



A MATTER OF SUBSTANCE: At-a-Glance

MAY 2011

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DIVISION QUICK FACTS

TLC's "Addicted" Interventionist to Keynote Conference: Author and Interventionist Kristina Wandzilak will be one of the keynote speakers on May 12th at the **Many Faces of Mental Illness Conference** in Sioux City (see **Upcoming Events** below). Many are familiar with Kristina as the interventionist on TLC's "Addicted," which follows the lives of individuals struggling with addiction. In addition, Kristina co-authored the book "The Lost Years" with her mother Constance Curry. The Lost Years, a true life story of addiction and recovery, reveals the brutal details of the worst that can happen to an ordinary family and how they triumphed over adversity. It describes a daughter's decline into addiction, and her mother's attempts to rescue her, yet protect herself and her other children. Written as a dual narrative, mother and daughter give their first hand accounts of the years lost to addiction, and how tough love, intervention and rehabilitation eventually saved them and their family.

Champions4Children Walk: On May 14th, walkers from across the state lace up to walk in support of Iowa Child Advocacy Centers and the Iowa Chapter of Children's Advocacy Centers (ICCAC). The second annual Champions4 Children Walk will raise public awareness about child abuse issues and will help raise funds for the four participating Iowa Child Protection Centers, located in Cedar Rapids, Des Moines, Muscatine, and Sioux City. Additionally, the Walk will increase knowledge about the services of local Child Protection Centers and the difference these services make in a child's life. In the past year alone, Iowa's Child Protection Centers provided support and services to over 3,300 children. For more information, contact Tara Strang, St. Luke's Child Protection Center, at 319-369-7908 or at strangtl@ctstlukes.com.

IDPH Selects SPF SIG Capacity Coaches: Eight Capacity Coaches have been selected to provide training and technical assistance to the 23 counties receiving funding through the Strategic Prevention Framework State Incentive Grant (SPF SIG). The coaches were selected through a Request for Proposal process in January and received a week of training on the SPF process and coaching techniques in April. Coaches will work directly with the SPF SIG Coordinator in each county and IDPH will soon contact the SPF SIG counties regarding their coach assignment. The Capacity Coaches include: Angie Asa-Lovestad/Kossuth Connections, Amy Croll/Community Youth Concepts, Jodee Goche/Compass Pointe, Lisa Guest/Southern Iowa Economic Development Association, Clare Jones/Helping Services for Northeast Iowa, Jane Larkin/Youth and Shelter Services, Jennifer Lehman/Henry County Extension, and Leslie Mussmann/New Directions.

Director's Corner: Thank you to everyone who's commented on our draft strategic planning documents posted at www.idph.state.ia.us/bh/sa_rosc.asp. Keep watching that space — the next draft document will be about licensure.

And congratulations to this year's Governor's Conference on Substance Abuse award recipients:

- **Champion Award:** Representative Renee Schulte
- **Excellence in Substance Abuse Services:** George Belitsos, Executive Director, Youth and Shelter Services
- **Business Award:** John Tometich, 2 Men and a Truck
- **Deb Mathews Award:** Dino Irvin, ASAC
- **Tressa Youngbear Award:** Michelle Ellison, PRI

UPCOMING EVENTS

Many Faces of Mental Illness May 12.
Sioux City Convention Center
For more information, contact Kim Fischer-Culver/
Siouxland Mental Health Center at 712-202-0173.

2011 Recovery in Iowa Conference: Building a Wellness Community May 16-17. Holiday Inn and Suites, Merle Hay Road in Des Moines. For more information, contact Deb Williams at 641-753-7414.

The Art of Assessing & Managing Anger: Aggression Reduction Training June 13.
William Penn University in Oskaloosa.
For more information, contact Carol Gay at 641-672-3162.

Psychological Trauma & Juvenile Justice: Impact on Mind, Body, Behavior and Community June 14-15.
Embassy Suites-On the River in Des Moines. For more information, contact Nancy Bogges at 515-244-2267.

For more information about the Division of Behavioral Health, visit www.idph.state.ia.us/bh

For questions related to "A Matter of Substance," contact the editors:

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