



The Update is a bi-weekly web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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Iowa Barriers to Prenatal Care 2010 Data Available

The purpose of the Iowa Barriers to Prenatal Care project is to obtain brief, accurate information about women delivering babies in Iowa hospitals. Specifically, the project seeks to learn if women had problems getting prenatal care delivery or delivery care during their pregnancy. Other information is included which may be pertinent to health planners or those concerned with the systematic development of health care services.

The project is a cooperative venture of all of Iowa's maternity hospitals, the University of Northern Iowa Center for Social and Behavioral Research and the Iowa Department of Public Health. Data includes responses to a questionnaire that is distributed to all maternity hospitals in the state of Iowa. All birth mothers are approached prior to discharge and requested to complete the questionnaire. Completed questionnaires are returned to the University of Northern Iowa Center for Social and Behavioral Research for data entry and analysis.

This report site rates per county for key variables. Unless otherwise noted, all entries reflect percentages. Please note that because percentages were rounded, total values may not equal 100 percent.

The report can be viewed at www.idph.state.ia.us/common/pdf/publications/prenatal_barriers_2010.pdf.

The barriers county data can be viewed at www.idph.state.ia.us/hpcdp/prenatal_care_barriers.asp.

A sample county report can be viewed on page 6-8 of **The UPdate**.

If you have any questions, please contact Steph Trusty at (515) 281-4731 or stephanie.trusty@idph.iowa.gov.

November-December 2011 Edition of The Check-Up is Available

The November - December 2011 edition of The Check-Up has been released and is available at www.idph.state.ia.us/IdphArchive/Archive.aspx?channel=CheckUp.

Articles in this issue include:

- Electronic Health Information
- Prevention and Chronic Care Management
- Medical Home
- Health and Long-Term Care Access
- Direct Care Worker
- Patient Autonomy in Health Care Decisions Pilot Project
- Iowa Healthy Communities Initiative
- Small Business Qualified Wellness Program Tax Credit Plan
- Health Benefits Exchange

This newsletter is designed to keep interested Iowans up-to-date on the progress of health care reform initiatives.

2012 Iowa Governor's Conference on Public Health - Save the Date!

The 2012 Iowa Governor's Conference on Public Health will be held April 17-18, 2012 at the Scheman Conference Center in Ames. The conference brochure and a link for online registration will be available on January 23 at www.iowapha.org (click on Iowa Governor's Conference on Public Health).

2012 Iowa Governor's Conference on Public Health



April 17-18, 2012
Scheman Conference Center
Ames, Iowa



Conference Partners:

Child Health Specialty Clinics; Iowa Counties Public Health Association; Iowa Dept. of Public Health; Iowa Environmental Health Association; Iowa Public Health Association; State Hygienic Laboratory at the University of Iowa; University of Iowa College of Public Health

Oral Health Recent Events

News from the Bureau of Oral and Health Delivery Systems - Oral Health Center

The PRIMECARRE state loan repayment program has just completed the Request for Proposal and review process for a two-year contract period beginning January 1, 2012. Program recipients are required to provide primary care services in designated health professional shortage areas and must accept Medicaid and Medicare and allow payment according to a sliding fee scale. New awardees include:



- Stephanie Beckley-Schuster, LISW - Northwest Iowa Mental Health Center (Estherville and Spirit Lake)
- Tana Fourdyce, LISW - Great River Mental Health (West Burlington)
- Roxanne Lenz, ARNP - Covenant Clinic (Oelwein, Arlington)
- Katie Reimler, PA-C - Alegent Health (Lenox, Bedford, Corning)
- Brian Simmons, LISW - River Hills Community Health Center (Ottumwa)
- Alison Uhl, DDS - Siouxland Community Health Center (Sioux City)

For more information on oral health, contact the Bureau of Oral and Health Delivery Systems at 1-866-528-4020.

Administration/Program Management

Bureau of Family Health Grantee Committee Meeting

The next Bureau of Family Health Grantee Committee meeting will be held via a GoToWebinar on January 19, 2012 from 9-11:30 a.m. An agenda and minutes from the October meeting are available on page 9-12 of **The UPdate**. *This is a required meeting for Bureau of Family Health grantee agencies.*

Reserve your Webinar seat now at:

<https://www1.gotomeeting.com/register/508582777>

After registering you will receive a confirmation email containing information about joining the Webinar.

System Requirements for PC-based attendees

Required: Windows® 7, Vista, XP or 2003 Server

Macintosh®-based attendees

Required: Mac OS® X 10.5 or newer

Calendar

***January 19, 2012**

Bureau of Family Health Grantee Committee Meeting

GoToMeeting

February 8-9, 2012

18th Early Childhood Iowa Congress

Wednesday, February 8

ECI Stakeholders Meeting: Airport Holiday Inn, Des Moines, IA

Day on the Hill: Capitol, Visit Legislators

Dinner/Speaker: Airport Holiday Inn, Des Moines, IA

Nancy Amidei, Child Advocate, Seattle, WA

Thursday, February 9

ECI Congress: Airport Holiday Inn, Des Moines, IA

Keynote Speakers: Karen Brandi & Marsha Guthrie,
Children Services Council of Palm Beach, FL

Sari Gupta, PhD, PEW Charitable Trust, Washington, DC

April 17-18, 2012

2012 Iowa Governor's Conference on Public Health

Scheman Conference Center, Ames

* Required meeting

JANUARY Contract Required Due Dates

1 - Change CARES Password

12 - FP Client Visit Records

15 - Electronic Expenditure
Workbooks

27 - FPAR Tables 9 & 13

27 - December EEW

27 - Expenditure Reports

28 Export WHIS Records to
IDPH

30 - Dental Data Report

30 - *hawk-i* Outreach
Quarterly Progress Report



Bureau of Family Health: 1-800-383-3826

Teen Line: 1-800-443-8336

Healthy Families Line: 1-800-369-2229

FAX: 515-242-6013

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Area code is 515

Profile of Prenatal Health in Polk County 2010 Births

Number of Mothers in the State of Iowa Who Responded to the Survey: 23,511

Number of Mothers in Polk County Who Responded to the Survey: 3,192

Please note that because percentages were rounded, total values may not equal 100%.

Demographic Indicators	State	Polk County
Mother's Age		
< 18 Years	02%	02%
18 - 19 Years	06%	05%
20 - 25 Years	30%	27%
26 - 30 Years	35%	35%
31 - 35 Years	21%	22%
> 35 Years	07%	09%
Mother's Ethnicity		
Hispanic	08%	12%
Non-Hispanic	93%	88%
White	93%	87%
Black	04%	08%
Asian or Pacific Islander	03%	05%
Am. Indian or Alaskan	01%	01%
Marital Status		
Single, Never Married	13%	15%
Single, Lives W/Partner	17%	17%
Married	67%	66%
Widowed	<1%	<1%
Divorced	02%	02%
Separated	01%	01%
Socioeconomic Indicators	State	Polk County
Mother's Education		
< High School	09%	09%
High School	20%	21%
Some College	37%	32%
College	25%	29%
Graduate School	09%	10%
Mother's Employment Status While Pregnant		
Full Time	54%	58%
Part Time	19%	17%
Not Employed	27%	26%
Family Income		
< \$10,000	14%	13%
\$10,000 - \$19,999	11%	10%
\$20,000 - \$29,999	10%	10%
\$30,000 - \$39,999	10%	09%
\$40,000 - \$49,999	10%	08%
≥ \$50,000	46%	51%
Utilized WIC	37%	32%

Behavioral Indicators	State	Polk County
Desired Pregnancy At That Time Or Earlier	66%	66%
Birth Control Used At Conception (Among Those Who Did Not Desire Pregnancy)	35%	34%
Cigarettes Smoked Per Day During Pregnancy		
Never Smoked	76%	78%
None, Quit	10%	10%
1 - 10 Per Day	11%	10%
11 - 20 Per Day	03%	02%
> 20 Per Day	<1%	<1%
Alcohol Consumed During Pregnancy		
Did Not Drink Alcohol	92%	91%
< 1 Drink Per Month	05%	06%
1 - 3 Drinks Per Month	02%	02%
> 3 Drinks Per Month	01%	02%
Method For Feeding Baby Now		
Breast Milk Only	48%	42%
Mostly Breast Milk	13%	15%
Breast Milk = Formula	10%	15%
Mostly Formula	05%	09%
Formula Only	24%	20%
Baby to Sleep with Someone		
Always	01%	01%
Almost Always	01%	02%
Sometimes	10%	09%
Rarely	28%	24%
Never	60%	64%
Feelings of Sadness or Misery at End of Pregnancy		
Yes	09%	07%
Other Important Variables	State	Polk County
Ability to Get Prenatal Care		
Very Easy	88%	86%
Easy	09%	09%
Moderate	03%	04%
Difficult	01%	01%
Very Difficult	<1%	<1%
Trimester Pregnant At 1st Prenatal Care Visit		
1st	94%	94%
2nd	05%	05%
3rd	01%	01%

Satisfaction W/Prenatal Care

Very Satisfied	92%	91%
Somewhat Satisfied	07%	08%
Somewhat Dissatisfied	01%	01%
Very Dissatisfied	<1%	<1%

For more information, call the University of Northern Iowa Center for Social and Behavioral Research at:
(319) 273-2105

Source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa
Center for Social and Behavioral Research: 2010 Data

BFH Grantee Committee Meeting
January 19, 2012
9 a.m. – 11:30 a.m.
GoToMeeting

*BFH Required Meeting

Agenda

9:00 a.m.	Call to Order Introductions & Roll Call Approval of Minutes	<i>Cari Spear</i> <i>Cari Spear</i>
9:15 a.m.	Announcements Department Updates Perinatal Depression Resource	<i>Gretchen Hageman</i> <i>Heather Hobert-Hoch</i>
9:30 a.m.	Media/Community Relations	<i>Polly Carver-Kimm</i>
10:00 a.m.	MCH Administrative Manual	<i>Lucia Dhooge</i>
10:05 a.m.	IME Related Issues	<i>Janet Beaman</i>
10:30 a.m.	Budget/Legislative Update	<i>Julie McMahon</i>
10:45 a.m.	CAReS Review Tools/Summary - Grantee Q & A	<i>Shelley Horak/</i> <i>Juli Montgomery</i>
11:15 a.m.	Grantee Dialogue	<i>Cari Spear</i>
11:25 a.m.	Agenda Items for Next Meeting Adjournment	<i>Cari Spear</i>

*This is a required meeting for Bureau of Family Health contractors (Maternal Health, Child Health, and Family Planning).

BFH GRANTEE COMMITTEE MEETING

Date: October 6, 2011

Time: 1-3 p.m.

Gateway Conference Center, Ames

Members Present:

Allen Memorial Hospital: Sandy Kahler*

American Home Finding: Tracey Boxx-Vass *, Tom Lazio

Black Hawk County Child Health Department: Rhonda Bottke*, Kim Howard

Crawford County Home Health Agency: Kim Fineran*, Jenn Muff

Family Inc.: Sarah Zach*

Hawkeye Area Community Action Program: Gloria Witzberger*

Hillcrest Family Services: Sherry McGinn*

Johnson County Dept. of Public Health: Chuck Dufano*, Erica Wagner

Lee County Health Dept.: Michele Ross*, Melissa Dalvillis

Marion County Public Health: Kim Dorn*, Diane Ellis, Rachel Cecil

MATURA Action Corporation: Mary Groves*

Mid-Iowa Community Action: Kate Pergande*, Mary Greene, Lean Fonca

Mid-Sioux Opportunity, Inc.: Cindy Harpenau*

New Opportunities: Paula Klocke*, Rebecca Fox

North Iowa Community Action Org.: Lisa Koppin*

Northeast Iowa Community Action: Lori Egan*

Scott County Health Dept.: JaNan Less*, Tiffany Tjepkes, Briana Boswell,

Siouxland Community Health Center: Kate Donovan*

Siouxland District Health Department: Mona Scaletta*

Southern Iowa Family Planning: absent

St. Luke's Family Health Center: Val Campbell*

Taylor County Public Health: Joan Gallagher*

Trinity Muscatine: Emily Henderson- Shupy*

Visiting Nurse Assoc. of Dubuque: Nan Colin*, Molly Lammers

Visiting Nurse Services: Cari Spear*, Zoe Prevette

Warren County Health Services: Jodene DeVault*, Stacey McClain, Laci Brewer

Washington County PHN Service: Edie Nebel*, Chrystal Woller, Jen Weidman

Webster County Public Health: Kari Prescott*

*Voting Representative

Minutes

Handouts included: Agenda; June 16, 2011 Meeting Minutes; Maternal Health, Child Health and Family Planning FFY2011 Year End Report Instructions; Instructions for Compressing and Un-compressing File(s) or Folder(s); Updates from the Bureau of Oral and Health Delivery Systems; OH Consultant Assignments for MCH Contractors; Title V Listening Post Abstract; Accountable Government Act Powerpoint

TOPICS	KEY DISCUSSION POINTS/OUTCOMES
Call to Order <i>Cari Spear</i>	Meeting called to order at 12:58 p.m.
Introduction of Vice Chair	Cari Spear introduced Kari Prescott as the Vice Chair with a short bio.

Approval of Minutes	The June 16, 2011 Grantee Meeting Minutes were presented for approval. Motion for approval was made by Michelle Ross and seconded by Chuck Dufano. Motion approved.
Recognition Award <i>Gretchen Hageman and Heather Hobert Hoch</i>	A Recognition Award was presented to Michele Ross for her work as chair of the Bureau of Family Health Grantee Committee.
<u>Bureau of Family Health Updates</u> Race to the Top <i>Analisa Pearson</i> Contract Updates <i>Andrea Kappelman & Andrew Connet</i> CARes Technology Upgrade <i>Erin Parker</i>	- Pearson discussed the proposed ‘Race to the Top’ collaborative grant with the Department of Education and its potential impact upon programming. The BFH is proposing state level infrastructure building to support local CCNCs. A part of the proposal includes the integration of existing databases (WHIS, CARes, IRIS, etc.). Grantees were asked to consider providing letters of support for the proposal. A vote was called with unanimous approval. - Kappelman reminded the grantees that if changes in key personnel occur the agency is contractually obligated to report them to the BFH. She indicated that the agency should notify the lead consultant. Sharepoint will then be updated and the MOU will be revised. - Kappelman requested that agencies review the Activity Worksheets located on Sharepoint to confirm that the final/current worksheet is uploaded. - Kappelman reported that 6 template forms have been uploaded into Sharepoint. Deadline for completion of the required forms was extended until October 14. Additionally, agencies were reminded to review the report section of the contract to check for other requirements and special conditions requirements. - Pearson announced the CCR&R MOU deadline has been extended to November 15 - Connet instructed agencies to send an email notice to him when a workflow is begun so he can follow-up in a timely manner. He also discussed the movement of FY11 Closeout files and their relocation to Inactive Sharepoint folder - An upgrade is in the pilot stage and scheduled for probably rollout in January 2012. This is merely a technology upgrade for CARes with no enhancements. - Parker also informed the group of the new contract for tokens agreed upon. She plans to send full details by electronic mail.
I-Smile <i>Tracy Rodgers</i>	- Rodgers asked the group to take note of the I-Smile™ packet inserts. - She announced the creation of the new Bureau of Oral and Health Delivery Systems (OHDS) with a new phone number. Other changes within the bureau include the reassignment of duties and Sara Schlievert’s new responsibilities with Primecare. - Concerns for community water fluoridation were highlighted. Agencies are asked to advocate for continued fluoridation of drinking water. - Other announcements highlighted included - Inability to use Title V dollars for FQHC dental clinics

	- o Oral Health Needs Assessment - o Work with DMU for trainings - o Delta Dental Data Report form due January. - o Copy of I-Smile™ EEW
Messages from Julie McMahon <i>Cari Spear</i> <i>Kari Prescott</i>	Spear read a letter from McMahon which included • PSE 3- BFH Bureau Chief selection process and progress • Encouragement for agencies to participate in CHNA HIP and the new Community Transformation Grant Prescott updated the group with information from McMahon regarding • The Listening Post – an abstract was provided in the meeting packets • The need for MCH Advocacy to distinguish Title V from other programs and nonduplication of services. Suggestions include providing numbers of population impacted, etc. • Local Board of Health linkages
Additional Resources <i>Stephanie Trusty</i> <i>Heather Hobert-Hoch</i>	• Trusty highlighted the resources available for agencies for the Period of Purple Crying/shaken baby prevention as well as, trainings available for family planning and maternal health staff. • Hobert-Hoch reminded agencies to pick up BFH calendars and a Life Course game set.
CHNA HIP <i>Meghan O'Brien</i>	• O'Brien provided an overview of the 99 county analysis completed using CHNA HIP data and the maternal and child health significance. • The full report will be distributed via email to all grantees.
Adjournment <i>Cari Spear</i>	• Meeting adjourned at 2:30 p.m.