



**Week ending issue: April 10, 2015 – Issue # 247**

### **Policy**

#### **From the WIC Services Policy and Procedure Manual – 360.40 Outreach Hospital-based agencies and clinics**

To encourage pregnant women and mothers with newborns to participate in WIC, local WIC agencies that operate within or in coordination with a hospital must provide written information about the WIC Program to potential WIC participants who receive inpatient or outpatient services (OB, postpartum, well-child, etc.) at the hospital.

Reference: CFR 246.6f(1-2)

### **Information**

#### **Judy Gale Honored by Iowa Dept. of Public Health**

The Iowa Department of Public Health (IDPH) Bureau of Nutrition and Health Promotion will recognize Judy Gale of MATURA Action Corporation as a state leader in nutrition and physical activity during the 2015 Iowa Governor’s Conference on Public Health April 14 and 15 in Cedar Rapids. Gale will receive the “Nutrition and Physical Activity Established Leader” award.

“Ms. Gale is an advocate for nutrition and physical activity at work and in the community,” said IDPH Director Gerd Clabaugh. “As a WIC dietitian for over 30 years, she has established herself as the “go to” person in southwest Iowa for nutrition, and embeds her passion for nutrition and physical activity into the lives of many families. At work, Judy engages staff in exercise breaks, helped create a ‘no junk food’ policy, and worked to transform potlucks into ‘healthy food only’ gatherings.”

Awardees must emulate the IDPH bureau’s vision of “an Iowa where healthy living is accessible, valued and supported by all.” The winners must strive to make the bureau’s mission a reality by “ensuring that Iowans have the opportunity to live a healthy lifestyle by providing education and resources, building partnerships and supporting communities.”

#### **New Name for IWIN Data System**

We had many submissions from Local Agency staff, State staff, as well as Facebook users with suggestions of the name of the ‘new IWIN’ data system. Thank you! We are pleased to let you know the name of your new system, once we move forward and begin using the MPSC User Group system, will be **Focus**.

## Help Desk

### Hotspots

For those of you looking into Hotspots for travel and emergency backup – the list below are ones that have been tested and working great:

Verizon 4G LTE USB Modem-UML295

Us Cellular Model #UM185US

Contact Connie Glover with any questions.

## Thank you of the Week

"I just wanted to give a shout out to the Harlan WIC staff! We went in Thursday to schedule an appointment and they saw us right then, even had time to do a certification and they didn't make us feel rushed!" ~WIC Participant

*\*We would love to hear from you! If you have a comment or story about how WIC has made a difference for you and your family we'd love to hear it! (We won't use your name!) Please send it to us in a pm and you could be featured in our next "Thank you of the Week" post!*

## Participant Centered Services

Explore/Offer/Explore- Identify the participant's knowledge and experiences before providing information, this helps to eliminate redundancy in your educational efforts. Explore what the participant already knows, or would like to know.

- "What do you already know about?" "What have you heard about?"
- Offer information in neutral, nonjudgmental manner
- Explore about the participant's thoughts, feeling and reactions. "What do you think about this information?" "What was new or useful?" "How might you use this information?"

## Find Us on Facebook



<https://www.facebook.com/IowaWIC>

## Dates to Remember

**2015** \*\*\*\*note highlighted dates and topics indicate a change from the usual\*\*\*\*

### New Employee Training Go-To Meeting

- NETC Go-To- Meeting (All New Staff) – May 14, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – May 21, from 8:30-11:30

- NETC Go-To-Meeting (Health Professional) - May 28, from 8:30- 11:30  
**\*\*\*\* Please note changes in order of trainings for May**
- NETC Go-To- Meeting (All New Staff) – July 9, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – July 16, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - July 23, from 8:30- 11:30
  
- NETC Go-To- Meeting (All New Staff) – September 10, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – September 17, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - September 24, from 8:30- 11:30
  
- NETC Go-To- Meeting (All New Staff) – November 12, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – November 18, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - November 19, from 8:30- 11:30  
**\*\*Please note the dates in November.**

**Core Trainings**

- WIC Contractor In Person Meeting: August 25, 2015
- Infant/Child Nutrition: September 1, 2015
- Communication and Rapport: October 28, 2015

**WIC Training**

June 9, 2015 – 2015 Iowa WIC Training

***Available Formula***

Product	Quantity	Expiration Date	Agency	Contact
Neocate	8-9 Containers	6/2015	Operation Threshold	Sue Burnett 319-292-1827
Pediasure Peptide 1.0	16 containers	7/2015	NICAO	Janelle Pansegrau 641-423-5044 x35
Powdered Nutricia Neocate Infant DHA/ARA Amino Acid Based Infant Formula w/iron	5 cans	8/2015	North Iowa Community Action	Carla Miller 641-432-5044 x24
Nutren Jr. w/Fiber (Vanilla)	78 (3 cases + 6 individual containers)	9/2015	Marion County Public Health	Jessica Johnson 641-828-2238 x225
Powdered Pregestimil	5 cans	11/1/2015	Operation Threshold	Sue Burnett 319-292-1827
Powder Nutramigen Toddler with Enflora LGG	7 – 12.6 oz Container 20 - 12.6 oz Container	11/1/2015 2/1/2016	Mid-Sioux Opportunity	Amy Kreber 712-786-3488

<b>Product</b>	<b>Quantity</b>	<b>Expiration Date</b>	<b>Agency</b>	<b>Contact</b>
Calcilo XD	1 can	2/2017	Broadlawns	Kathy Flagg 515-263-5660
Pediasure 1.5 cal Vanilla	113 8-oz cans	6/1/2016	Broadlawns	Rose Logan 515-282-6717

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