



Week ending issue: October 24, 2014 – Issue #230

Policy

**From the WIC Services Policy and Procedure Manual – 330.50
Nutrition Education Contacts Report**

Description	This report provides a count and percentage of high risk and low risk nutrition education contacts for each participant category. Contacts are reported as those documented on the Nutrition Ed Tab regardless of appointment type.
Data updated	Monthly
Parameters	Local Agency, Month, Year
Records reported	Any participant that had any completed nutrition education during the specified date range
Report columns	Report columns include: <ul style="list-style-type: none"> • Local Agency / Clinic • Risk (High, Low Risk) • For each risk status: <ul style="list-style-type: none"> – Total ppts – Total % (of all participants) – Total (#) Contacts – (#) Pregnant (Contacts) – (#) Breastfeeding (Contacts) – (#) Not Breastfeeding (Contacts) – (#) Infant (Contacts) – (#) Child (Contacts)
Data sort order	Local Agency, Clinic
Totals available	Agency and clinic totals and percentages for all participants, agency and clinic totals for each participant category, state totals and percentages for all participants

- Tips**
- Use this report to monitor completed contacts in relationship to caseload.
 - Use this report to estimate appointment needs for high risk participants.
 - Use this report to estimate percentage of high risk participants for each participant category and total caseload.
 - Each participant is counted only once no matter how many contacts that occurred during the month.
 - The total participant count includes any participant that is currently active or who was terminated during the month.

Information

NATFAN Survey Complete

The National Food and Nutrition questionnaire (NATFAN) project that began in 2008 is finally completed. The purpose of the project was to determine the effect of the new WIC package on consumption of food and beverage choices by participants from states, territories, and Indian Tribal Organizations. Iowa was one of those states that participated. The results can be found here: <https://archive.org/stream/CAT31285287/cat31285287#page/n1/mode/2up>

Health Insurance Open Enrollment

Gaining access to health insurance has benefitted women and families, and open enrollment to sign up begins again November 15. Learn more about open enrollment at Healthcare.gov

CDC & White House Resources for Learning about Ebola

The Centers for Disease Control and Prevention (CDC) and the White House Administration have compiled various resources for learning the basics about Ebola basics.

- [CDC: Cases of Ebola Diagnosed in the United States](#)
- [White House: Understanding the Facts](#)

Iowa's 2013 BRFSS Report

Iowa's 2013 BRFSS Report is now available. BRFSS is an Iowa-specific surveillance system that surveys adults 18 years and older on self-reported health behaviors. Each month a random sample of structured telephone interviews are done. Questions in the survey relate to nutrition, physical activity, tobacco use, hypertension, blood cholesterol, alcohol use, inadequate preventive health care, and other risk factors. The updated report can be found here.

<http://www.idph.state.ia.us/brfss/>

Participant Centered Services

Heart Buttons (what drives behavior)

Status- for those who thrive on competition! "I'm healthier than you" "I know more than you" "I try harder than you"

Independence- "I want to live my life the way I want to without support or interference from others" for those who are all about freedom and choice without being told what to do. For those who are driven by an Independence heart button it's important not to use language like "You need to.... OR You should....." instead suggest, offer options, and don't forget to ask permission before providing advice.

Position Opening

WIC Director

Operation Threshold is accepting applications for the position of Director of the Women's, Infant's, and Children's Nutrition Program (WIC). The WIC Director is responsible for managing WIC services and staff in the 6 counties served from our Waterloo office. This fulltime position is eligible for agency benefits.

Requirements include a BA/BS in Dietetics, Nutrition, Nursing, or health related field or be a licensed Registered Nurse (RN) with a minimum of 5 years of public health experience. Dietitians must be licensed by the Iowa Board of Dietetic Examiners. Must have 3 years supervisory/program administration experience, excellent computer and communication skills, and WIC experience is preferred. Must have ability to develop positive working relationships with a wide variety of people including community leaders and health professionals. For consideration please submit cover letter and resume: Human Resources, Operation Threshold, PO Box 4120, Waterloo, IA 50704 or email to cboche@operationthreshold.org EOE.

WIC 40th Anniversary Trivia

WIC 40th Anniversary Trivia Week #18

Week #17 questions **with answers in bold**, questions and answers submitted by HACAP WIC Program:

- What colors were the previous diet history sheets? **Pink(Women), Green(Child), Yellow(Infant)**
- How much juice did WIC previously offer? **6-46 ounce containers**
- What was the difference between 031 and 041 in regards to the food package in the PATH system?
031 included peanut butter and 041 included dried beans

Week #18 questions, questions 1 and 2 submitted by HACAP WIC Program and question 3 by Upper Des Moines WIC Program

- When did WIC start contracting for formula in Iowa?
- When did WIC start having breastfeeding coordinators at the local WIC agencies in Iowa?
- In January of 1978, one 13 ounce can of concentrated iron-fortified formula sold for how much:
 - \$0.39
 - \$0.69
 - \$0.99
 - \$1.29

Even though a prize is not on the line, we would still love to receive your Trivia questions to keep this feature going in the Friday Facts till the end of the year.

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Dates to Remember

2014

New Employee Training Go-to-Meeting

- NETC Go-To-Meeting (All new staff) – November 6, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – November 13, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – November 20, from 8:30-11:30

Core Trainings

- Communication and Rapport: October 29, 2014

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Elecare Jr. Unflavored Powdered	2 cans	11/1/2014	Mid Sioux Opportunity	Amy Kreber 712-786-3488
Powder Vanilla Ketocal 4:1	4 containers -11 oz	11/1/2014	Webster County	Kathy Josten 515-573-4107
Boost Breeze	24 8-oz containers	11/19/2014	Broadlawns	Rose Logan 515-282-6717
Pediasure Peptide 1.0 cal 8 oz RTU	6 case and 18 cans (162 cans)	12/2014	HACAP	Angela Munson 319-393-7811
Elecare Jr. Unflavored Powdered	3 cases + 1 can	2/1/2015	Mid Sioux Opportunity	Amy Kreber 712-786-3488
Vanilla Pediasure 1.5 Calorie w/Fier	3 cases (24 cans/case)	2/2015	MICA	Sierra Meyer 515-232-9020 x105
Elecare Jr. Unflavored Powdered	2 cases + 2 cans	5/1/2015	Mid Sioux Opportunity	Amy Kreber 712-7886-3488

Powdered Nutricia Neocate Infant DHA/ARA Amino Acid Based Infant Formula w/iron	5 cans	8/2015	North Iowa Community Action	Carla Miller 641-432-5044 X24
EleCare Jr. Unflavored, powder	12 cans, 14.1 oz	11/2015	Siouxland	Allyson Woltman 712-279-6636

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