

The Update is a bi-weekly Web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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Body Works

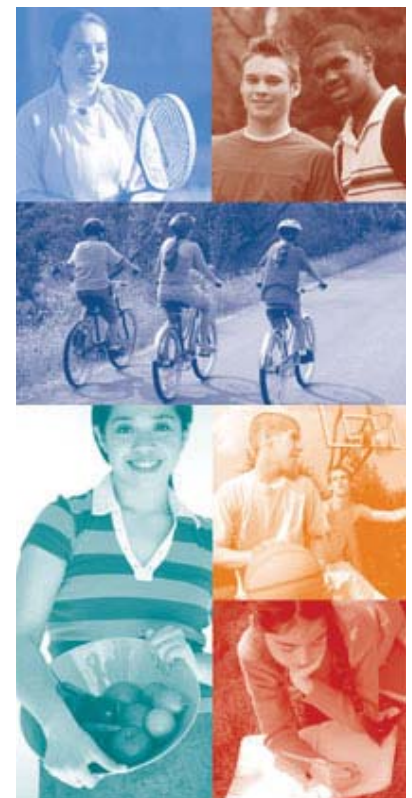
BodyWorks is a program designed to help parents and care givers of adolescents improve family eating and activity habits. Available in English and Spanish, the program focuses on parents as role models and provides them with hands-on tools to make small, specific behavior changes to prevent obesity and help maintain a healthy weight.

The BodyWorks program uses a train-the-trainer model to distribute the toolkit through community-based organizations, state health agencies, non-profit organizations, health clinics, hospitals and health care systems. The program includes one six-hour training module for trainers and ten 90-minute weekly sessions for parents and caregivers.

The Office on Women's Health, U.S. Department of Health and Human Services, developed BodyWorks following two years of formative research.

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2010 Legislative Summary Now Available

The 2010 legislative session was one to be remembered for a number of reasons. In addition to a tough economy and tight state budget, the shortened session (80 days versus 100 days) presented its own challenges and opportunities.

For a complete public health-specific overview of this year's session, see the recently posted 2009 Legislative Summary on the IDPH Legislative Updates page. Visit www.idph.state.ia.us/adper/legislative_updates.asp. There you will also find a PowerPoint presentation about the 2010 session, as well as a summary of the Enrolled State Government Reorganization bill.

www.idph.state.ia.us/adper/legislative_updates.asp

Role of the RCCNC and the CCNC

How is the role of the RCCNC changing?

Beginning July 1, 2010 the Regional Child Care Nurse Consultant (RCCNC) funding through DHS and employed directly or under contract with Child Care Resource and Referral (CCR&R) will no longer have *regional coordinating* responsibilities for local Child Care Nurse Consultants. The duties of the CCR&R nurse will focus primarily on:

- providing direct consultation services to child care providers on matters of health and safety
- supporting the delivery of health related training
- serving as a subject matter expert on health related matters to the CCR&R staff and regional partners.

The RCCNC will continue to be supported by staff within the CCR&R State Network (comprised of staff in DHS, DPH and CCR&R Regional Directors). While RCCNCs will not be responsible for coordinating the work of local CCNCs, they will be expected to remain connected to their local CCNC partners. The RCCNC role is being directed from one of coordinating, supporting, mentoring, and training the local CCNC to one of direct services with providers and supporting staff within the CCR&R system.

What will this mean for the local Child Care Nurse Consultants (CCNCs)?

While the Department of Public Health's Request for Proposal did not require Maternal and Child Health (MCH) agencies to directly employ a Child Care Nurse Consultant, successful child health applicants are required to provide leadership for development of health and safety in child care. Key activities include: securing funding, developing local agency capacity for CCNC services, providing structure for services of the CCNC and establishing agreements with CCR&R.

Projections regarding the anticipated pool of local CCNCs will not be available until contracts for MCH services are in place for FFY11 (October 1, 2010). MCH proposals, in areas where Community Empowerment has funded CCNCs in the past, all indicated a desire to continue this collaboration. Community Empowerment Areas are encouraged to continue to support local CCNC services and enter into agreements with local Title V child health agencies. As a major

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Role of the RCCNC and the CCNC *continued*

funder for this important early childhood program continued financial support is critical to system development. Support will continue to be provided to local CCNCs via the MCH agency and DPH and efforts will be coordinated with HCCI, DHS and CCR&R (though the CCR&R nurse will no longer have responsibility for coordination of the CCNCs in the region).

Should communities continue funding local CCNCs?

Absolutely! Child care nurse consultation is a valuable service to providers. Local CCNCs serve as a bridge between the state agencies, health care providers, child care providers and partners in their communities. CCNCs are an important resource on the health and safety needs of children in child care, including:

- providing leadership at the local level to assure healthy and safe child care settings are a priority in the community
- providing on-site consultation and training to providers
- assuring children are properly immunized
- responding to communicable disease outbreaks or emergencies/disasters in their community
- assuring health care access for children in their community

Given the scope of the work, agencies interested in funding a local CCNC are encouraged to fund CCNCs at a minimum of 0.5 FTE. A structure of support and training, coordinated by DPH and integrated with efforts within DHS/CCR&R, will be available for local CCNCs. The goal of DHS/DPH is to integrate the work of all consultants at the community-level to best meet the needs of all providers.

Will providers still be able to use the health and safety assessment tools?

The CCR&R RFP Concept Paper issued by DHS in November 2009, outlined DHS's intent to remove the three health and safety assessment tools (Injury Prevention, Health and Safety Assessment and Child Record Review) from the Quality Rating System (QRS). These tools were not initially designed to be used in a high-

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Please check your links to the IDPH home page

On June 1, the IDPH Information Management team will be making a change to the IDPH homepage that will allow for added functionality in the future. Most users will not notice a change. IDPH will still be accessible through the URL www.idph.state.ia.us. The longer address www.idph.state.ia.us/default.asp, however, will not bring up the IDPH homepage after May 30. The reason is that the ".asp" suffix will change to ".aspx." If your personal bookmarks or links on your organization's website currently point to the IDPH homepage at www.idph.state.ia.us/default.asp, please simply remove "/default.asp" from the address. Questions? Call John Warming at 515-281-7993.

Role of the RCCNC and the CCNC *continued*

stakes assessment, but rather were developed to be used in consultation with child care providers to assist them in assessing and improving their quality of care.

The regional Child Care Nurse Consultants, and local Child Care Nurse Consultants who have been approved to use the health and safety tools, may continue to use these tools to provide consultation services. The tools will no longer be awarded points in the QRS.

Does this mean that the health and safety of children in child care will be neglected?

No. The Early Childhood Iowa system, including DHS, DPH, CCR&R and Community Empowerment, is committed to ensuring that children are served in healthy and safe environments. The efforts to support providers in addressing health and safety will now be focused in different ways - other than primarily through QRS assessments -- and with a variety of consultants (not limited to nurses) through the following strategies:

- The three tools will continue to be available for qualified consultants and providers to use to assist in reviewing and improving their child care setting. The focus of the tools will now be on *consultation* and not on “getting points.”
- Specific training on health and safety issues will be delivered by CCR&R, including medication administration, injury prevention and emergency preparedness.
- Coordinated efforts are underway to develop strategies that support the full cadre of staff - both DHS regulatory staff, local CCR&R consultants and local CCNCs - in improving their consultation skills and increasing their understanding of regulatory requirements, health and safety practices and resources available to them and the providers they serve.

DHS is committed to continuing to have health and safety as a category in the QRS. In making changes to the QRS, the department intends to incorporate additional health and safety-related opportunities for providers to obtain points. *Until the new rules for the QRS take effect* (anticipated date is 10/2010), qualified RCCNCs and local CCNCs are able to administer the health and safety tools with a provider or to continue the process started with the tools with a provider already in progress.

Iowa Department of Human Services, Iowa Department of Public Health and Child Care Resource and Referral

Administration/Program Management

Bureau of Family Health Grantee Committee Meeting

The next Bureau of Family Health Grantee Committee meeting will be held June 17, 2010 from 9-11:30 a.m. via the ICN. A listing of ICN sites can be downloaded from pages 7-8 of **The Update**. This is a required meeting for Bureau of Family Health contract agencies.

Calendar

June 17, 2010

Bureau of Family Health Grantee Committee Meeting
9 - 11 a.m., ICN

June 29, 2010

WIC Infant Nutrition Workshop

June 30, 2010

WIC Child Nutrition Workshop

JUNE Contract Required Due Dates

10 - Due: CCNC Encounter
Data

15 - Due: GAX & Expenditure
Report

17 - Grantee Committee
Meeting

28 - Export WHIS Records to
IDPH



THE UPdate



Bureau of Family Health: 1-800-383-3826
Teen Line: 1-800-443-8336
Healthy Families Line: 1-800-369-2229
FAX: 515-242-6013

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Area code is 515

BUREAU OF FAMILY HEALTH GRANTEE COMMITTEE MEETING
June 17, 2010
9-11:30 a.m.
ICN Sites

<p>Ames Ames High School 20th & Ridgewood Phone: 515-817-0600 Primary Local Site Contact: <i>Lance Wilhelm – 515-268-6670</i></p>	<p>Grinnell Iowa Valley Community College 123 6th Avenue West, Room 121 Phone: 641-236-0513 Primary Local Site Contact: <i>Diane Karr – 641-236-0513</i></p>
<p>Anamosa Anamosa High School 209 Sadie Street, Room 113 Phone: 319-462-3594 Primary Local Site Contact: <i>Liz Scott – 319-462-3594 x211</i></p>	<p>Hiawatha Hiawatha Public Library 150 West Willman Street, Meeting Room Phone: 319-393-1414 Primary Local Site Contact: <i>Pat Struttmann – 319-393-1414</i></p>
<p>Bedford Bedford Community High School 906 Pennsylvania Avenue, Fiber Optic Room Phone: 712-523-2115 Primary Local Site Contact: <i>Cheryl Fletcher – 712-523-2114</i></p>	<p>Iowa City University of Iowa - 1 At the end of North Madison Street, North Hall, Room 103 (http://www.uiowa.edu/homepage/hub/tours.html) Phone: 319-335-2042 Primary Local Site Contact: <i>Pam Emerson – 319-335-2042</i></p>
<p>Burlington Great Prairie AEA 3601 West Avenue Phone: 319-753-6561 Primary Local Site Contact: <i>Anne Aney – 319-753-6561</i></p>	<p>Knoxville Knoxville High School 1811 West Madison, Room 125 Phone: 641-842-2173 Primary Local Site Contact: <i>Paul Emerick– 641-842-2173</i></p>
<p>Carroll DMACC – Carroll Campus 906 North Grant Road, Room 144 Phone: 712-792-1755 Primary Local Site Contact: <i>Jane Riley – 712-792-8317</i></p>	<p>Marshalltown Iowa Valley Community College 3702 South Center Street, Continuing Education Center, Room 806 Phone: 641-752-4645 Primary Local Site Contact: <i>Mary Emke – 641-752-4645 x5620</i></p>
<p>Council Bluffs Iowa School for the Deaf - 1 3501 Harry Langdon Boulevard, Careers Bldg, 2nd Floor Phone: 712-366-3647 Primary Local Site Contact: <i>Christy Nash – 712-366-3647</i></p>	<p>Mason City North Iowa Area Community College - 4 500 College Drive, Room CB118 Phone: 641-423-1264 Primary Local Site Contact: <i>Linda Rourick – 641-422-4336</i></p>

<p>Creston Creston High School 601 West Townline Road, Room 404 Phone: 641-782-2116 Primary Local Site Contact: <i>Jeff Norman – 641-782-2116</i></p>	<p>Mount Pleasant Mount Pleasant Mental Health Institution 1200 East Washington, Mental Health Institute, Main Floor Phone: 319-385-9511 Primary Local Site Contact: <i>Karla Sandoval – 319-385-7231 x2380</i></p>
<p>Davenport Eastern Iowa Community College - 3 326 West 3rd Street, Kahl Educational Center, Room 302 Phone: 563-336-5200 Primary Local Site Contact: <i>Catarina Pena – 563-336-5228</i></p>	<p>Ottumwa – <i>waiting for approval</i> Great Prairie AEA 2 2814 North Court Street Phone: 641-682-8591 Primary Local Site Contact: <i>Shirley Walker – 641-682-8591 x5220</i></p>
<p>Decorah Decorah Public Library 202 Winnebago Street Phone: 563-382-3717 Primary Local Site Contact: <i>Lorraine Borowski – 563-382-3717</i></p>	<p>Remsen Remsen–Union High School 511 Roosevelt Phone: 712-786-1101 Primary Local Site Contact: <i>Stacey Galles – 712-786-1101</i></p>
<p>*Des Moines – Origination Site Department of Public Health 321 East 12th Street, Lucas Building, 6th Floor, NW quad Phone: 515-281-7689 Primary Local Site Contact: <i>IDPH Receptionist – 515-281-7689</i></p>	<p>Schleswig Schleswig Middle School 714 Date Street, Room 402 Phone: 712-676-3313 Primary Local Site Contact: <i>Derek Schroeder – 712-676-3313</i></p>
<p>Dubuque University of Dubuque 2000 University Avenue, Jackaline Baldwin Dunlap Technology Center, Room T201 Phone: 563-589-3737 Primary Local Site Contact: <i>Ronda Powers - 563-589-3569</i></p>	<p>Sioux City Bishop Heelan Catholic High School 1021 Douglas Street, CYO Building, Room 22 Phone: 712-252-0573 Primary Local Site Contact: <i>Chris Bork – 712-252-0573</i></p>
<p>Emmetsburg Emmetsburg High School 2nd & King Street, Room 122 Phone: 712-852-2966 Primary Local Site Contact: <i>Jay Jurrens – 712-852-2966</i></p>	<p>Waterloo Waterloo Public Library 415 Commercial Street, Small Meeting Room, Room C Phone: 319-291-4496 Primary Local Site Contact: <i>Cathy Riechmann – 319-291-4496</i></p>
<p>Fort Dodge Fort Dodge Public Library 424 Central Avenue Phone: 515-573-8167 Primary Local Site Contact: <i>Deb Kern – 573-8167 x232</i></p>	<p>Wilton Wilton Jr-Sr High School 1000 Cypress Street, Room A-1 Phone: 563-732-2629 Primary Local Site Contact: <i>Marcia Hetzler – 563-732-2629</i></p>

*Origination site