

**EPI Update for Friday, March 23, 2012**  
**Center for Acute Disease Epidemiology (CADE)**  
**Iowa Department of Public Health (IDPH)**

Items for this week's EPI Update include:

- **Travelers should ensure vaccinations are up-to-date**
- **Healthy Iowans now available for public comment**
- **Meeting announcements and training opportunities**

**Travelers should ensure vaccinations are up-to-date**

The CDC is urging Americans who plan to travel this summer to be up-to-date on vaccinations. CDC specifically cites the Olympics in London and the Euro 2012 soccer cup in Poland and the Ukraine as venues that draw many American travelers and that could present an increased risk for measles infection. In 2011, England and Wales had 1,086 cases of measles and the Ukraine is currently experiencing a large measles outbreak. Last year at least 214 cases of measles were imported into the U.S., and about 30 percent of those cases required hospitalization. Please discuss vaccinations with patients who have upcoming travel plans.

For travel recommendations by country, visit [wwwnc.cdc.gov/travel/](http://wwwnc.cdc.gov/travel/).

For a health guidance checklist for international travel, visit

[www.idph.state.ia.us/IDPHChannelsService/file.ashx?file=C73E8D9E-CE7C-48A0-A33E-7C3E35F7E1C1](http://www.idph.state.ia.us/IDPHChannelsService/file.ashx?file=C73E8D9E-CE7C-48A0-A33E-7C3E35F7E1C1).

For measles information, visit

[www.idph.state.ia.us/IDPHChannelsService/file.ashx?file=B5ED898C-7C31-48E5-85F9-B9A42B3DF2F0](http://www.idph.state.ia.us/IDPHChannelsService/file.ashx?file=B5ED898C-7C31-48E5-85F9-B9A42B3DF2F0).

**Healthy Iowans now available for public comment**

Iowa's five-year plan for improving the health of the state has been released for public comment. More than a year in the making, [Healthy Iowans](#): Iowa's Health Improvement Plan 2012-2016, focuses on 39 critical health needs based on input from local public health partners in all Iowa counties and more than 70 public and private sector organizations. To address the 39 critical needs, more than 60 organizations provided baseline data and strategies that can be used by a wide variety of partners.

The draft plan is now available on the "[Get Involved](#)" tab on the Healthy Iowans website, [www.idph.state.ia.us/adper/healthy\\_iowans.asp](http://www.idph.state.ia.us/adper/healthy_iowans.asp). It has been posted as a single document and as 11 topic-specific PDF files. Those wishing to comment on the plan may do so by April 13. Please send all comments to [HealthyIowans@idph.iowa.gov](mailto:HealthyIowans@idph.iowa.gov).

**Meeting announcements and training opportunities**

**Responding to victims of strangulation**

A free multi-disciplinary learning opportunity "Responding to Victims of Strangulation: A Team Approach" will be held on Friday, March 30<sup>th</sup>, at the Student Life Center at Scott Community College in Bettendorf.

To register, visit [www.surveymonkey.com/s/RespondingtoVictimsofStrangulationBettendorf](http://www.surveymonkey.com/s/RespondingtoVictimsofStrangulationBettendorf).

**Have a healthy and warm week!**

Center for Acute Disease Epidemiology

Iowa Department of Public Health

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