



The Update




December
2013

In This Issue:

- 2...Important Stuff
- 3...2014 EPSDT and CARES User Trainings
- 4...Calendar at a Glance
- 4...IME Informational Letters - Presumptive Eligibility and Qualified Entities

How States Stand to Gain or Lose Federal Funds by Opting In or Out of the Medicaid Expansion

The Commonwealth Fund recently released a publication about the impact of expanding or not expanding Medicaid on federal funds received by the states. According to the article, states will lose very little of their own budget by expanding Medicaid, as a majority of funding will come from the federal government. This funding is drawn from federal revenues from taxes of residents of all 50 states - many of whom will not benefit from Medicaid expansions if their state opts out of the expansion. Click [here](#) to read the full article. Also, see [page 2](#) for the press release about the agreement on the Iowa Health and Wellness Plan, which is Iowa's alternative to Medicaid expansion.



The Update is a monthly web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted once a month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

Important Stuff

RELEASE - Gov. Branstad and Lt. Gov. Reynolds Reach Agreement with Federal Officials for Approval of Bi-Partisan Iowa Health and Wellness Plan

(DES MOINES) – Gov. Terry Branstad and Lt. Governor Kim Reynolds have reached agreement with United States Department of Health and Human Services (HHS) officials for approval of the bi-partisan Iowa Health and Wellness Plan.

The HHS December 10th approval establishes the terms and conditions allowing Iowa to move forward, with the addition, by agreement, of premium contributions promoting healthy behaviors, without loss of coverage, for certain Iowa Health and Wellness Plan members in accordance with Iowa law.

Branstad was enthusiastic, saying, “This is an Iowa plan that fits the health needs of our state. The Iowa Health and Wellness Plan will improve health outcomes for Iowans. I am pleased we reached agreement with the Federal Government on our unique alternative approach and we are ready to move forward to serve Iowans.”

Interesting Read

“The Toxins That Affected Your Great-Grandparents Could Be In Your Genes”

After biologist Michael Skinner and a research colleague attempted to demonstrate how exposure to an endocrine disrupter affected sexual differentiation with no success, the researchers accidentally bred the offspring of these rats. They were shocked to find the initial exposure had a bigger impact on subsequent generation of rats than on the immediate offspring. [Click here to read the article!](#)

Reminder

The UNNATURAL Causes lending library is still open. If you are interested in utilizing this free educational tool for in-service staff training, for addressing health disparities/health equity and social determinates of health - please contact:

Janice Edmunds-Wells, MSW
Executive Director

Office of Minority and Multicultural Health
515-281-4904 | Janice.edmunds-wells@idph.iowa.gov

New Staff Spotlight!

Rebecca Goldsmith, previously an IDPH intern, recently began the position of Program Consultant for the 1st Five Healthy Development Initiative. Rebecca started her position as an administrative intern in April of 2013, where she worked on 1st Five as well as ACEs, serving on the planning committee for the recent Central Iowa ACEs Summit. She also worked as an intern in the Bureau of Health Promotion and Nutrition at IDPH in 2008. In the past year, Rebecca moved back to Iowa from Colorado to complete her graduate degree in public health at Des Moines University. She will graduate with her MPH at the end of the fall 2013 term. Her research on Public Health in the Built & Natural Environment served as the topic of her Master’s Capstone in which she worked closely with Dr. Mary Mincer Hansen of DMU and RDG Planning and Design Firm. Rebecca will present her research at the 2014 Iowa Governor’s Conference on Public Health. She was also selected to represent public health interests for RDG’s Design Residency Program. Previously, Rebecca attended Cornell College where she received her B.A. in Exercise Physiology with a minor in Psychology. Rebecca is a member of the Des Moines University Public Health Club, the Iowa Public Health Association and serves on the Des Moines Water Works Young Professionals Group.



2014 CAREs User & Child Health EPSDT Program Trainings

Mark your calendars for 2014!

The Bureau of Family Health is offering CAREs User training and also Child Health / EPSDT program training during the months of March through November 2014. Any agency staff are welcome to attend - either new staff or experienced staff who would like a refresher.

The CAREs User training provides an overview of the CAREs data system and how the electronic record system supports the Child Health – EPSDT program.

The Child Health / EPSDT – Serving Iowa's Children and Families training presents a program overview and detail on each of the services within the Child Health program. Modules include the following:

- **Module 1: Child Health - EPSDT Care for Kids Overview**
- **Module 2: Child Health Agency Responsibilities**
- **Module 3: Presumptive Eligibility, Informing & Re-informing**
- **Module 4: Care Coordination**
- **Module 5: EPSDT Direct Care Services**
- **Module 6: In Closing....**

Each of these trainings will be held at the Lucas State Office Building – located directly across the street from the State Capitol Building at 321 East 12th Street in Des Moines, IA. The CAREs User training will be offered from 9:00 -11:00 a.m. each day. A lunch break will follow. The Child Health – EPSDT program training will be held from 12:00 – 4:00 p.m. on each date. See the dates and conference room locations below.

- Thursday, March 27, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 518
- Thursday, April 24, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 415
- Thursday, May 29, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 415
- Thursday, June 26, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 518
- Thursday, July 17, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 415
- Thursday, August 28, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 518
- Thursday, September 25, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 518
- Thursday, October 30, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 518
- Thursday, November 20, 2014: 9:00 a.m. – 4:00 p.m. (1 hr lunch break) Room 518

Please contact Janet Beaman at janet.beaman@idph.iowa.gov (515-745-2728), Analisa Pearson at analisa.pearson@idph.iowa.gov (515-281-7519), or Betsy Richey at betsy.richey@idph.iowa.gov (515-725-2085) if you have any questions! We will need the names of staff from your agency that will attend on selected dates. Please specify which training(s) these individuals wish to attend –

- **CAREs User Training**
- **CH-EPSDT Program Training**
- **Both**

Our space is limited. If seating capacity fills, we may need to request that future dates be selected.

Thank you for your continued participation in key program trainings!



Calendar at a Glance

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2		
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

IME Information Letter #1333:

Accepting Application for Certification to Become a Qualified Entity (QE)

IME is now accepting applications for QEs in the new Medicaid Presumptive Eligibility Portal (MPEP) system. All existing QEs must reapply in order to use MPEP. Once the application has been reviewed and approved, the applicant will receive training materials for MPEP, which they must review and then submit the MPEP request form. MPEP will be live starting January 2nd, 2014, and all Presumptive Eligibility applications must go through this portal after that date. Current QEs will continue to use IMPA through January 1st, 2014.

[Click here to view the letter.](#)

IME Information Letter #1334:

Presumptive Eligibility Changes Under the Affordable Care Act (ACA)

This letter clarifies the role of hospitals in becoming QEs. Click [here](#) to read this letter.

