



# A MATTER OF SUBSTANCE: AT-A-GLANCE

MAY 2015

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DIVISION OF BEHAVIORAL HEALTH

## DIVISION QUICK FACTS

### Don't Miss the *Medication Assisted Treatment Summit*:

The IDPH Division of Behavioral Health and the Mid-America Addiction Technology Transfer Center (ATTC) are hosting a one-day educational summit entitled **Advancing Medication Assisted Treatment (MAT) in Iowa** on **May 7, 2015**. With the array of effective FDA-approved medications now available for addressing the prescription and opioid use that are approaching epidemic proportions across the country – it is vital that both specialty substance use disorder treatment providers as well as general healthcare providers learn more about MAT. Equally important, policy-makers, drug court and family court personnel, and other professionals will learn how the use of appropriate medications, combined with evidence-based therapies, can save lives and reduce healthcare costs. **The registration deadline has been extended to May 4th, but space is limited.** For more information, contact Training Resources at [www.trainingresources.org](http://www.trainingresources.org).

### National Prevention Week:



National Prevention Week, May 17-23, 2015, is an annual health observance dedicated to increasing public awareness of, and action around, substance use and mental health issues. This year's theme is **"The Voice of One, the Power of All."** During National Prevention Week, community organizations across the country host educational assemblies, town hall meetings, memorial walks, social media campaigns, outdoor events, and more. Please join individuals, organizations, and coalitions in your community to promote prevention strategies, educate others about substance use issues, and build community partnerships. For more information about National Prevention Week and a toolkit of promotional resources, go to <http://www.samhsa.gov/prevention-week>.

### University of Iowa Helping Professionals Workshops (IHELP) Expands:

In case you haven't heard, the Iowa Helping Professionals Workshops (IHELP) is expanding. Previously known as the Annual Summer School for Helping Professionals, IHELP converted from a summer school format with academic credit, to a workshop format offering CEUs. In 2015, for the first time, IHELP will be held in Des Moines, Iowa City and on the web, making it more accessible for helping professionals across the state and beyond. Workshops will be held from May through September. For more information, go to <http://www.education.uiowa.edu/rce/ihelp/home>

### Director's Corner:

Thank you to all who attended and supported this year's 38th Annual Governor's Conference! Particular appreciation goes out to our sponsors and facilitators, and to Training Resources and the Midwest Counterdrug Training Center for making sure everything ran smoothly. While it was great to hear from nationally recognized experts like Michael Gottlieb (ONDCP) and Kevin Hill (Harvard), I was again reminded of how fortunate Iowa is to have so many local experts who presented on local activities and programs. *Thanks again, and hope to see you next year! Kathy Stone*

## UPCOMING EVENTS

#### Advancing Medication Assisted Treatment in Iowa

May 7, West Des Moines.  
For more information, go to [www.trainingresources.org](http://www.trainingresources.org)

#### Iowa Preventing Abuse Conference

May 8-9, Mount Pleasant.  
For more information, go to [www.preventingabuse.org](http://www.preventingabuse.org)

#### Capacity and Planning: Essential Steps to Community Change using the Strategic Prevention Framework

May 12-13, Des Moines.  
For more information, go to [www.trainingresources.org](http://www.trainingresources.org)

#### Many Faces of Mental Illness

May 14, Sioux City - Stoney Creek Hotel & Conference Center.  
For more information, call 712-202-0173 (ext. 23)

#### Dual Diagnosis and Correctional Supervision

May 21, Cedar Rapids - ASAC Prevention Office.  
For more information, call 319-390-1884

#### 31st Annual National Rural Institute on Alcohol and Drug Abuse

June 14-17, Menomonie, WI.  
For more information, go to <http://www.uwstout.edu/profed/nri/reg.cfm>

For more information about the Division of Behavioral Health, visit [www.idph.state.ia.us/bh](http://www.idph.state.ia.us/bh)

For questions related to "A Matter of Substance," contact the editors:  
Kevin Gabbert [kevin.gabbert@idph.iowa.gov](mailto:kevin.gabbert@idph.iowa.gov) or Julie Hibben [julie.hibben@idph.iowa.gov](mailto:julie.hibben@idph.iowa.gov)