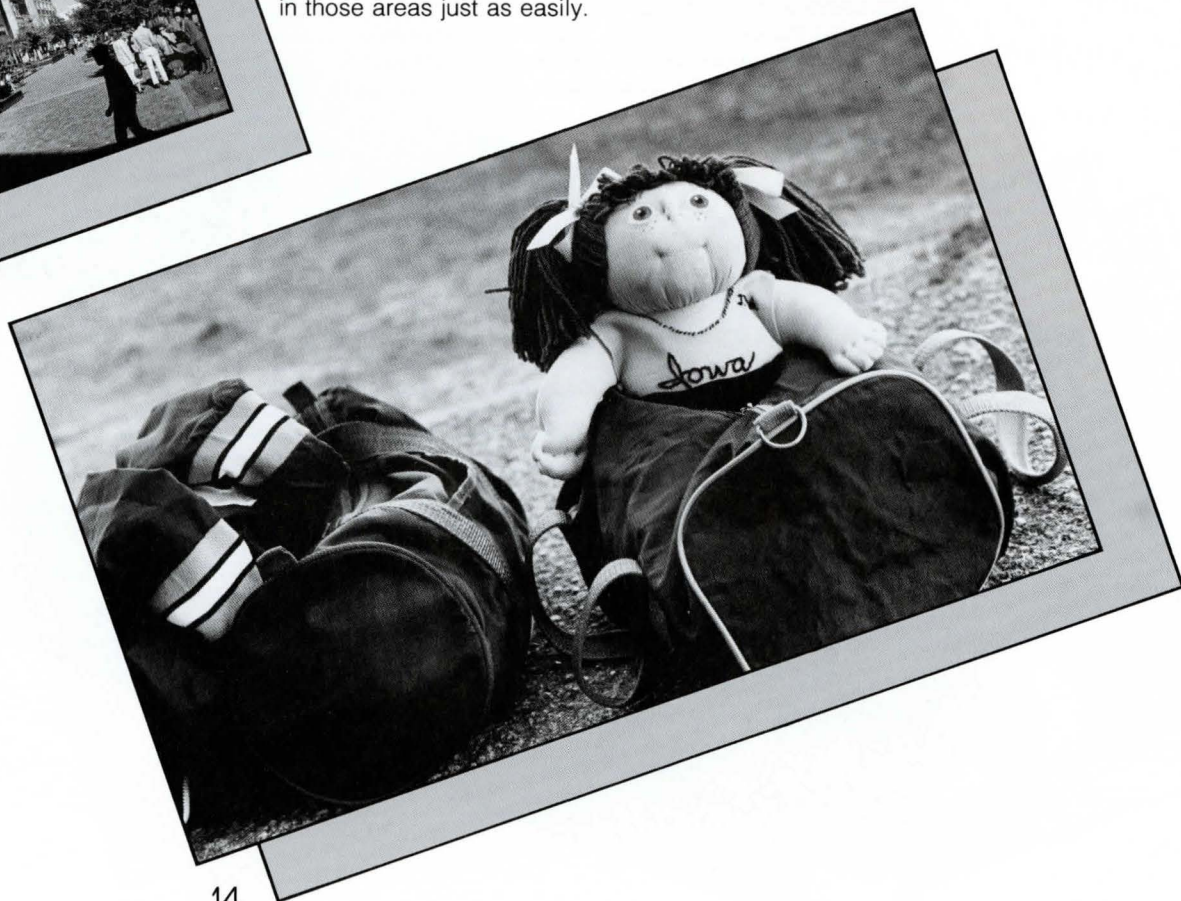
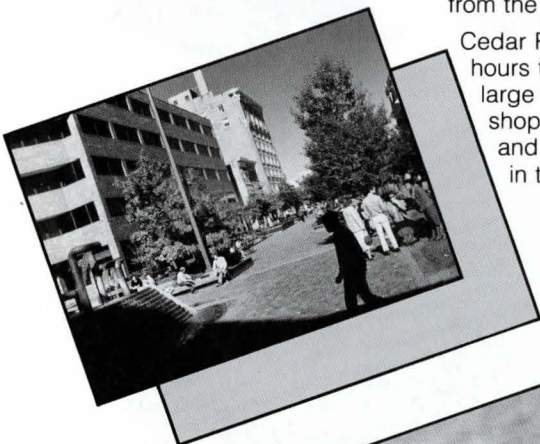
Iowa City: A Tale of Two Communities

Some universities offer the large city atmosphere. Others offer the college town experience. The University of Iowa is uniquely situated to offer the best of these two very different experiences.

Iowa City truly is one of the great college towns in America. The city springs to life on football Saturdays when more than 66,000 Hawkeye fans from across the state and Midwest fill Kinnick Stadium. In fact, so strong is the fans' allegiance to Hawkeye athletics that many arrive early to the campus to catch a glimpse of the UI men's and women's basketball teams during informal practice sessions in Carver-Hawkeye Arena or browse through the many shops in the two shopping malls adjacent to the University.

At the same time, Iowa City is located about 200 miles from five major midwestern cities, including Chicago, St. Louis, and Minneapolis, and 25 miles south of Cedar Rapids, a city of over 100,000 population. The Cedar Rapids Airport—the UI's link to several major airports in America's heartland—is minutes away from the UI campus.

Cedar Rapids and Des Moines, the state capital located two hours to the west of Iowa City, offer all the advantages of a large metropolitan city, such as entertainment, fine dining, shopping, industry, and commerce. However, Iowa City and the University can satisfy any student's needs in those areas just as easily.



Hawkeye Facilities—

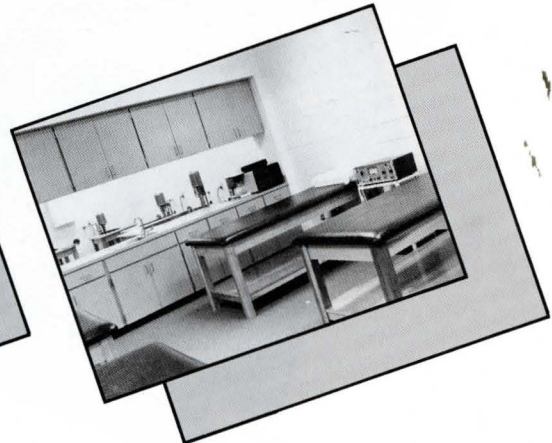
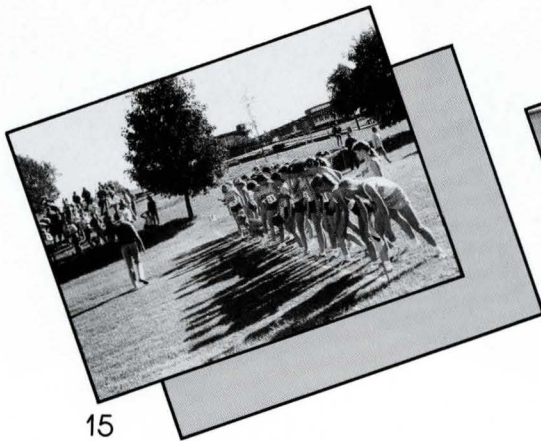
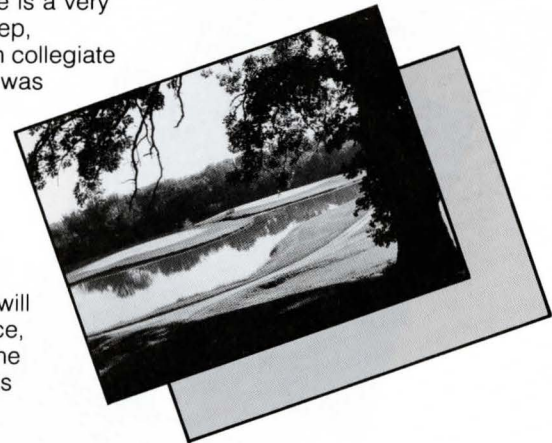
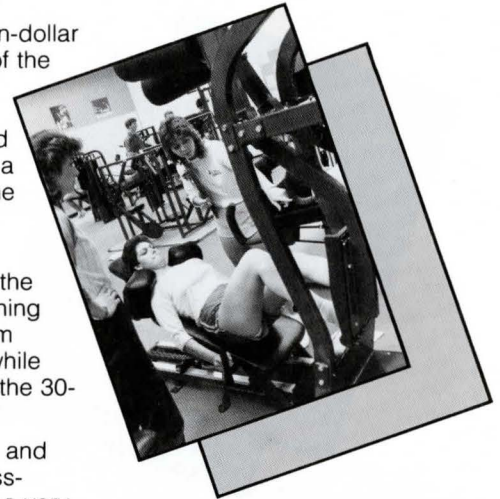
The Iowa women's track and cross-country teams practice, work out, and compete at four of the UI's athletics facilities: the UI Recreation Building, Carver-Hawkeye Arena, Finkbine Golf Course, and the soon-to-be-completed UI Outdoor Track.

Iowa's indoor practice and competition site is the multimillion-dollar UI Recreation Building. Located within walking distance of the University's west-side dormitories, Kinnick Stadium and Carver-Hawkeye Arena, the Rec Building houses a six-lane, Proturf circuit. Locker rooms for the women's and men's track squads are also located in the building as is a spacious weight-lifting area. Opened originally in 1970, the facility recently underwent a face-lift which included a complete resurfacing of the track.

Seventeen-million-dollar Carver-Hawkeye Arena provides the Hawkeyes with perhaps the most modern weight and training room facilities in the Big Ten Conference. The weight room includes the most modern Nautilus equipment available while the spacious training and medical care area is prized by the 30-plus members of the UI training staff.

Finkbine Golf Course, the site for the 1982 Big Ten Men's and Women's Cross-Country Championships, is where all cross-country events sponsored by Iowa are run. The course is a very scenic layout typified by varied, rolling terrain and steep, challenging hills which traditionally bring out the best in collegiate runners and golfers alike. The course record of 17:11 was established by Missouri's Andrea Fischer just last fall. The University-owned and operated facility is open year-round to runners and between April and late October to golfers.

Currently under construction with a June 1985 completion date is Iowa's new outdoor track facility. Located adjacent to the Iowa Softball Complex within walking distance of Carver-Hawkeye Arena, the track will feature an eight-lane, 400-meter Mondo Rubber surface, the same material used in the track facilities built for the 1976 Olympic Games in Montreal and the 1980 Games in Moscow.



*"What first attracted me to Iowa was the strong academic tradition. Then I discovered the history of excellence extended to athletics and the competitive pursuit of goals which fit my individual philosophy of running."
-Maribeth See*

TRACK AND FIELD

Hawkeye Honor Roll -

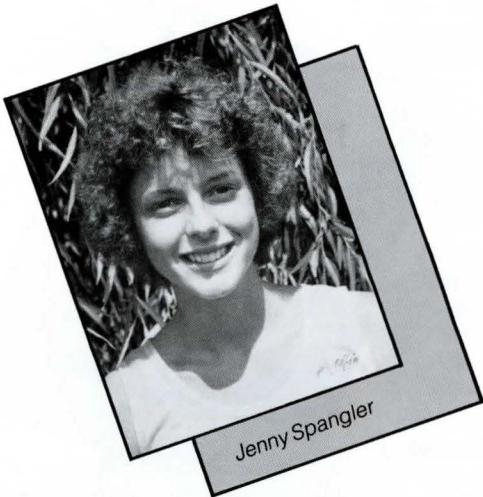
All-Americans

Name

CHRIS DAVENPORT
NAN DOAK

Event, Year

Distance Medley Relay, 1982
Cross-Country, 1980, 1982,
1983
2-mile Run, 1982
3-mile Run, 1982
Distance Medley Relay, 1982
5,000-meter Run, 1983
Heptathlon, 1982
Distance Medley Relay, 1982
3,000-meter Run, 1982
High Jump, 1983
Cross-Country, 1983
10,000-meter Run, 1982, 1983
Distance Medley Relay, 1982
880-yard Run, 1982
800-meter Run, 1982



KATHY GILLESPIE
JENNY HAYDEN
JODI HERSHBERGER
MARY MOL
JENNY SPANGLER

KAY STORMO

Big Ten Champions

Name

NAN DOAK

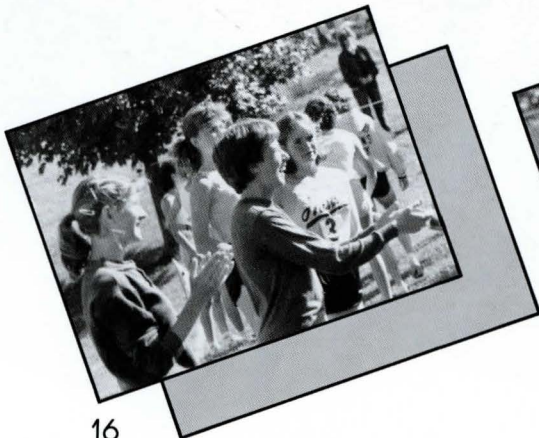
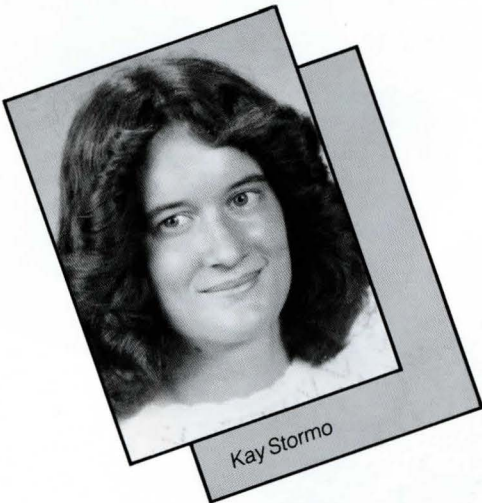
Event, Year

3-mile Run, 1981, 1982
5,000-meter Run, 1982
400-meter Hurdles, 1978
3,200-meter Relay, 1979
60-yard Run, 1983
300-yard Run, 1983
100-meter Dash, 1982, 1983
3,200-meter Relay, 1979
600-meter Run, 1979
3,200-meter Relay, 1979
800-meter Run, 1980
880-yard Run, 1982
3,200-meter Relay, 1979

AMY DUNLOP
ROSE DRAPCHO
ELAINE JONES

VIVIEN MCKENZIE
ELIZABETH MITCHELL
KAY STORMO

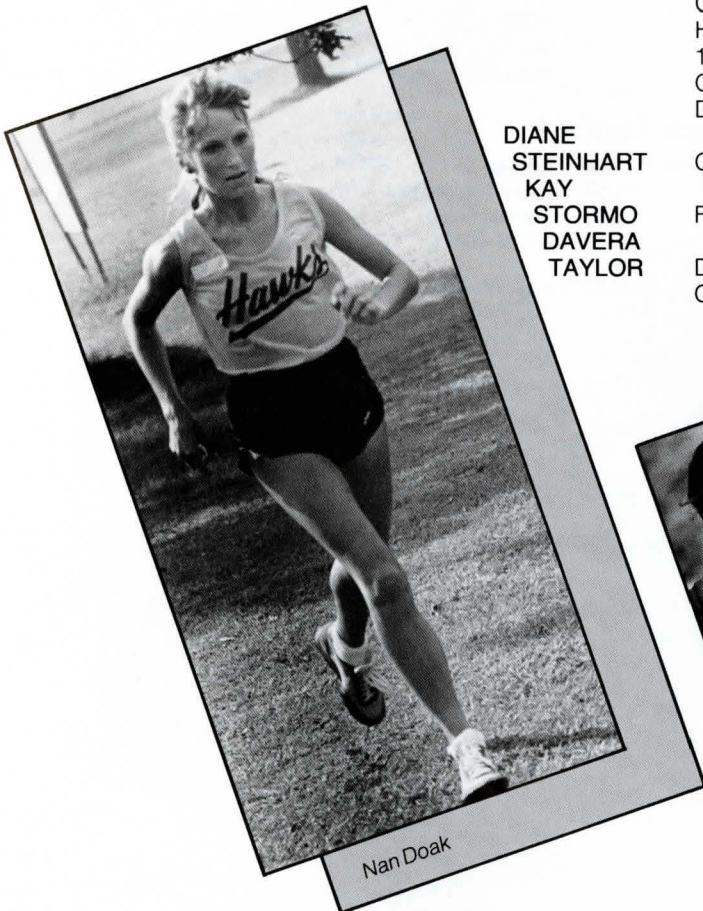
DIANA SCHLADER



TRACK AND FIELD

Elite-Meet Participants

Name	Meet, Year
AMY DUNLOP	Olympic Trials, 1980
NAN DOAK	TAC Cross-Country, 1982, 1983
	World Cross-Country, 1982, 1983
	Drake Relays, 1982, 1983
	Kansas Relays, 1982, 1983
	Olympic Trials, 1984
	Bonne Belle 10k, 1984
KATHY GILLESPIE	USA vs. Canada/TAC Pentathlon, 1983
	Drake Relays, 1982, 1983
ELAINE JONES	Mason-Dixon Games, 1983
	Drake Relays, 1983
	Olympic Trials, 1984
VIVIEN MCKENZIE	Drake Relays, 1983
	Olympic Trials, 1984
MARY MOL	Mason-Dixon Games, 1984
	Drake Relays, 1982, 1983, 1984
PENNY O'BRIEN	Kansas Relays, 1982
JENNY SPANGLER	TAC Cross-Country, 1983
	Grandma's Marathon, 1983
	Houston-Tenneco Marathon, 1984
	Olympic Marathon Trials, 1984
	Drake Relays, 1983
DIANE STEINHART	Olympic Trials, 1980
KAY STORMO	Florida Relays, 1982
DAVERA TAYLOR	Drake Relays, 1984
	Olympic Trials, 1984



Nan Doak



TRACK AND FIELD

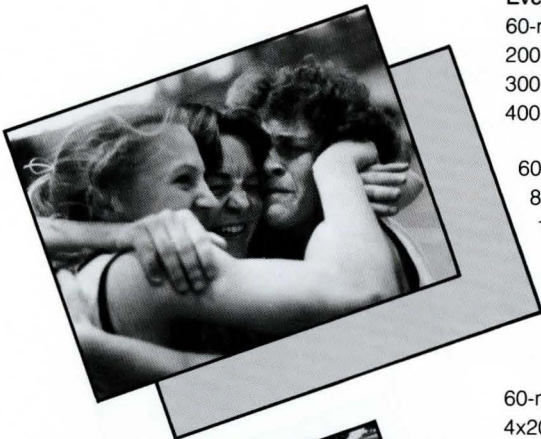
Hawkeye Records -

Indoor Track Records

Event	Time	Athlete	Year
60-m Dash	7.43	Elaine Jones	1983
200-m Dash	24.8	Diane Emmons	1979
300-m Dash	40.39	Mary Knoblauch	1981
400-m Dash	58.8	Chris Davenport	1980
600-m Run	1:32.3	Kay Stormo	1982
800-m Run	2:11.4	Kay Stormo	1981
1000-m Run	2:52.4	Kay Stormo	1981
1500-m Run	4:30.8	Penny O'Brien	1981
2000-m Run	6:28.2	Sue Marshall	1980
3000-m Run	10:01.09	Nan Doak	1981
5000-m Run	16:13.0	Nan Doak	1981
60-m Hurdles	8.78	Diane Steinhart	1980
4x200-m Relay	1:41.3	Steinhart, Owens, Knoblauch, Guapp	1981
4x400-m Relay	4:07.5	Mugge, Dunlop, Lundquist, Abel	1978
4x800-m Relay	8:57.94	O'Brien, Camarigg, Williams, Stormo	1981
Dist. Medley	11:23.02	Stormo, Davenport, Williams, O'Brien	1981

Outdoor Track Records

Event	Time	Athlete	Year
100-m Dash	11.50	Vivien McKenzie	1984
200-m Dash	23.59	Davera Taylor	1984
400-m Dash	54.4	Elaine Jones	1983
800-m Run	2:05.79	Kay Stormo	1982
1500-m Run	4:22.0	Kay Stormo	1982
3000-m Run	9:22.61	Nan Doak	1984
5000-m Run	15:47.61	Nan Doak	1984
10,000-m Run	33:39.94	Jenny Spangler	1983
Marathon	2:33.51	Jenny Spangler	1983
100-m Hurdles	14.25	Diane Steinhart	1979
400-m Hurdles	59.18	Chris Davenport	1981
4x100-m Relay	45.91	McKenzie, Knoblauch, Spinks, Jones	1979
4x400-m Relay	3:45.32	Knoblauch, Owens, Davenport, Stormo	1980
4x800-m Relay	8:56.14	Drapcho, Schlader, Williams, Stormo	1980
800-m Medley Relay	1:43.54	Moore, Jones, Taylor, McKenzie	1984



TRACK AND FIELD

Indoor Field Events Records

Event	Score	Athlete	Year
Long Jump	19-1½	Davera Taylor	1984
High Jump	6-0	Mary Mol	1983
Shot Put	48-9½	Gail Smith	1984
Pentathlon	4079 pts.	Kathy Gillespie	1983

Outdoor Field Events Records

Event	Score	Athlete	Year
Long Jump	18-6	Jane Dunlevy	1977
High Jump	6-0	Mary Mol	1983
Triple Jump	33-9	Janna Houtz	1984
Shot Put	48-2	Gail Smith	1984
Discus	158-2	Gail Smith	1983
Javelin	152-6¼	Terri Soldan	1983
Heptathlon	5448 pts.	Kathy Gillespie	1983

Team Records

Track

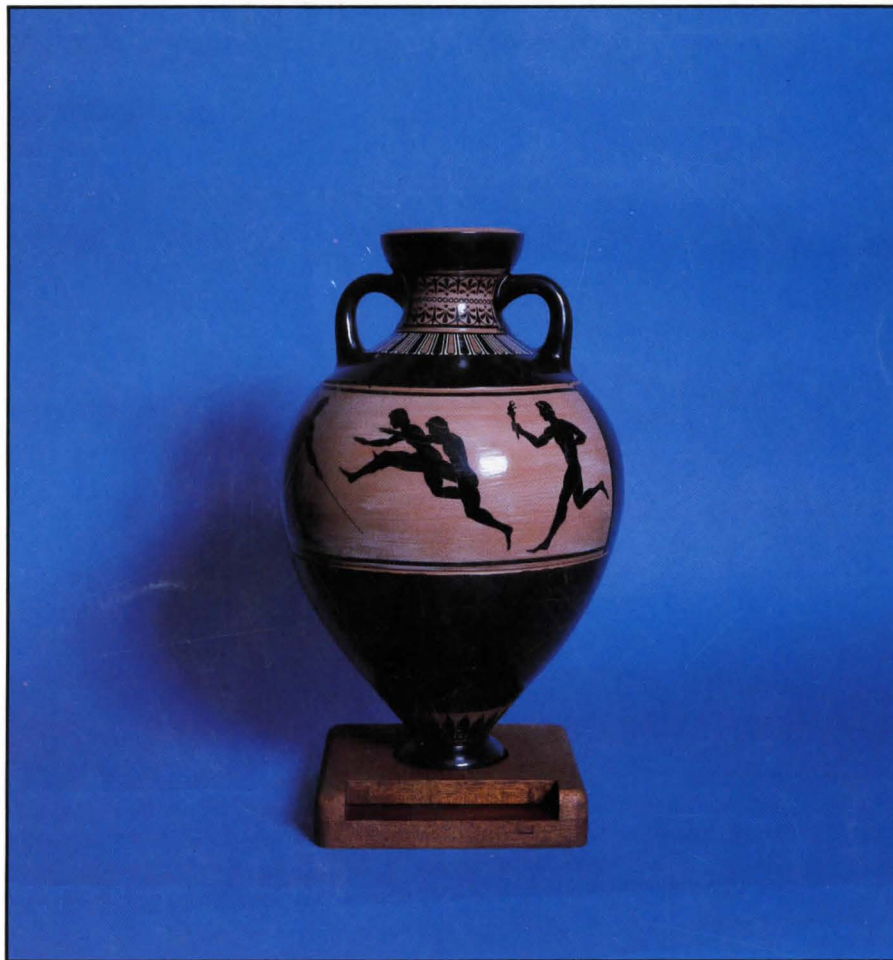
	Finish	Year
Big Ten Indoors	3rd	1981
Big Ten Outdoors	3rd	1981
AIAW National Indoors	10th tie	1982
AIAW National Outdoors	10th tie	1982
NCAA National Indoors	16th tie	1983
NCAA National Outdoors	27th tie	1983

Cross Country

	Finish	Year
Big Ten	1st	1982
AIAW	10th	1980
NCAA	No team competition to date	
TAC	5th	1982



Iowa's All-Americans



The Southland Corporation awarded Nan Doak this Greek amphora in recognition of her athletic achievements.

Nan Doak
Cross-Country
Kay Stormo
800-yard Run
Nan Doak
3-mile Run
Nan Doak
2-mile Run
Nan Doak
Distance Medley Relay
Chris Davenport
Distance Medley Relay
Jenny Hayden
Distance Medley Relay
Kay Stormo
Distance Medley Relay
Kathy Gillespie
Heptathlon
Kay Stormo
800-meter Run

Jodi Hershberger
3,000-meter Run
Jenny Spangler
10,000-meter Run
Nan Doak
5,000-meter Run
Nan Doak
Cross-Country
Mary Mol
High Jump
Nan Doak
5,000-meter Run
Jenny Spangler
10,000-meter Run
Jenny Spangler
Cross-Country
Nan Doak
Cross-Country