

Week ending issue: August 9, 2013 – Issue #181

Policy

From the WIC Services Policy and Procedure Manual – 215.72 Blood-Drawing Techniques

Collect blood from the applicant's ring or middle finger. The following tips may help you collect a sufficient blood sample:

- Apply a warm cloth or compress to the applicant's finger before cleaning it.
- Ask the applicant to hold hand down and make a fist several times.
- Poke the fleshy part of the finger; the side is usually best.

Two methods for holding the applicant's hand comfortably and safely are:

- Hold the applicant's entire hand with a firm palm-to-palm grip, or
- Hold the applicant's selected finger with your thumb and forefinger.

Resources

My Plate Kids' Place



The online doors to MyPlate Kids' Place are open.

Kids will find games such as Blast Off, Smash Your Food, Food Hero, Nutrition Sudoku, Combo Kitchen, Trainer, Word Search, Kevins' Build-A-Meal, Dining Decisions, and Track and Field Fuel-Up. All the games are interactive and on-line. These are fun and teach kids to

make healthier food choices.

<http://www.choosemyplate.gov/kids/>

Health Equity Resource Web Guide

The Division of Nutrition, Physical Activity, and Obesity (DNPAO) within the National Center for Chronic Disease Prevention and Health Promotion is launching the [Health Equity Resource Web Guide](#). The primary focus is on how to create systems and environmental changes that will reduce obesity disparities and achieve health equity.

Within the pages of this website you will find instructions for the most efficacious use of the Toolkit, additional resources and links, as well as interactive components such as quizzes and models.

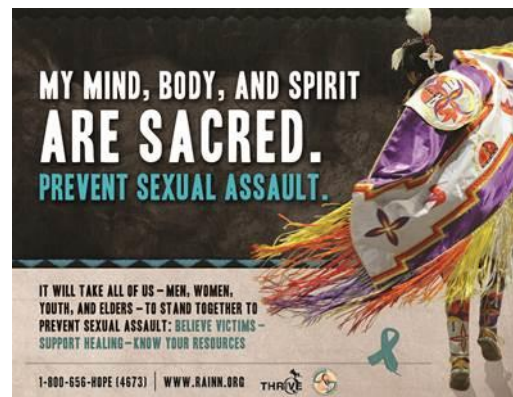
Sexual Assault Prevention Campaign

A new sexual assault prevention campaign targeting American Indian and Alaska Native Youth is now available. It is titled “*My Body, Mind, and Spirit Are Sacred. Prevent Sexual Assault*”. The goal of the campaign is to empower community members to stand up against sexual assault.

In many American Indian (AI)/Alaska Native (AN) communities, sexual assault rates are at epidemic levels. It’s reported that one in three AI/AN women will be sexually assaulted in their lifetime and one in eight men will be sexually assaulted in his. The My Body, Mind, and Spirit Are Sacred campaign was developed by the Northwest Portland Area Indian Health Board (NPAIHB) and the Indian Health Service’s Division of Behavioral Health to help communities address this concern.

The campaign includes the following:

- Slogan
- 3 Posters
- Brochure
- Tipcard
- T-shirts
- USB Drive with radio PSA pre-loaded
- 30 second Radio PSA



These items can be ordered free-of-charge from two projects at the NPAIHB, Response Circles and THRIVE. **To order print materials, please contact the following by Friday August 16, 2013:**

Colbie Caughlan or Carrie Sampson

Northwest Portland Area Indian Health Board

2121 SW Broadway, Suite 300, Portland, OR 97201

ph: (503) 228-4185 fax: (503) 228-8182

Email: ccaughlan@npaihb.org or csampson@npaihb.org

Please include your: Name, Tribe/organization, desired items, and mailing address.

All of the My Body, Mind, and Spirit Are Sacred campaign materials will also be available on the following website by September 2013. Please download, print, and pass them along to interested parties:

http://www.npaihb.org/epicenter/project/mspi_prevention_media_resources/ Or

http://www.npaihb.org/programs/sexual_assault_prevention_project

Consider using these materials in conjunction with:

- October - National Domestic Violence Awareness Month
- April – National Sexual Assault Awareness Month

This project was made possible with financial support from the Indian Health Service. The campaign was developed by the Northwest Portland Area Indian Health Board in partnership with KAT Communications, with input from Native teens, parents, and health educators throughout the U.S.

Data System

New Appointment Type Selection

When scheduling clients you will notice there is now a new “Appt. Type” selection- WICHealth.org. Use this selection to schedule low risk clients who have completed their nutrition education online and are coming in to bring their completion certificates and pick up their checks.

Dates to Remember

2013

- Contractor’s Meeting – August 20, 2013
- Infant and Child Core Workshop – August 29, 2013
- Communication and Rapport Building Workshop – October 29, 2013

New Employee Training Go-to-Meeting

- NETC Go-To-Meeting (All new staff) – August 8, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – August 15, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – August 22, 2013 from 8:30-11:30
- NETC Go-To-Meeting (All new staff) – October 10, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – October 17, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – October 24 from 8:30-11:30

Other

Job Opening

The Siouxland District Health Department has a job opening for a WIC dietitian. See the information at the end of this Friday Facts for more information.

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
EleCare Jr. Unflavored Portagen	1 containers – 14.1 oz 5 containers – 16 oz	8/2013 8/2013	New Opportunities	Brenda Densmore 712-830-1329
EleCare Jr. Vanilla	3 cans	8/2013	Upper DsM Opportunity	Janet DeLoughery 712-580-4269
Peptamen, Jr. (vanilla)	76 – 8.45 oz cartons	8/22/13	Webster County Health Dept.	Kathy Josten 515-573-4107
KetoCal 4:1 ratio Powder	6 containers	8/29/13	Webster County Health Dept.	Kathy Josten 515-573-4107
Pediasure Peptide 1.0 cal, Vanilla	4 ½ cases of 8 oz containers	9/1/13	American Home Finding Assoc.	Cindy Canaday-Meiners 641-682-8784
Enfaport	87 – 8 fl oz cans	11/1/13	North Iowa Community Action	Carla Miller 641-423-5044
Neosure RTU	2 cases (6-1Q) plus 3 bottles	1/2014	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Peptamen Jr.	8 cases of 24 15 cans	6/2014 5/2014	Mid-Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Elecare Junior Unflavored powder	3 cans 6 cans	7/2014 12/2014	Broadlawns	Rose Logan 515-282-6717
Duocal	1 can – 14 oz	April 2016	Mid-Sioux Opportunity	Glenda Heyderhoff 712-786-3417

JOB VACANCY NOTICE

Join a team of 4 Dietitians providing nutrition counseling in a busy WIC program! Siouxland WIC services are provided Monday through Friday within the main office of Siouxland District Health Department (SDHD) in Sioux City, IA. Offering a wide array of services this progressive public health environment allows you the ability to interact with public health professionals working within our nursing, laboratory, environmental, and wellness arenas. SDHD offers an onsite fitness room, involvement in Healthy U activities, and a lactation/relaxation room with an excellent starting salary and benefit package. A multitude of community opportunities exist including community gardens, health/wellness events and our city's designation as a Blue Zone demonstration site. Applications accepted through 4:30 p.m., August 29, 2013.

Woodbury County, Iowa, a governmental unit as prescribed by the Iowa Code, will accept applications in Room 701 of the Woodbury County Court House, 620 Douglas Street, Sioux City, Iowa for the following position:

SIouxLAND DISTRICT HEALTH

TITLE: F/T Dietitian
WIC Program

ENTRY SALARY: \$44,706/yr.
(Plus Benefits)

ESSENTIAL FUNCTIONS:

Responsible and accountable as the competent professional authority for determination of Women, Infants, and Children (WIC) Program eligibility and certification based on nutritional risk. Provide nutrition assessment, education, referral, and care coordination services. Provide nutrition services to Maternal Health and other SDHD public health programming. Reports directly to Nutrition Director.

APPLICANTS MUST MEET THE FOLLOWING REQUIREMENTS:

Must possess Bachelor's Degree in nutrition, dietetics, food systems management or closely related field. Must possess Dietitian License as issued by the Iowa Board of Dietetic Examiners, or able to obtain license within 6 months of employment. Current Dietetic registration preferred through the Commission on Dietetic Registration for the Academy of Nutrition and Dietetics or eligible to take the registration exam, which must be completed within 6 months of employment. A minimum of 1 year experience in general dietetics is desired with experience in maternal/child nutrition preferred. Computer skills required. Must be a resident of Iowa or willing to relocate; must have valid Driver's License, ability to obtain car insurance at agency specified liability level, & reliable transportation. Physical ability to lift 50 lbs. A completed County application form, a resume, a copy of transcripts or diploma, and a copy of current Dietitian License (if applicable) are required.

Candidate for hire must successfully pass background checks, a physical exam and drug screening prior to employment. The employer will not refuse to hire a disabled applicant who is capable of performing the essential requirements of the job with or without reasonable accommodations.

Applicants for employment should contact the Human Resources Dept., Room 701, of the Woodbury County Court House between the hours of 8:00 a.m. to 4:30 p.m. at the following address for further information. Deadline for receipt of applications shall be: **4:30 p.m., Thursday, August 29, 2013.**
(www.woodburyiowa.com) (www.siouxlanddistricthealth.org)

Human Resources Dept., Rm. 701
Woodbury County Court House
620 Douglas Street
Sioux City, IA 51101

EQUAL OPPORTUNITY EMPLOYER