

Week ending issue: December 5, 2014 – Issue #235

Policy

From the WIC Services Policy and Procedure Manual – 340.10 Equipment Purchasing Guidelines

Equipment is defined as any item with a cost or value of \$5000 or more, and an anticipated useful life of one year or more. Computer software is excluded from this definition.

Items that have an anticipated life of less than a year, such as office supplies, medical supplies, and data system supplies, are not covered by this policy. These items do not require prior approval or inventory records. Charge their costs to the appropriate budget line item.

The type and quantity of equipment purchased by the agency must be submitted in writing for approval prior to purchase. The agency budget is responsible for funding all equipment purchases. This includes replacing equipment lost or damaged due to neglect, mistreatment, theft, natural disaster, and malfunctions under normal operating conditions.

Exception #1: The agency is not responsible for the cost of WIC data system equipment replaced in accordance with the state replacement plan that is maintained by the Data Systems Coordinator.

Exception #2: Manual and electric breast pumps are not part of the WIC budget and are purchased with WIC food funds.

Agencies are required to carry adequate insurance to cover replacement costs of equipment.

Thank you of the Week

“WIC has helped me in so many ways it is hard to include everything in this letter. They have always assisted me with any problems breastfeeding. Also, a breastfeeding peer counselor called me soon after my son was born to see how breastfeeding was going. She called me once a week to make sure I did not have any problems. She made me feel very comfortable calling her when I did have a problem and always had a solution. I probably wouldn't have continued to breastfeed without her advice.”

* If you have a comment or story about how WIC has had a positive impact for you and your family we'd love to hear it! Please send us a pm and you could be featured in our next “Thank you of the Week” post!

Participant Centered Services

Consider this format for most effectively providing nutrition advice to clients in a participant centered manner.

- **Elicit** what the client already knows and/or needs from you.
- **Provide** the information in a neutral manner.
- **Elicit** the client's response to the information.

eWIC Update

eWIC Card Design Voting Currently Underway on Facebook

On the afternoon of Wednesday, December 3rd two designs were posted to the Iowa WIC Facebook page where all stakeholders, including participants, clinic staff, grocery vendor staff, and the public can vote on their favorite design. The following message was included with the post:

The Iowa WIC Program is excited to announce that we will be moving from paper checks to an electronic plastic card (eWIC) in late 2015/early 2016! Since we need to pick out our card design now we are asking for your help! We would like you to vote on which card design you prefer by "liking" the picture you prefer. The photo design with the most "likes" Monday morning will be the one we use!

The design with the most "Likes" on Monday, December 8th will be the design chosen for the Iowa eWIC card! Please mention the voting to your staff and participants so they can be a part of the selection process.

WIC 40th Anniversary Trivia

WIC 40th Anniversary Trivia Week #23

Week #22 questions **with answers in Bold**

- Can vegetable trays that include a vegetable dip be purchased with a WIC CVV? **No, vegetable trays that include a dip are not approved.**
- What was the name of the newsletter send to local Iowa WIC agencies in the early 1990s that was devoted to information about the new data system being developed at the time? **Path-Way**
- What percent of poverty was the WIC income guidelines based on when the program began? **150%**

Week #23 questions,

- Iowa WIC in 1980 went from vouchers for specific categories of foods on separate checks to preprinted checks sent from the state office for participants already on the WIC program. How were checks handled for new participants?
 - Handwritten on blank check stock
 - Use of the programmable typewriter to print on blank check stock
 - Clients had to wait till the next batch of checks arrived from the state office
- Can a participant buy Silk brand egnog with a check that says Soymilk-Silk?

- Which statement is not true of WIC breastfeeding peer counselors:
 - They have been or are currently on the WIC program
 - Have successfully breastfeed at least one baby
 - Make phone calls to pregnant and breastfeeding WIC moms
 - Volunteer their time to help WIC mothers
 - Receive 16 hours of initial training

Find Us on Facebook



<https://www.facebook.com/IowaWIC>

Dates to Remember

2015 ****note highlighted dates and topics indicate a change from the usual****

New Employee Training Go-To Meeting

- NETC Go-To- Meeting (All New Staff) – January 15, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – January 21, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - January 22, from 8:30- 11:30
****Please note the dates in January.**
- NETC Go-To- Meeting (All New Staff) – March 12, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – March 19, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - March 26, from 8:30- 11:30

- NETC Go-To- Meeting (All New Staff) – May 14, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – May 21, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) - May 28, from 8:30- 11:30
****** Please note changes in order of trainings for May**
- NETC Go-To- Meeting (All New Staff) – July 9, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – July 16, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - July 23, from 8:30- 11:30

- NETC Go-To- Meeting (All New Staff) – September 10, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – September 17, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - September 24, from 8:30- 11:30

- NETC Go-To- Meeting (All New Staff) – November 12, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – November 18, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - November 19, from 8:30- 11:30
****Please note the dates in November.**

Core Trainings

- WIC Contractor Webinar: January 29, 2015
- Maternal Nutrition: March 24, 2015
- Breastfeeding Nutrition: March 25, 2015
- WIC Contractor In Person Meeting: August 25, 2015
- Infant/Child Nutrition: September 1, 2015
- Communication and Rapport: October 28, 2015

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Pediasure Peptide 1.0 cal 8 oz RTU	1 case and 18 cans	12/2014	HACAP	Angela Munson 319-393-7811
Elecare Jr. Unflavored Powdered	3 cases + 1 can	2/1/2015	Mid Sioux Opportunity	Amy Kreber 712-786-3488
Vanilla Pediasure 1.5 Calorie w/Fier	3 cases (24 cans/case)	2/2015	MICA	Sierra Meyer 515-232-9020 x105
Elecare Jr. Unflavored Powdered	2 cases + 2 cans	5/1/2015	Mid Sioux Opportunity	Amy Kreber 712-7886-3488
Powdered Nutricia Neocate Infant DHA/ARA Amino Acid Based Infant Formula w/iron	5 cans	8/2015	North Iowa Community Action	Carla Miller 641-432-5044 X24
EleCare Jr. Unflavored, powder	12 cans, 14.1 oz	11/2015	Siouxland	Allyson Woltman 712-279-6636
Similac PM 60/40 Calcilo XD	1 can 1 can	1/2016 2/2017	Broadlawns	Kathy Flagg 515-263-5660

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