



***Week ending issue: January 11, 2013- Issue #164***

### ***Policy***

#### **From the WIC Certification Manual - 215.15 Physical Presence at Certification**

Physical presence at certification provides the opportunity for WIC personnel to observe and physically assess each applicant's nutrition and health status. Immediate needs for medical attention or other social services can be readily identified and referrals made to other providers. Participants also have the opportunity to actively participate in nutrition education activities and receive other on-site services such as immunizations or lead screening. However, requiring physical presence presents barriers to service for working or student parents/caretakers. Local agencies are encouraged to accommodate these families by providing early morning, evening, and/or weekend appointments.

### ***Information***

#### **NETC**

Please notice the new dates and times for the New Employee Training under "Dates to Remember."

### ***Resources***

#### **"Healthy Eating for Preschoolers" Revised**

The English and Spanish version of the new preschooler publication "Healthy Eating for Preschoolers" has been revised to show that 3 year-olds need 2 cups of dairy foods per day, as identified in the 2010 Dietary Guidelines for Americans.

**Your WIC agency should discard all versions downloaded prior to the January 7, 2013.**

The newly revised version can be downloaded at:

<http://wicworks.nal.usda.gov/children>

## Food and Nutrition DVDs available

There are some new free Food and Nutrition DVDs available from Nutrition.Gov

**Farmers Markets: Fresh, Nutritious, Local** and **Kids Rock Nutrition in the Kitchen** are Nutrition.gov videos available online with new supporting web pages and resources:

### [Top 10 Reasons to Shop at a Farmers Market](#)

- Farmers Market Food Safety
- Seasonal Produce
- Cooking Methods & Recipes

### [Kids in the Kitchen](#)

- Health & Development
- Food & Nutrition
- Kids Corner
- Kids Food Safety

These videos are also now available on DVD, so if you are looking for an educational tool to use with your clients and the public, you can request a copy by emailing [info@nutrition.gov](mailto:info@nutrition.gov).

## *Dates to Remember*

### 2012

- Contractor's Meeting – January 29, 2013
- NETC Webinar (All new staff) – February 14, 2013 from 8:30 to 11:30
- NETC Webinar (CPA) – February 21, 2013 from 8:30 to 11:30
- NETC Webinar (Support Staff) - February 28, 2013 from 8:30 to 11:30
- Maternal and Breastfeeding Core Workshops – March 27-28, 2013
- NETC Webinar (All new staff) - April 11, 2013 from 8:30-11:30
- NETC Webinar (CPA) – April 18, 2013 from 8:30-11:30
- NETC Webinar (Support Staff) – April 25, 2013 from 8:30-11:30
- NETC Webinar ( All new staff) – June 13, 2013 from 8:30-11:30
- NETC Webinar (CPA) – June 20, 2013 from 8:30-11:30
- NETC Webinar (Support Staff) – June 27, 2013 from 8:30-11:30
- NETC Webinar (All new staff) – August 8, 2013 from 8:30-11:30
- NETC Webinar (CPA) – August 15, 2013 from 8:30-11:30
- Contractor's Meeting – August 20, 2013
- NETC Webinar (Support Staff) – August 22, 2013 from 8:30-11:30
- Infant and Child Core Workshop – August 29, 2013
- NETC Webinar ( All new staff) – October 10, 2013 from 8:30-11:30
- NETC Webinar (CPA) – October 17, 2013 from 8:30-11:30
- NETC Webinar (Support Staff) – October 24 from 8:30-11:30
- Communication and Rapport Building Workshop – October 29, 2013

## Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Pediasure Peptide 1.5 Cal Vanilla	1 case (24 RTU containers)	3/1/2013	Broadlawns	Rose Logan 515-282-5800
	3 cases (72 RTU containers)	6/1/2013		
Peptamen Jr. with fiber	36 - 8 - oz	3/1/2013	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Bright Beginnings Soy Vanilla flavor	8 oz RTU cans in cases of 6 17 cases (102 cans)	3/2013 and 2/2013	Siouxland District Health Department	Jean Sterner 712-279-6636
Pediasure 1.0 Enteral	1 case (24 cans)	7/1/2013	Pott County	Kris Wood 712-238-5886
EleCare Jr. Unflavored Portagen	1 containers – 14.1 oz	8/2013	New Opportunities	Sharon McDonald Williams 712-830-1329
	5 containers – 16 oz	8/2013		
KetoCal 4:1 ratio Powder	6 containers	8/29/13	Webster County Health Dept.	Kathy Josten 515-573-4107
Enfagrow Gentlease Toddler formula 24 ounce powder	1	11-01-2013	Operation Threshold	Nancy Anderson 319-292-1827
Elecare Unflavored	8 containers 14.1 oz powdered	4/1/2014	Edgerton Women's Health	Jen Clasen 563-359-6635
Elecare Jr 14.1 ounce powder	2	09-01-2014	Operation Threshold	Nancy Anderson 319-292-1827