# GRANTEE UPaate April 20, 2009

The Update is a bi-weekly Web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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### **About National Women's Health Week**

### What is National Women's Health Week?

National Women's Health Week is a weeklong health observance coordinated by the U.S. Department of Health and Human Services' Office on Women's Health (OWH). National Women's Health Week empowers women to make their health a top priority. With the theme "It's Your Time," the nationwide initiative encourages women to take simple steps for a longer, healthier, and happier life. During National Women's Health Week, communities, businesses, government, health organizations, and other groups work together to educate women about steps they can take to improve their physical and mental health and lower their risks of certain diseases. Important steps include:

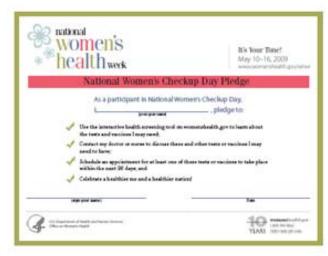
- Getting at least 2 ½ hours of moderate physical activity, 1 hour and 15 minutes of vigorous physical activity, or a combination of both each week.
- Eating a nutritious diet.
- Visiting a health care professional for regular checkups and preventive screenings.
- Avoiding risky behaviors, like smoking and not wearing a seatbelt.
- Paying attention to mental health, including getting enough sleep and managing stress.

continued on next page

### About National Women's Health Week continued

### Why celebrate National Women's Health Week?

It is important to celebrate National Women's Health Week to remind women that taking care of themselves is essential to living longer, healthier, and happier lives. Women are often the caregivers for their spouses, children, and parents and forget to focus on their own health. But research shows that when women take care of themselves, the health of their family improves. During National Women's Health Week it is important to educate our wives, mothers, grandmothers, daughters, sisters, aunts, and girlfriends about the steps they can take to improve their health and prevent disease. After all, when women take even the simplest steps to improve their health, the results can be significant and everyone can benefit.



National Women's Checkup Day - Take the Pledge!

### When is National Women's Health Week?

The 10th annual National Women's Health Week will kick off on Mother's Day, May 10, 2009 and will be celebrated until May 16, 2009. National Women's Checkup Day will be Monday, May 11, 2009. The eightweek Women and Girls Out Moving Across the Nation (WOMAN) Challenge, an online physical activity program, runs from May 10–July 4, 2009.

### Who can participate in National Women's Health Week?

Anyone who wants to help make women's health a top priority can become a partner, including:

- Local and national health organizations
- Local, state, and federal governments
- Women's groups
- Local and national businesses
- Social service agencies
- Media organizations
- Libraries
- Schools

To become a National Women's Health Week partner, visit <a href="https://www.womenshealth.gov/whw/partner/">www.womenshealth.gov/whw/partner/</a>.

For more information about National Women's Health Week activities, visit the web site at <a href="https://www.womenshealth.gov/whw">www.womenshealth.gov/whw</a> or call 1-800-994-9662 (TTD: 1-888-220-5446).



Program Management

### **Bureau of Family Health Grantee Committee Meeting**

The next Bureau of Family Health Grantee Committee Meeting is scheduled for June 18, 2009 from 9-11 a.m. via the ICN. *This is a required meeting for Bureau of Family Health contract agencies*.

### 2009 SURS Reviews

The Iowa Medicaid Enterprise (IME) has provided information on 2009 client record reviews for Maternal Health Centers and Screening Centers conducted by the IME Surveillance and Utilization Review Services (SURS). SURS has conducted reviews of selected Maternal Health agencies during the months of January, February and March 2009 for services provided October through December 2008. They will also conduct reviews of selected child health Screening Centers during the months of April, May and June 2009 for services provided January through March 2009. When submitting records requested, be sure to consider inclusion of CAReS records, records from client charts, protocols, billing records, abbreviation lists, signature logs, and any other documentation requested or pertinent to the review. The following article provides guidance on printing accurate screen shots from CAReS.

### **Printing Screen Shots from CAReS: Web Resource**

It is important for agencies to be able to print quality screen shots of the Service Detail and Need Detail pages from CAReS. These pages can provide vital information in the event of an audit. Agencies may currently be using one of the following options to print CAReS screens:

- 1. CTRL + P (pressing the control and the letter P at the same time)
- 2. Right clicking on the page, and selecting Print from the menu

Unfortunately, neither of these options provide quality documentation. They may cut information off at the bottom of the page or not show the correct services checked from the list. If your agency needs to print screen shots from CAReS, we recommend that you use the 'Print Screen' button on your keyboard (typically located in the very top row of keys on your keyboard). In order to use this 'hot key', you will need to download the PrintKey 2000 program. PrintKey 2000 allows you to capture and print the contents of your screen. You can download the program at no cost by going to <a href="https://www.freewareweb.com/cgi-bin/archive.cgi?ID=292">www.freewareweb.com/cgi-bin/archive.cgi?ID=292</a>.

If you have questions about printing screen shots from CAReS, please contact Marcus Johnson at (515) 242-6284 or <a href="mailto:mjohnson@idph.state.ia.us">mjohnson@idph.state.ia.us</a>.

Program Management

### continued...

### Medicaid's 2009 Annual Provider Trainings

The Iowa Medicaid Enterprise (IME) has issued Informational Letter No. 795 which announces their Annual Provider Trainings for 2009. Training sessions will include:

- General Medicaid Policies and Procedures An overview of the program for providers who are new to Medicaid or are struggling with basic billing issues
- Focused trainings on the following topics:
  - Documentation Standards A review of Iowa Administrative Code Chapter 79
  - Remedial Services An overview of the Remedial Services program
  - Individual CDAC A review of the claim for Targeted Medical Care and the CDAC Daily Service Record

During and after each training session, Medicaid outreach staff will be able to research specific claim issues online. Providers are encouraged to bring examples that need to be researched. The outreach staff will attempt to process all research requests during the training session.

Please review Informational Letter No. 795 on pages 9-11 of **The Update** for dates, times, locations, and link to reference materials for the 2009 training sessions. A registration form is included. All trainings are provided at no cost.

### See What's New on the Oral Health Bureau Web Site!

The Oral Health Bureau promotes and advances the health behaviors to reduce the risk of oral diseases and improve the oral health status of all lowans. We are dedicated to providing proper oral health information and education to the public.

To assist with this, 12 new educational resources are now available on the Oral Health Bureau's Web page. These resources were specifically created to provide practical information on commonly asked oral health questions. The public is welcome to use these resources for oral health education purposes.

To download the new materials and for additional information on oral health, please visit our Web page <a href="https://www.idph.state.ia.us/hpcdp/oral">www.idph.state.ia.us/hpcdp/oral</a> health resources.asp.

### WORTH NOTING

# HRSA Encourages Grantees and Their Constituents to Provide Comments on Healthy People 2020



Developing

In preparation for the process of creating an initial set of objectives for Healthy People 2020, the Offices of Disease Prevention and Health Promotion (ODPHP) is seeking preliminary comments on existing Healthy People 2010 objectives (see <a href="www.healthypeople.gov/data/midcourse/html/default.htm#focusareas">www.healthypeople.gov/data/midcourse/html/default.htm#focusareas</a>). As they create the draft objectives for Healthy People 2020, they will consider comments made through the <a href="www.healthypeople.gov/hp2020/comments">www.healthypeople.gov/hp2020/comments</a> Web site. Such comments should be received by April 24, 2009. This is a preliminary input period that will help inform the development of a set of draft Healthy People 2020 objectives. They are using the existing Healthy People 2010 objectives as a starting point to develop the Healthy People 2020 objectives. A more extensive public comment period on the draft Healthy People 2020 objectives will be conducted through the <a href="www.healthypeople.gov">www.healthypeople.gov</a> Web site at a future date.

2009 Public Comment Meetings: ODPHP plans to convene three public meetings across the country in later summer early fall to garner additional stakeholder input on the draft Healthy People 2020 objectives. Details on the meetings will be posted on the <a href="https://www.healthypeople.gov">www.healthypeople.gov</a> Web site as they become available.

We invite you to give your comments and suggestions as part of the collaborative process of building Healthy People 2020.

### From Baby to Big Kid - New Resource for Parents

Check out ZERO'S TO THREE'S newest resource for parents - *From Baby to Big Kid* - a monthly e-newletter on how children learn and grow each month from birth to 3 years. From *Baby to Big Kid* translates the science of early childhood to make it meaningful and relevant to parents. It helps parents understand how development unfolds, what makes their own child tick and offers strategies that parents can tailor to the needs of their unique family and individual child.

To subscribe, go to <u>www.zerotothree.org/baby2bigkid</u>. Please share with other partners interested in babies and toddlers.

# WORTH NOTING continued

# Congratulations to Julie Schilling, Michele Ross and Kari Ruden - Award Recipients at the 2009 Iowa Public Health Conference!

#### Excellence in Maternal and Child Health Award

Julie Schilling, Executive Director and Michele Ross, MCH Project Director, Lee County Health Department

Julie and Michele were recognized for exceptional outreach to community medical practices. The Lee County Health Department chose maternal and child health services for a NACCHO funded quality improvement project. A provider education packet was developed for distribution to targeted provider offices in each county. The marketing strategy was designed to increase program awareness among providers with the intent to improve the referral process for linking families and children to care.



#### Excellence in Child Health Award

Kari Ruden, Executive Director, Webster County Health Department

Kari was recognized for exceptional outreach to community medical practices. Kari and her staff visited medical practices to explain the EPSDT Care for Kids program to physicians and their staff. These visits included the parameters of the EPSDT program and the role of the child health program in assisting clients and the referral process for linking clients to care.



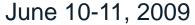
### CALENDAR OF EVENTS

### May 15, 2009

The 30th Annual Governor's Conference on Aging: AGING WELL EXPO

8 a.m. - 3 p.m., Hy-Vee Hall, Downtown Des Moines, 730 3rd Street

For more information, contact Carolyn Danielson at (515) 725-3318.



2009 Immunization Statewide Conference 6-9 p.m. (Day 1) 8 a.m. - 4 p.m. (Day 2) Hy-Vee Hall, Downtown Des Moines, 730 3rd Street For more information, contact Bridget Konz at 1-800-831-6293, ext. 7.

### \*June 18, 2009

Bureau of Family Health Grantee Committee Meeting 9-11 a.m., ICN For more information, contact Heather Hobert Hoch at (515) 281-6880 or <a href="mailto:hhbert@idph.state.ia.us">hhbbert@idph.state.ia.us</a>.

<sup>\*</sup>Required meeting



### **Phone Directory**

Bureau of Family Health: 1-800-383-3826

Teen Line: 1-800-443-8336

Healthy Families Line: 1-800-369-2229

FAX: 515-242-6013

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Area code is 515



### STATE OF IOWA

### CHESTER J. CULVER, GOVERNOR PATTY JUDGE, LT. GOVERNOR

DEPARTMENT OF HUMAN SERVICES EUGENE I. GESSOW, DIRECTOR

**Informational Letter No. 795** 

April 10, 2009

**To:** All Iowa Medicaid Providers

**From:** Iowa Department of Human Services, Iowa Medicaid Enterprise

**RE:** Annual Provider Training 2009

The Iowa Medicaid Enterprise (IME) would like to invite all Iowa Medicaid providers to the Annual Provider Training 2009. This year, we will offer three sessions of 'General Medicaid Policies and Procedures' and three sessions of 'Focused Training' at each training location.

**General Medicaid Policies and Procedures** is an overview of our program intended for providers who are new to Medicaid or are struggling with basic billing issues. It is not provider-category-specific, so providers can choose to attend the session that best fits their schedule. These sessions cover the following topics:

- \* General Medicaid Policies
- \* Billing information
- \* Claims troubleshooting
- \* Recent and upcoming issues affecting providers
- \* General questions and answers

**Focused Trainings** are three timely subjects that may be of interest to certain providers. These sessions consist of the following topics (the attached schedule lists the day/location each topic is covered):

- *Documentation Standards*: a review of IAC Chapter 79. This information is important to all provider types, as we will discuss the documentation required by the Iowa Administrative Code.
- *Remedial Services*: an overview of the Remedial Services program. We will discuss the program from LPHA order through billing of Remedial Services, including the approval and review processes.
- *Individual CDAC*: a review of the Claim for Targeted Medical Care and the CDAC Daily Service Record. All individual CDAC providers are encouraged to attend this session where we will focus on the required documentation forms and claim form completion.

This year, Outreach staff will be able to research specific claim issues online during and after each session in many training locations. Providers are encouraged to bring claim examples that need to be researched. The Outreach staff will attempt to process all research requests during the training session.

Additional reference materials are updated and available beginning in May of 2009 from <a href="http://www.ime.state.ia.us/Providers/TrainingSchedule.html">http://www.ime.state.ia.us/Providers/TrainingSchedule.html</a>. Providers are encouraged to bring any of these materials to the session with them for any questions they may have, but it is not necessary to bring these materials.

Listed on the following pages are the dates, times, and locations of the Annual Training 2009 sessions. All providers are welcome to attend both morning and afternoon sessions. Please complete the Registration Form and then either fax, e-mail or mail the form to the attention of Provider Services. There is no charge for attending these training sessions. Please plan on attending your selected meeting location and time. You will <u>only</u> be contacted if we are unable to accommodate your request. Actual session end times will depend on the needs of that particular session. Time frames are an estimate of ending times.

### **Daily Schedule (Excludes Bettendorf)**

Day	9 am – 12 pm	1 pm - 3 pm
Monday	No sessions scheduled	Individual CDAC
Tuesday	General Policies & Procedures	Documentation Standards
Wednesday	General Policies & Procedures	Remedial Services
Thursday	General Policies & Procedures	No sessions scheduled

### **Daily Schedule- Bettendorf only**

Day	9 am – 12 pm	1 pm - 3 pm	
Monday	No sessions scheduled	Individual CDAC	
Tuesday	General Policies & Procedures	Documentation Standards	
Wednesday	General Policies & Procedures	Remedial Services	
Thursday	No sessions scheduled	General Policies & Procedures	

### **Training Schedule**

Dates	City	Location	Additional Info
5/18-5/21	Council Bluffs	Iowa Western Community College	Looft Hall Auditorium
6/1-6/4	Ottumwa	Indian Hills Community College	Bennett Hall, Room 100
6/8-6/11	Bettendorf	Scott Community College (See training schedule above)	Belmont Road campus Student Life Center, Room 2300 Use door 5 or 6
6/15-6/18	Fort Dodge	Iowa Central Community College	Career Education Bldg YMCA Entrance Rooms 108-110
6/29-7/2	Cedar Rapids	Kirkwood Community College	Continuing Education Center 7725 Kirkwood BLVD SW (Corner of 76 <sup>th</sup> & Kirkwood Blvd)
7/27-7/30	Waterloo	Hawkeye Community College	Tama Hall, Room 107A
8/10-8/13	Sioux City	Western Iowa Tech Community College	Parking lot 4, Entrance 14, Auditorium Room D103
8/24-8/27	Des Moines	Wallace Building	Auditorium, 502 East 9 <sup>th</sup> St. Parking garage to the west

### Iowa Medicaid Enterprise

## Annual Provider Training 2009 Registration Form

Provider Name:	 	
Provider Number:	 	
Phone Number: ()	 	
Email Address:	 	

<u>Date</u>	<u>Location</u>	Name of Session	<u>Time</u>	Number of Attendees

Please plan on attending your selections; we will <u>only</u> contact you if we are not able to accommodate your request.

Please return this registration form to:

Iowa Medicaid Enterprise Attn: Provider Services PO Box 36450 Des Moines, IA 50315 - or -515-725-1155 (Fax)

- or -

imeproviderservices@dhs.state.ia.us

For questions please contact Provider Services: 800-338-7909 or 515-725-1004 local to Des Moines