

Week ending issue: September 27, 2013 – Issue #186

Policy

From the WIC Services Policy and Procedure Manual – 215.83 Nutrition Care Plans - SOAP format

Care plans in the data system use the SOAP format. The data system will automatically populate some subjective, objective and assessment data from data fields in the system. The CPA must add pertinent data to complete the care plan. The table below lists examples of information for each part of the plan.

Part of care plan	Examples
S = Subjective data	Information provided by participant, such as: • Perceived illnesses • Attitudes • Medical complaints, and • Stated interest or questions.
O = Objective data	“Hard facts” such as: • Age • Laboratory data, and • Anthropometric data
A = Assessment	Assessment of the participant’s nutritional health including: • Identified risk criteria • Nutrition education and referral needs, and • Readiness for behavior change.
P = Plan of action	The intervention plan including: • Follow-up plans to monitor progress towards goals and behavior change, and • Referrals to agencies/providers not listed in local agency referral database.

Note: Referrals, completed nutrition education contacts and planned contacts are documented in another part of the data system.

Training

Kids are Drinking WHAT?!

“On October 30th from 12-1:00 pm Central Time, please join us for a Kids Are Drinking WHAT?! Webinar to learn about alarming trends in child beverage consumption based on NHANES data. By registering and providing contact information, you will receive valuable resources, nutrition education materials, and information from the Midwest Dairy Council. Participants will receive one free CEU. Please share this opportunity with Registered Dietitians and disperse through your organization’s newsletters!” **See Registration at end of Friday Facts.**

Space is limited.

Reserve your Webinar seat now at:

<https://www3.gotomeeting.com/register/151256070>

After registering you will receive a confirmation email containing information about joining the Webinar.

System Requirements

PC-based attendees

Required: Windows® 8, 7, Vista, XP or 2003 Server

Mac®-based attendees

Required: Mac OS® X 10.6 or newer

Mobile attendees

Required: iPhone®, iPad®, Android™ phone or Android tablet

Food Products

Name Change

Powdered Nutramigen AA Lipil changed its name to Nutramigen PurAmino DHA & ARA. Starting October 1st, the OR statement will be taken out of the check description and the checks will appear as follows: Containers 14.1 oz. Powder Nutramigen PurAmino DHA & ARA.

Dates to Remember

2013

- Communication and Rapport Building Workshop – October 29, 2013

New Employee Training Go-to-Meeting

- NETC Go-To-Meeting (All new staff) – October 10, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – October 17, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – October 24 from 8:30-11:30

Reminder

Check description for Cheese

The check description for cheese reads “**oz. Natural Cheese- Chunk, Shredded, or Mozzarella String**” there for when you are adding cheese to a Special Child/Woman food package after selecting the Item

Description for cheese you must enter **16** (not 1) on the FI in which you want the cheese to be added to so the client is able to purchase the allowable 16oz of cheese.

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Enfaport	87 – 8 fl oz cans	11/1/13	North Iowa Community Action	Carla Miller 641-423-5044
Neosure RTU	2 cases (6-1Q) plus 3 bottles	1/2014	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Pregestimil	5 cans (16 oz) powder 1 can (16 oz) Powder 10 cans (16 oz) Powder	1/2014 7/2014 9/2014	Upper Des Moines Opportunity	Tammy Chapman 712-859-3885 Ext. 110
Peptamen Jr.	8 cases of 24 15 cans	6/2014 5/2014	Mid-Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Duocal	1 can – 14 oz	April 2016	Mid-Sioux Opportunity	Glenda Heyderhoff 712-786-3417



Kids Are Drinking WHAT?!

Webinar: October 30th 12-1 pm Central Time

CPE credits: 1

***Please share this webinar opportunity in your organization's newsletter.**

Beverages make significant calorie and nutrient contributions to children's diets. Beverage choices at an early age have been shown to predict nutrient intake, adiposity and body weight across childhood and adolescence. Data from the National Health and Nutrition Examination Survey (NHANES) unveil alarming trends in beverage intake over the past three decades as children transition from bottle to cup and into their teens.

This webinar will explore these trends and summarize the latest research on the introduction of beverages to infant's diets, what and how much kids drink and the impact of choosing nutrient-rich beverages on their overall diet. RDs play a key role in the education of and/or outreach to parents/caregivers of children about healthy eating habits. Encouraging smart beverage choices from day one is a crucial step in helping to curb the obesity epidemic and ensuring children get the essential nutrients they need for growth and development.

Learning Objectives:

- Identify the trends in children's beverage consumption and the impact on children's nutritional status.
- Provide guidance to children and their parents/caregivers on beverage intake to help meet their nutritional needs.
- Deliver messages to targeted audiences on the importance of beverage choices to the nutritional intakes of children.