



# The Iowa Militiaman



New Feature



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**On the Cover:** Two soldiers from the 168th Infantry, Rainbow Division, carry hand grenades during a raid on March 17, 1918. *Photo courtesy of the Iowa Gold Star Museum.*

## **The Iowa Militiaman Winter 2004/2005**

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**Deadline for the Spring issue  
will be June 15, 2005**

# State of the National Guard

*The following highlights were taken from the State of the Guard address given by Maj. Gen. Ron Dardis to the Iowa State Legislature on Feb. 21, 2005. Gen. Dardis spoke about our continued mobilization for the Global War on Terror and his recent trip to Afghanistan to visit Task Force 168.*

Our involvement in the Global War on Terror continues. Today, we have approximately 1,600 soldiers / airmen deployed around the world for Operation Iraqi Freedom (850), Operation Enduring Freedom (750). There are currently very few Iowa airmen deployed, but that will change this summer when the 132<sup>nd</sup> Fighter Wing deploys to Al Udeid Air Base, Qatar, for the 7<sup>th</sup> deployment in 8 years to the Middle East. The 185<sup>th</sup> Aerial Refueling Wing continues to fly ongoing missions for the War on Terror. This is approximately 17% of our available

force and much better than 50%-80% of our force deployed in the past two years. These percentages ranked us at number one in the nation many different times. To date, 6,612 soldiers and airmen have been mobilized and deployed for the Global War on Terrorism. Approximately 7,500 soldiers and airmen have been on duty for the Global War on Terrorism since events of 9-11 (nearly 80% of force). These are unprecedented taskings for sure! As a matter of fact, the number of soldiers and airmen involved in the Global War on Terrorism since 9-11 exceeds the number of soldiers mobilized during World War II (6,800). We are experiencing the highest tasking levels ever, and it will be recorded as a very significant period of time in the history of the Iowa Guard.

The active duty continues to ask for Iowa units! Why does Active Duty continue to ask for Iowa units? Simply put: Because Iowa is one of the most combat ready states in the nation. We have relevant units and relevant missions. We have combat ready units. We have high strength levels (100% strength). And – we have the quality of young men and women that get the job done!

The challenge we now have is one of regaining our readiness and reconstituting our equipment. We have left some equipment in Iraq/Afghanistan. Replacement of that equipment is paramount. We must maintain our strength. We must improve on lessons learned from recent mobilizations and continue working with senior leadership to implement necessary changes and improvements to streamline future deployments. We must prepare for follow-on rotations as necessary. We need predictability in this area for our

members and their families and we need predictability for our employers who have been so supportive. We understand this is a long and protracted war on terror and we will be involved for sometime to come.

I must add – we are very proud of still being at 100% strength. The Iowa Guard was recognized in January as being number one in nation for Recruiting Production. We now have the largest number of students signed up for the National Guard Tuition Assistance Program ever! This is a true testimony to the value of this program for Iowa guard and the State of Iowa. We are currently 5th in the nation for retention as we retain 85% plus of members every year (ANG 97% last year). A commitment to the Iowa Guard is a commitment to Iowa.

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TAG  
Sends

Maj. Gen.  
Ron Dardis,  
The Adjutant General

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# Pharmacist continues lineage of Iowa MacArthur Award winners

Hard work and dedication pay off for company commander from 1-194th Field Artillery

By Sgt. 1<sup>st</sup> Class Duff E. McFadden  
Public Affairs Office  
Iowa National Guard



DA Photo

**Capt. Derek Adams is the 2003 recipient of the Gen. Douglas MacArthur Leadership award. He is the 13th Iowa Guardsman to receive this award.**

Success can be measured or defined in many different ways. Whether within a military environment, or an academic classroom, it's the motivation that has driven a local Iowa citizen-soldier.

Capt. Derek L. Adams, the Battery Commander, Battery B, 1<sup>st</sup> Battalion, 194<sup>th</sup> Field Artillery for the Iowa Army National Guard and a Clinical Pharmacist with the Great River Medical Center in West Burlington,

was recently named a recipient of the 2003 Gen. Douglas MacArthur Leadership Award.

The MacArthur award is given annually to 13 active Army, seven National Guard and seven Reserve officers who exhibit extraordinary leadership abilities and embody the ideas embraced by MacArthur – “duty, honor and country.” Criteria for the award includes the ability to motivate others, understand fellow soldiers and inspire commitment, teamwork and esprit de corps.

“I feel extremely honored to win this award,” said Adams. “I know there are some outstanding officers from the Iowa Army National Guard who have received this award in the past. I feel fortunate to have been the nominee, because honestly, I think our battalion alone probably has several officers who would have received the award had any of them been the nominee. The brigade and state probably have dozens.

“I really feel like I’m part of a very high quality organization,” he said.

This Burlington native has certainly come a long way since his early days as a Reserve Officer Training Corps cadet at the University of Northern Iowa (UNI).

When his unit mobilized as part of Operation Noble Eagle, it was the first time in more than 50 years they had been activated. Adams served as Team Bulldog Task Force Commander, deploying to Selfridge Air National Guard Base, Mich. US Army Garrison - Michigan, is a multi-component base located on Lake St. Clair, in the Detroit area. Approximately 109 soldiers deployed Sept. 3, 2002 to Sept. 2, 2003, with the Battery.

Adams “possesses a magnetic personality and an unmatched ability to motivate his soldiers,” writes Staff Sgt. Donald Thilges. “Capt. Adams’ constant focus resulted in zero physical security breaches at the three geographically separated sites, around the Detroit, Mich. area. Additionally, there was no loss of life or any damaged or lost equipment.”

“I believe that leaders must ensure that missions are accomplished. Leaders are ethical, organized, proactive, innovative, and motivational to others,” Adams said.

“Leaders facilitate success for individuals and units. Leaders must mentor and develop soldiers by constantly preparing them to accomplish missions that may be given to them and by preparing them for positions with greater responsibility. Leaders must also build cohesive teams.

"I believe it is also critical for leaders to take responsibility for their own personal and professional development. Leaders must insightfully envision the future, carefully manage the present, and attentively learn from the past," he said.

Motivation and self-management have never been a problem for Adams. In 1992, Adams was acknowledged as the Honor Graduate of his US Army Basic Training class at Fort Sill, Okla. Upon graduation from the UNI Reserve Officers Training Corps in 1995, he was recognized as the Distinguished Military Graduate, earning a biology and pre-health professional bachelor's degree. He then graduated as honor graduate at Fort Sill's Field Artillery Officer Basic Course in 1996.

From 1997-2002, he attended the University of Iowa College of Pharmacy. While maintaining a 4.0 grade point average, he was named to the President's List three years, the University of Iowa Honors Program for four years and to the College of Pharmacy's Dean's List for all five years. He then graduated with a Doctor of Pharmacy degree in 2002.

As if that wasn't enough, on March 26, 2003, he graduated from the Field Artillery Captain's Career Course, again named as honor graduate.

"I really try to perform to the best of my ability, and I strive to constantly learn," Adams said. "Goal setting and giving 100 percent to achieve goals are important to me. I try to set high but achievable goals for myself and my unit.

"Looking for ways to improve and accepting change are also important. I often remind myself that the way things have traditionally been done is not necessarily the best way. Although change is sometimes uncomfortable, it is usually an improvement, or at least an attempt at improvement that can serve as a learning experience," he added.

According to his battalion commander, Lt. Col. Michael J. Jensen, Adams will make a "key staff member" for the battalion.

"My thoughts behind this surround his vision, organizational skills, determination and work ethic that will shape the battalion staff and all units within the battalion. Derek's peers, subordinates and superiors seek his on-target counsel on technical, personnel and administrative issues. As his battalion commander, I count on him as a key sounding board for new ideas and concepts for the battalion. His observations and points of view consistently

add value and improve the end product."

While all work and no play may make for dull times, Adams also enjoys traveling with his wife, going to Iowa Hawkeyes football and basketball games with family and friends, reading, running and bike riding, and being with soldiers – both on and off duty.

He grew up in Humboldt, Iowa and his parents, David and Anna Marie Adams, still live there and work for the State of Iowa. He has two younger sisters — Valerie is a resident pharmacist at the University of Arkansas, and Kristen is a nurse in Fort Dodge. Adams has been married for just over two years. His wife, Angela, is a nurse in the emergency department at Great River Medical Center in West Burlington,.

The MacArthur Leadership Award program is jointly sponsored by the Army and the Gen. Douglas MacArthur Foundation. Iowans have won the award 12 times since 1990.

Previous Iowa winners include: Harold W. Turner (1990) Steven A. Wieneke (1991), Timothy E. Orr (1993), James R. Perkins (1994), James E. Taylor (1995), Todd M. Jacobus (1996), Gary A. Freese (1997), Kevin M. Eppens (1998), Gary D. Lewis (1999), Christopher E. Krug (2000) and Shannon B. Richardson (2002).

***"Leaders must insightfully envision the future, carefully manage the present, and attentively learn from the past."***

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## Recognizing Iowa Guardsmen

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# UNI partnership provides new technology



by Ashley Wendt

Saving time and money while keeping the health of the environment in mind has been the mission at the Camp Dodge paint facility.

Spearheaded by the environmental compliance officer Staff Sgt. Jeff Edgington, in partnership with the Iowa Waste Reduction Center at the University of Northern Iowa, and the Iowa National Guard's Environmental Branch, this objective has been accomplished.

Pollution prevention control measures and their benefits are being realized. Even throughout these busy times, hazardous waste generation continues to be minimized and their

efforts are an excellent example of how the Iowa Army National Guard promotes both environmental compliance and troop readiness.

The most exciting new technology that's been utilized is the CLAWS—Closed Loop Advanced Waterjet System, by the Lancorp Group, in place since Summer 2003. This paint-stripping system uses a high-pressured water jet to remove paint without the hazardous waste produced by the baking soda blast previously used. Wastewater flowing into the drains from this operation is sent through an extensive recycling process, which generates clean water for the next use.

Because of the closed loop fea-

ture, water continuously runs through the same cycle. In the past, the facility disposed of 26,000 pounds of baking soda each year at a cost of almost \$17,000. In addition to disposal costs, one in every four waste collection drums had to be tested, at \$200 per sample, with the facility filling four to eight drums each month. Since 1996, when the facility was built, it's cost \$90,000 per year to keep it operational.

Not only was the soda blast method costly, the soda created a lot of problems. Removing all the residual soda from cracks and crevices prior to repainting was difficult. Every other byproduct has been determined non-hazardous after repeated testing. The painters have enjoyed the ease and simplicity of the new system, saving time and money, and are able to concentrate more on painting than waste removal. Operating costs have been reduced to \$1,200, twice a year, to replace and dispose of the two filters in the water recycling system.

The PPS—Paint Prepping System, by 3M, is another innovative tool used to decrease wasted paint. About a year ago, the facility converted from traditional metal paint cups to a disposable version. Clean up of conventional cups wasted approximately one quart of material, costing \$5 each time.

However the new disposable plastic bladders, which go into the newer cups, decrease waste to about two ounces at a cost of only \$1.50. Liners are also being used in the pressure pots. For about six years now, a \$2.80 disposable liner is used for easy clean up. This saves the cost of using approximately one gallon of lacquer thinner to clean the pots. Once again, less hazardous waste is generated.



For the last six months, the facility has also began working with a new air-assisted airless high-volume, low-pressure paint gun. This new HVLP gun decreases project time by 47 percent and uses 24 percent less paint material, making it more efficient. Edgington commented that switching from airless to air-assisted airless ensures they are "hitting the target much better."

The biggest savings come in filter change-out. Because more paint is hitting the vehicle, less is sent airborne, ending up in the paint booth's filtration system. Before, all 64 filters had to be changed every two to three days, but now, it's reduced to every two weeks. The reduction in filter use and disposal creates other cost savings, as filters cost \$300 per set and must be disposed as hazardous waste.

Another problem facing the Camp Dodge facility was the mass of empty quart, gallon and five-gallon cans being generated. Dumpsters quickly filled and the waste had nowhere to go but the landfill.

This was alleviated with the new Herkules can crushing system, which turns the waste into a useful byproduct -- scrap metal. In only four months, the waste going to the landfill has decreased and the gallon-sized cans are being crushed to about three inches in height.

CARC paints, such as the ones used on military vehicles, have a very short shelf life once opened. Highly reactive to air and humidity, it quickly becomes unusable because it gums up and separates. Paint, which costs around \$30 per gallon, was thrown out because the open cans weren't used fast enough.

To extend the shelf life of these paints, a new paint stirrer has been installed. The Dedoes RJ Thrift-O-Matic allows up to eight gallon-sized cans to be hooked up to a closed agitator system. Once opened, as long as the paint is attached to this system, its shelf life extends from two to three days to seven to eight days. The sealed pour spout lid also keeps the can clean and minimizes exposure time.

Viscosity cup testers and a new paint



gun cleaner are other ways the facility is minimizing waste. Paint viscosity is something that must be constantly tested because of temperature and humidity variances. The cup testers enables them to know precisely how much paint thinner needs to be added. This simplifies the mixing process and eliminates paint wasted when mixing was done incorrectly.

The facility is also reviewing a new paint gun cleaner. Waste from this new process is heated so the solvent is cooked off and reclaimed as a cleaning solvent, whereas the rest of the byproduct is cooked into a cake that would then be disposed, likely as a non-hazardous waste.

To keep updated with the new technologies in the painting industry, all five facility painters attended a two-day Star Defense course, which was conducted by the Iowa Waste Reduction Center at the University of Northern Iowa. UNI received funding for research on how military installations can become greener and have worked



closely in implementing this technology into the facility.

The majority of the time was spent teaching them how to spray more efficiently. They received hands-on experience and were able to test many different brands of equipment and paints. Working with new products before getting it in their shop enables them to transition into the new paint.

In a costly business such as painting, pollution prevention is an invaluable tool to not only minimize the waste stream, but to also minimize costs. As new technologies emerge, the paint facility at Camp Dodge has seized these opportunities, making their shop more efficient and environmentally sound.

**The efforts of the staff at the paint facility are not going unnoticed. On February 2, 2005, Staff Sgt. Edgington was notified that the facility received the 2004 Governor's Iowa Environmental Excellence Award. This is recognition from Governor Tom Vilsack regarding the environmental effort from the workers at the facility.**

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# Briefs

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## **DSM Air Base aids MWR calls**

The Des Moines Air Base has recently installed their Morale, Welfare and Recreation caller, which allows deployed servicemembers the opportunity to make a 15-minute call.

The DSN number is 256-8859. Calls that are local to the Des Moines Base are free. Long distance calls are transferred so the servicemember can use their calling card.

## **Free income tax assistance**

The Legal Assistance Office of the Iowa National Guard will again offer free assistance to ID Card holders in the completion and electronic filing of most State of Iowa and Federal income tax returns this tax season.

Interested personnel may call Lori Holmes, at (515) 252-4359, after Jan. 17, to set up an appointment.

## **New finance updates**

Current changes to MyPay include: Sign into your MyPay Account and click on "Personal Setting Page" and you'll be able to reset your own PIN or notification of LES availability. You can also establish a view only userid and password for a spouse or trusted individual.

Any pay documents (including travel vouchers) completed in pencil, will be erased and returned to the member. Cash withdrawals on the government travel card are limited to per diem earned.

Reimbursement for airport parking is limited to the cost of two, one-way taxis. Technicians and Army Guard and Reserves traveling as aircrew are not authorized terminal mileage when departing from the 185th Fighter Wing.

When performing home station active duty, members who live outside the commuting distance will receive per diem whether they utilize a 185th FW-procured room or not.

## **TRICARE Dental Program**

TRICARE Retiree Dental Program (TRDP) has been helping Uniformed Services retirees — including members of the Guard and Reserve and their families -- meet dental health care needs. The TRDP will provide enrollees with a comprehensive scope of benefits, including coverage for crowns, bridges, dentures, orthodontics and

dental accidents as well as routine cleanings and exams, fillings, root canals, gum treatment and oral surgery.

TRDP enrollees can receive care from any licensed dentist within their service area. They can realize even greater savings by choosing to receive dental care from one of the thousands of DeltaSelect USA and Delta Preferred Option USA dentists providing treatment for TRDP enrollees.

To receive a complete enrollment package or for more information about the TRICARE Retiree Dental Program, visit the web site at [www.trdp.org](http://www.trdp.org), or call Delta toll-free at 1 (888) 838-8737.

## **Troop mail policy stressed**

The Department of Defense announced the continued suspension of the "Any Servicemember" mail program. The general public is urged not to send unsolicited mail, care packages or donations to service members.

DoD continues to emphasize that names and addresses of military service members must not be distributed by the media, Web sites, companies, non-profit organizations, schools and individuals for the purpose of collecting letters of support or donations for mailing to service members.

Servicemembers should receive mail only from those friends and family members to whom they personally give their address.

Military addresses should not be passed around by family members for use by donation programs. Unknown mailers could then obtain those addresses and mail harmful items to service members.

## **Officer course revamped**

Pilot programs on the three-phase Basic Officer Leadership Course have started with the first phase being pre-commissioning, according to Training and Doctrine Command officials.

Phase two, which will be piloted this year and introduced by the fourth quarter of 2006, is six weeks of common-core instruction on combat leadership for all officers, and 80 percent of the course will be conducted in a field environment.

The final part of BOLC, which is branch specific, is being revamped as well. All phases are to be introduced into the Army in the fourth quarter of 2006, with the pilots starting at Fort Benning, Ga., in 2005.



**Gold Star Military Museum**

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Website: [www.iowaNationalGuard.com](http://www.iowaNationalGuard.com)

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★ Board of Directors ★

*The following is a list of the Board of Directors for the Iowa National Guard Memorial Commission, which operates the Iowa Gold Star Military Museum.*

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***The enlistment of Pvt. J. W. Hill***

Edited by Col. (Ret.) Russ Bierl

*(This is a condensed version of a personal letter written by J. W. Hill that details his enlistment in Co. C, 3<sup>rd</sup> Iowa Infantry in Creston, and his WWI service with the 168<sup>th</sup> Inf. Reg., 42<sup>nd</sup> (Rainbow) Division. The 42<sup>nd</sup> Division spent 176 days in combat and suffered 2,810 killed and 11,873 wounded.)*

Enlisted in the old 3<sup>rd</sup> Iowa Inf. April 9<sup>th</sup>, 1917. Was called to Camp McKinley, Creston, Iowa on May 28<sup>th</sup>, 1917, where we went into training.

Was formally inducted into federal service on July 15, 1917. Were transferred to Fairgrounds Camp at Des Moines, Iowa July 20, 1917.

On Aug. 15<sup>th</sup>, 1917 the old 1<sup>st</sup> and 2<sup>nd</sup> Iowa Inf. were broken up and moved to Des Moines to fill the 3<sup>rd</sup> Iowa to full war strength, 3,705 men. We were known as the 168<sup>th</sup> Inf., 84<sup>th</sup> Brigade, 42<sup>nd</sup> (Rainbow) Div.

The Div. was made up of men from 26 states. The Regiments of Inf. were as follows – 165<sup>th</sup> Inf. (New York) 166<sup>th</sup> (Ohio) making up the 83<sup>rd</sup> Brigade, and 167<sup>th</sup> (Alabama) 168<sup>th</sup> (Iowa) making up the 84th Brigade.

*(continued on page 2)*

Upcoming events at the museum

**April 1-3, 2005**      **Vietnam War Open House**  
**June 1-30, 2005**      **Iowa Student Visit Month**  
**July 16, 2005**      **Retiree Day Open House**  
**Aug. 6-7, 2005**      **Father & Son Weekend**

E-mail contacts for the museum  
**[Russell.Bierl@ia.ngb.army.mil](mailto:Russell.Bierl@ia.ngb.army.mil)**  
**[Michael.Vogt@ia.ngb.army.mil](mailto:Michael.Vogt@ia.ngb.army.mil)**

Gold Star Museum hours

Open Mon – Fri, 8 a.m. – 4:30 p.m.

**Note:** Starting in January 2005 –

Open Saturday, 9 a.m. – 5 p.m.

Retiree Coffee every Wed. morning at 9 a.m.





**The enlistment of Pvt. J. W. Hill** *(continued from page 2)*

We repulsed them losing 18 men killed and 38 wounded while their losses were quite heavy as they came over in mass formation.

We made three successful raids on the German trenches between March 5<sup>th</sup> and Mch. 22<sup>nd</sup> losing very few men but straightened a salient that gave us a decided advantage for future battles.

On March 22<sup>nd</sup> we were relieved by the New York and Ohio Regiments going back to Jeausmenil near Bacarat for a rest period and to get our first replacements of men to fill up our ranks.

It was at this time that I was chosen by Major Emery Worthington of the 1st Bat as a Scout. The 1<sup>st</sup> Bat. Scouts consisted of 35 members, the intelligence Dept., Snipers and Raiders. I belonged to the Raiders from April 1<sup>st</sup> until July 30<sup>th</sup> I was in every engagement in which our Div took a part.

We suffered from two major attacks one on May 27<sup>th</sup> where the Prussian Guard came over following a chlorine and fogsene gas attack. In this attack we lost 40 men killed outright, 400 men gassed of which a large percent died later. The next attack came two days later on May 29<sup>th</sup> where they followed a liquid fire attack. Our losses were small this time but we inflicted heavy losses on the enemy, taking many prisoners.

In the first four months we lost over 800 men wounded and killed. Most were from Iowa.

We were relieved by the 77<sup>th</sup> (New York) Div. in the early part of June and marched back to Bacoarat, with HQ at St. Arneud. Here we rested for several days on the banks of the Marue River where we played ball, had band concerts by the Regt. Band, bathed in the river and enjoyed our first rest since entering France.

On June 27<sup>th</sup> we received orders to again move to the front and were transferred to the 4<sup>th</sup> Army Corps under that noted and brilliant French General Gouraud.

Then began a forced march of 56 kilometers to the city of Courtsols where we were held in readiness until July 3<sup>rd</sup>, then another force march to Suippes in the camp de Chelons Country. We arrived at Suippes at 7:00 AM rested all day July 4<sup>th</sup> and left for the front arriving at the 3<sup>rd</sup> line of resistance at 2:00 AM July 5<sup>th</sup> having been on forced marches from July 3<sup>rd</sup> thru July 5<sup>th</sup>.

We were tired. At 8:00 AM we were called out and the scouts

were sent out to the front lines to get our lineup and our positions for which we knew was to come in a few days. We were supported by two French Divisions on what was known as the "Champagne Front." Here we scouts of the "Rainbow Div", working for the first time with the famous French "Blue Devils."

We were opposed by an enemy force of nine divisions headed by the crown prince's own Prussian Guard Div. We, the 42<sup>nd</sup> Div and three other American Divisions, namely the 1<sup>st</sup> Div., 2<sup>nd</sup> Div., and 26<sup>th</sup> Div. composed the Shock Troops of the American Armies. We were to hold this front during this, the largest German drive of the war. From the 5<sup>th</sup> of July on to the 14<sup>th</sup> we were busy reinforcing our position being replaced by new men to fill our ranks and getting ready.



*Gen. John J. Pershing pins the Distinguished Service Cross on Pvt. Higgins of H Company, 168th Infantry in Bulligny, France on Sept. 7, 1918.*

At midnight July 14<sup>th</sup> they came over but we were prepared. Between midnight July 14<sup>th</sup> until midnight July 17<sup>th</sup> they attacked eight times but did not put a man in our 2<sup>nd</sup> line of resistance. Our losses were heavy, but from our lines of resistance we literally mowed down the enemy.

*(continued on page 4)*

*Special Book Sale – \$20.00*

# **Dogfaces Who Smiled Through Tears**

By Lt. Col. (Ret) Homer Ankrum

*This is a story of the 34<sup>th</sup> Infantry Division in WW II. It is a must-read for any soldier and makes a wonderful gift. Available at the Gold Star Museum Gift Shop.*



# Co. D, 109<sup>th</sup> Aviation returns to drill following two years of deployment

By Staff Sgt. Sara Maniscalco

Smells of jet fuel fill the air. Familiar sights and sounds remind a soldier of the mission at hand. A different task and a new duty station are what make this a special, yet familiar environment.

The mechanics are turning wrenches, the pilots are flying, and the sound of work echoes throughout the busy armory. An outsider would hardly know that it's been nearly two years since their last mandatory drill.

"It's nice to be back on drill status. I've been in the Guard for 15 years and it's what I'm used to. It's nice to get back to our normal routine," said Staff Sgt. Mike Hoy, Crew Chief.

It's business as usual at Company D, 109<sup>th</sup> Aviation in Boone. Their journey began with a year-long deployment in 2002 to Fort Campbell, Ky. Upon returning home in 2003, they had three months of rest and time with family before they were again notified of deployment.

They returned to Fort Campbell for another year. After the second deployment, they were allowed a second three-month break before returning to mandatory drill status.

"Now that we are back at drill, it's good to see how everyone has progressed over the last three months, it's good to get the uniform back on" said Spc. Damon Tuel, Avionics.

For some, drills are a comfort from the past. For others, two-years of active duty has given them the work experience that weekend

drills can't offer. Deployment provides an opportunity for soldiers to work on a specific job skill full-time, without the distractions of daily life back home.

"Working in aviation for two years really helped me build up my confidence with being able to work independently on aircraft systems. I gained a lot of technical experience, said Spc. Jason Reed, engine mechanic.

With more full-time experience, these soldiers are back at drill status to continue gaining proficiency. Now, the sights and sounds in the Boone Armory can remain in the armory and represent the hard work of the soldiers from Co. D, 109<sup>th</sup> Aviation for many years to come.



I once read where the crisp snack we call a pretzel has a religious origin that goes back to about 610 A.D. Reportedly, an Italian baker had some left over dough strips from his bread making, so he twisted them to look like folded arms.

Then after he baked them, he rewarded the children who learned their prayers well. [Back then, when children prayed, they crossed their arms over their heart]. He called his baking discovery "pretiola," which, in Latin, means "little reward." Throughout the years, the pronunciation of pretiola became twisted into our current word, "pretzel."

As children, we are sometimes rewarded by our parents when we pray. As adults, the reward comes from no less than our Father in Heaven.

## Chaplain's Corner



by Chaplain (Coll.) Timon Davison  
Joint Forces Headquarters

The next time you grab a pretzel, stop and say a prayer. Then treat yourself to a little reward.

Amen



# Through the ranks

by State Command Sgt. Maj. Doyle Norris

Even though we are an Army at war, we are also an Army in transformation. The structure that has served the Army well over the past 50 years does not meet the needs of America today.

We need smaller units that can be used in different ways. Another term you may hear is modularity. This is a process where the Army wants to be able to take a piece of an organization to fulfill a mission when the entire unit is not needed.

We here in the Iowa Army National Guard are planning for the future.

Our first step in our transformation is to make our State Headquarters into a Joint Headquarters. In December, we were no longer known as STARC (STate ARea Command), but became the Joint Forces Headquarters. The authorization for soldiers was reduced to 244 and we have spaces for Air Guard personnel as well those from our sister services.

The biggest immediate change is we now have some new sections that we didn't have before and some of our old structure is no



longer authorized. As part of the new alignment, I received a new title. I am now the Senior Enlisted Advisor to the Command Group element.

We also now have a section that's designated as Headquarters, Iowa Army National Guard and it's authorized a Command Sergeant Major (CSM).

I would like to take this opportunity to introduce Command Sgt. Maj. Steven M. Waller as the new CSM of the Iowa Army National Guard. He will be responsible for the over watch of the enlisted promotion boards, the qualitative retention board and be the sponsor for the NCO and Soldier of the Year competition as well as other duties.

My position will take on the role as the CSM of the Joint Forces Headquarters and do the day to day duties of the office. In effect, there will no longer be a State Command Sergeant Major, a term that will be a part of the Iowa Guard's history.

Stay tuned, more change will be on the way.

## FYI: Camp Dodge has a new address

**7105 N.W 70<sup>th</sup> Ave  
Johnston, IA 50131-1824**

This is the address for the main Post entrance. Mail will still be delivered to the old address. Questions should be directed to WO1 Judy Holzmer at (515) 252-4361.

**by Maj. Lisa Gammon**  
**100 percent Federal Tuition Assistance Policy for FY05**

Effective October 1, National Guard Bureau's Federal Tuition Assistance program will align more closely with the Active Army and USAR Federal TA programs. Under the terms of the new program, 100 percent of tuition costs, up to \$250 per semester hour, is covered. Tuition and fees will be limited to a \$4,500 aggregate per person per fiscal year.

**Federal Tuition Assistance**

Federal Tuition Assistance is available for graduate studies, summer courses, distance learning, non Iowa schools, and Rep 63's.

**Montgomery GI Bill rates**  
**Chapter 1606 - Selected Reserve**  
**CH1606                      1606 App/OJT**

Full time -- \$288	1st 6 mon. -- \$216
3/4 time -- \$216	2nd 6 mon. -- \$158.40
1/2 time -- \$143	Remaining -- \$100.80
1/4 time -- \$71.75	

**Chapter 30 - Active Duty**  
**CH30 3year                      CH30 less than 3yr**

Full time -- \$1,004	Full time -- \$816
3/4 time -- \$753	3/4 time -- \$612
1/2 time -- \$502	1/2 time -- \$408
1/4 time -- \$251	1/4 time -- \$204

**CH 30 3yr App/OJT**  
**CH30 less than 3yr                      OJT**

1st 6 mo -- \$753	1st 6 mon. -- \$612
2nd 6 mo \$552.20	2nd 6 mon. -- \$448.80
Remaining \$351.40	Remaining -- \$285.60

For further information on rates, eligibility requirements and other information pertaining to the GI Bill, contact Sgt. 1st Clss Bradley Westpheling at 800/294-6607, ext 4579 or Bradley.Westpheling@us.army.mil.

**Troops to Teachers (TTT)**

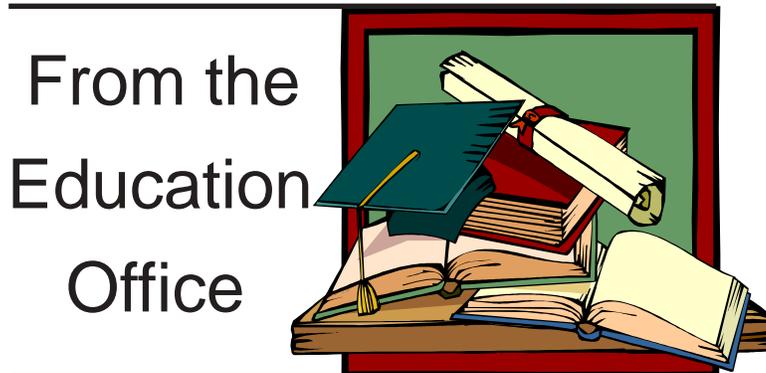
The purpose of TTT is to assist eligible military personnel to transition as public school teachers in "high-need" schools. A network of State TTT Offices has been established to provide participants with counseling and assistance regarding certification requirements, routes to state certification, and employment leads.

The TTT homepage provides information

and resource links, including a job referral system to allow participants to search for job vacancies as well as links to state Departments of Education, state certification offices and other job listing sites in public education. [http://www.dantes.doded.mil/dantes\\_web/troopstoteachers](http://www.dantes.doded.mil/dantes_web/troopstoteachers).

**National Guard Education Assistance Program (NGEAP)**

If you were at Basic Training or Advanced Individual Training and didn't make the summer



application deadline, you must submit your National Guard Education Assistant Program application by Dec. 15 to be considered for a Spring 2005 educational assistance award.

**DANTES motivates, educates, provides options**

The Defense Activity for Non-Traditional Education (DANTES) sponsors a variety of programs for eligible Army National Guard Soldiers and their spouses. Many examination programs are free and offer the opportunity to earn college credit without stepping foot into a classroom. Entrance examination programs and supporting materials allow soldiers to begin or continue their education.

Certification testing can help document your professional achievement in a defined occupation; achieve national recognition of your qualifications; enhance job opportunities and validate your military training to meet national occupational standards.

Some of the exams we have given in the past are the Automotive Service Excellence (ASE) and Emergency Medical Technician (EMT) exam. Although not stocked, we can obtain most certification exams for soldiers to test free of charge. For more information, see the DANTES website [http://www.dantes.doded.mil/dantes\\_web](http://www.dantes.doded.mil/dantes_web) or contact the Education Services Office.



# WARRANT OFFICERS

## Soldiers sought for commissioning

by CW3 Jeff Craven

While some consider it the “best kept secret in the Iowa Army National Guard,” not many are aware of the Warrant Officer Commissioning Program.

In fact, according to CW3 Jeff Craven, since many Soldiers aren't around warrant officers, they don't know exactly what they are, let alone how to become one.

“A warrant officer is the specialized expert that usually stays in one position for a long time, sometimes for their whole career. This is why there usually aren't many warrant officer openings,” he said.

“The warrant officer is the subject matter expert in his/her specific discipline,” agrees CW3 John Rand. “They are the link between commissioned officers and enlisted Soldiers.

“For certain enlisted MOS's, upward mobility is limited due to availability of positions in that particular MOS. Making a decision to go the warrant officer route greatly enhances upward mobility, because you can remain in one position for a long time and continue to progress upward in rank,” Rand said.

The military grade of warrant officer dates

back to the early British Navy. Young, inexperienced officers often relied on the technical expertise and cooperation of a senior sailor who tended to the technical aspects of running the ship. These indispensable sailors were subsequently rewarded with a “Royal Warrant.”

In the Act of August 1916, the U.S. Congress recognized the need for technical and tactical expertise, authorizing the Army Field and the Field Clerk Quartermaster Corps. The Act of July 1918 introduced the rank and grade of warrant officer.

The official birth date of the Army Warrant Officer Corps is July 9, 1918. The Act of 1920 expanded use of Warrant Officers, authorizing appointment of Warrant Officers in clerical, administrative and band-leading activities.

In 1939, warrant officers who qualified as pilots were declared eligible for appointments as Air Corps Lieutenants in the regular Army.

By definition, a warrant officer is an officer appointed by warrant by the Secretary of the Army, based on a sound level of technical and tactical competence. They are a highly specialized expert and trainer who, by gaining progressive levels of expertise and leadership, operates, maintains, administers and manages the Army's equipment, support activities, or technical systems for an entire career.

Despite this long history, Craven noted that Iowa faces a shortage of warrant officers.

“The problem we are now facing, is many Warrant Officers are retiring and we have not actively pursued filling their shoes. With our current vacancies, as well as the vacancies projected over the next 12-18 months, the Iowa Army National Guard has a lot of vacancies that need to be filled,” he said.

During a recent brunch at Camp Dodge's Dodge House, approximately 65 prospective candidates turned out for an informational gathering on the warrant officer process.

To become a warrant officer, Soldiers must follow a four-step process – the Pre-determination Phase, the Appointment Phase, the War-

(below) Chief Jeff Craven Explains to Sgt. Connie Williams the benefits of being a National Guard Warrant Officer. (Iowa National Guard photo by 2nd Lt. Caitlin Wright)



rant Officer Candidate School (WOCS) and Warrant Officer Basic Course (WOBC).

In the predetermination phase, a packet is submitted, which assesses a Soldier's technical competency based upon past and current performances and experiences from the Department of the Army (MOS) proponent. This ranges from a certified copy of their 2-1 and past NCOER's, to a current DA 705 and recommendations from a CW3-CW5 who holds that particular MOS, and the commander.

The packet is then reviewed by a warrant officer recruiter. It's forwarded up to the MOS proponent, and then back to the recruiter. The packet is returned, either approved, or disapproved, along with the reason why and what it needs to be approved.

In the appointment phase, applicants must find a viable slot, pass a Chapter 2 physical, complete NGB Form 62, and face a Federal Recognition Board.

Following completion of Federal Recognition, applicants are appointed as a Warrant Officer Candidate.

They will then attend Warrant Officer Candidate School (WOCS) at Fort Rucker, Ala. Reserve Component Soldiers attend a four-week, one- and two-phase course, while active

Soldiers attend a six-week course.

Next is the Warrant Officer Basic Course (WOBC), which must be completed within two years of WOCS completion. Depending upon the MOS, this could last from two to 40 weeks.

Two years from the date of appointment as a WO1, completion of WOBC, and passage of APFT and height/weight standards, they are eligible for promotion to CW2.

Finally, is the Warrant Officer Advance Course (WOAC), which normally occurs after three years time-in-grade as a CW2. Once completed, five to six years from the day they receive their CW2, they're eligible for CW3.

Besides providing an opportunity to build upon technical and tactical skills, as well as a commission, it also provides substantial educational benefits.

Since most WOC's have exhausted their GI Bill, or already had bonuses paid out by the time they meet the WOC requirements, eligibility for bonuses and the GI Bill kicker rarely come up. However, a \$350 GI Bill Kicker is available, similar to those for officer candidates. Tuition assistance programs are also available.

"We're doing everything possible to get the word out to promote the Warrant Officer Corps. We're also encouraging the younger soldiers to

look into the program and see if this is a career path they would be interested in," said Craven.

"I would strongly recommend that NCOs seriously consider the warrant officer career path. Even if they don't meet the predetermination criteria right now, they can get a better picture of what they need to accomplish so that they can be accepted into the Warrant Officer Education System," Rand added.

For more information on becoming a Warrant Officer, contact Craven at (515) 252-4747, Rand at (515) 252-4369, or CW5 Bill Foley, at (515) 252-4226. Interested personnel may visit the warrant homepage at [www.usarec.army.mil/hq/warrant/index.htm](http://www.usarec.army.mil/hq/warrant/index.htm).

## Minimum requirements

- **AGE**
  - 18-46 (waiverable) (Aviators must have approved flight application prior to age 27 1/2).
- **CITIZENSHIP**
  - Must be a US Citizen by birth or naturalization
- **MENTAL APTITUDE**
  - GT score of 110 or higher (Aviators must take the FAT and score a 90, minimum).
- **EDUCATION**
  - High school graduate or GED
- **ENGLISH LANGUAGE COMPETENCY**
  - Most WO MOS's require a minimum of six credit hours of college-level English.
- **SECURITY CLEARANCE**
  - A valid final or interim secret security clearance is required.
- **PHYSICAL**
  - Pass a Chapter 2 physical (AR 40-501)
  - Pass three-event APFT
  - Meet height/weight standards (AR 600-9)
- **LEADERSHIP**
  - Must possess outstanding leadership traits.
- **PAY GRADE**
  - E-5 or above (except for aviation)
  - BNCOC Graduate
  - Specific MOS requirements
  - Requirements at [www.usarec.army.mil/hq/warrant/index.htm](http://www.usarec.army.mil/hq/warrant/index.htm).

# A rite of passage

## Iowans earn 'The Gold' at Kansas Regional Training Center

by Maj. John Payne  
Kansas Army National Guard

As millions of Americans use the summer months to take time off from work and go on vacations, hundreds of National Guard soldiers from the central U.S. converge on the Kansas Regional Training Center (KSRTI) to begin a rigorous year-and-a-half long rite of passage.

These individuals are attending Officers Candidate School — the result of their arduous journey is a commission into the National Guard.

KSRTI hosts these Officer Candidates (OCs) from eight states: Arkansas, Iowa, Kansas, Missouri, Nebraska, New Mexico, Oklahoma, and Texas. The cadre of instructors and overseers known as Tactical Officers (TACs) also come from these states.

During their two weeks in Kansas, candidates are put through a grueling regimen that starts at 5 am and usually lasts until 11 pm. Their days start with physical exercise, and then moves into a mixture of classroom instruction, practical exercises, road marches, and field exercises.

This difficult routine is only the first step. If they make it through the first two weeks (and not all do), the candidates return to their home states and continue training for an entire year, one weekend a month.

Finally, they attend a second two-week camp, this time in Fort Lewis, Wash. Upon graduation, they are commissioned as second lieutenants.

Some have immediately gone on to further schooling to allow them to deploy with their units to war zones in Afghanistan and Iraq. Others go on to serve in units within their states.

The OCs come from various backgrounds. Many have served as enlisted personnel in the National Guard, Reserves, or active duty. Some come from other branches of the military, such as the Marines, Air Force, or Navy. Some have seen combat in Afghanistan and Iraq. Some have as little as a few weeks of basic training before being thrown into the pressure-cooker of OCS.

The stress the candidates are put under is carefully thought-out and managed. The philosophy is, in order for an individual to become a good leader, they must first be able to deal with physical and mental pressure.

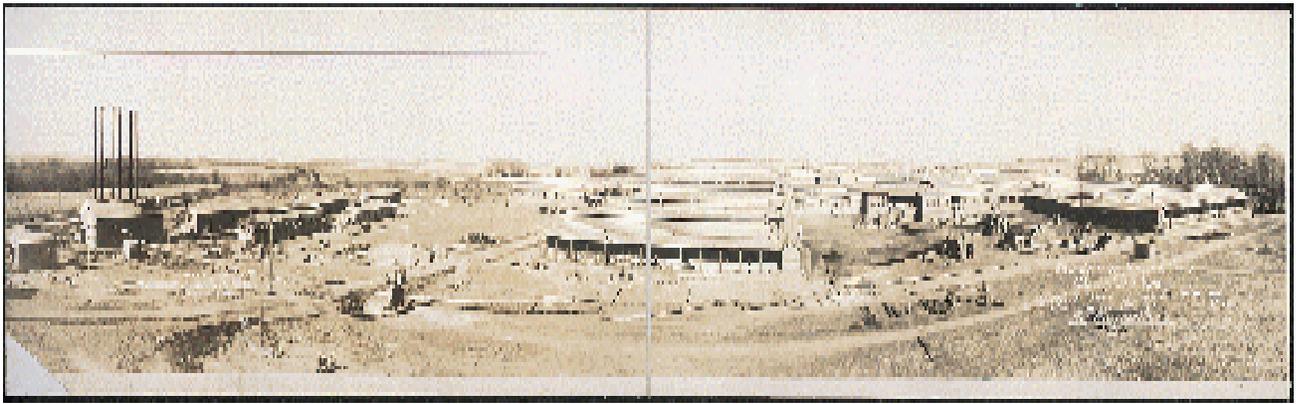
Even harder, they must do so while keeping the mission at hand and the welfare of their soldiers, rather than their own suffering, foremost in their minds.

Over the two weeks this disparate group of individuals are molded into teams, with one goal in mind — earning “The Gold.” It is through the pressure, stress, and pain of OCS that future leaders are made, ready to tackle any mission.

### Iowa National Guard Region F, Phase I Officer Candidates

Staff Sgt. Weslie E. Anderson  
Staff Sgt. Rebecca E. Avery  
Staff Sgt. Nichole S. Bedford  
Staff Sgt. Rhett B. Bruner  
Staff Sgt. Robert L. Critser  
Staff Sgt. Erin A. Daher  
Staff Sgt. Neil P. Daniels  
Staff Sgt. John R. Deaton  
Staff Sgt. John P. Fansaga  
Staff Sgt. Garrett H. Gingrich  
Staff Sgt. Eric M. Green  
Staff Sgt. Kevin P. Johnson  
Staff Sgt. Ryan K. Johnson  
Staff Sgt. Igor B. Kozunov  
Staff Sgt. Thomas A. Mays

Staff Sgt. Michael J. McDonald  
Staff Sgt. Shannon F. McGowan  
Staff Sgt. Leevy C. Mears, III  
Spc. Todd M. Minarich  
Staff Sgt. Pamela F. Moen  
Staff Sgt. George T. Mosby  
Spc. Ryan M. Paulus  
Staff Sgt. Chad L. Richardson  
Staff Sgt. James E. Stansbury  
Staff Sgt. Adrian S. Taylor  
Sgt. Timothy N. Turba  
Staff Sgt. Andrew N. Wendling  
Staff Sgt. Gabriel J. Whitaker  
Staff Sgt. Christopher L. Wille



## Museum intern rescues hundreds of longviews

by CW3 R. Wesley Bender

Emily Harper, a University of Northern Iowa student and daughter of Master Sgt. Earl Harper, has performed a great service for the Iowa Gold Star Museum (GSM) and Iowa History. Her skills caused literally hundreds of the treasured “Longview” photographs to be preserved and documented.

The Cirkut rotational panorama camera was made between 1904 and 1943. They were a technical marvel of the day and the construction of Camp Dodge and WW I were ripe for the new photo technology.

When the pictures were stored they were generally kept in a tight roll. They were viewed by simply unrolling like a spring. After years of storage, the image would become brittle and then would tear or crack.

The GSM collection had hundreds of undocumented military unit, military base, and Camp Dodge longviews which were rolled up. The images could not be easily seen for research or enjoyment.

Harper’s skills in archival preservation were put to the test when she found herself on an internship at the GSM. The disorganized boxes and boxes of picture rolls needed to be straightened out, documented to Army Standards, and stored in a protected environment.

She built an assembly line contraption which did all that. Today the longviews are in protected folders and any visitor can request to view them. She organized them under the titles of Camp Dodge, Iowa Military, Outside Iowa, and Other.

One of the images is three inches shy of 10 feet. Many are framed and adorn the walls of the PX, offices and hallways at Camp Dodge.

The Camp Dodge views are quite collectable. You can sometimes find framed

longviews at antique stores with hefty price tags. Camp Dodge views show the build-up of the base during the 1917 construction phase when the National Army’s 88<sup>th</sup> Division was being created.

Harper noted many people have the longviews as heirloom property in that “tube” or rolled up fashion. It’s best to have them go through a softening process or you might destroy them, she said.

A 1920 ad explained that the Cirkut Camera “develops innumerable possibilities for unusually attractive pictures, and there is probably no camera that has brought greater profit to the photographer”.

Anyone interested in more history, or if a hobby interest with the old Cirkut Technology, the web sites follow: <http://www.bigshotz.co.nz> or <http://www.historiccamera.com>

Please visit the GSM view some of this wonderful collection. This collection is a striking record of the military. The GSM was very fortunate in the employment of Harper and once you see the results of her work I am sure you will agree.

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## Iowa Guard History

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Though small in size, the Iowa National Guard Museum displays many important artifacts from the Guard’s history.

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# Iowa National Guard



*The Iowa National Guard can get your Career off to a flying start while leaving your feet planted on the ground.*

**\* Nonprior Service Bonus \$10,000**

**\* Prior Service Bonus \$15,000**

**\* Tuition Assistance-up to \$2701 per Semester**

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